

Supervised Child-centered Play Therapy Experience[#]

Ms Lau Suet Ha, Lottie

B.Soc.Sc. & M.Ed.

#Previously named as Practicum Course on Child-centered Play Therapy

Introduction

This course is a continuation of the basic training program on child-centered play therapy organized by the Department of Social Work of CUHK. It aims to develop greater practice competence in counseling professionals who are interested in using the therapy.

Objectives

1. To encourage participants to practise child-centered play therapy with children.
2. To develop participants' practice competence in using the therapy in the following aspects:
 - (a) sensitivity in identifying children's significant play behaviours,
 - (b) refinement of micro-skills and techniques,
 - (c) expansion of varieties of facilitative responses,
 - (d) handling of various issues in the play therapy process,
 - (e) self-reflexive abilities.

Target Participants

1. Helping professionals who
 - (a) have attended a basic course (4-day or 5-day workshop) on child-centered play therapy conducted by Ms Lottie Lau, and
 - (b) will surely be able to attend the pre-course meeting.
2. Each practicum group will consist of a maximum of 18 participants.

Contents & Formats

Part One: Pre-course meeting

1. Discussions and quiz on assigned readings;
2. Issues in starting play sessions with children;
3. Ethical considerations in videotaping the sessions;
4. Confirmation of participants' videotape presentation schedules in the course.

Part Two: Course Meetings

1. Participants' videotape presentations on special playtime using CCPT principles and skills;
2. Trainer's feedback on participants' presentations;
3. Class discussions on children's play behaviours and the therapist's facilitative responses.

Course Requirements (Conditions for Certificate of Attendance)

Each participant will be required to:

1. attend the pre-course meeting*;
2. submit a reflection paper on required readings (Landreth, 2012) to the trainer (by email to cpe@swk.cuhk.edu.hk) at least two weeks before the pre-course meeting (readings will be announced in the course confirmation email);
3. complete assigned readings in preparation for class discussions (readings will be sent to accepted applicants together with course confirmation email);
4. conduct at least 4 videotaped special play sessions**, using CCPT principles and skills, outside the course hours;
5. do 2 rounds of video-presentations, during the course time, on the play sessions conducted, and submit presentation notes beforehand.

* Absentees of the pre-course meeting due to unexpected circumstances are required to:

- a) notify the course coordinator as soon as possible before the meeting and suggest a date on which they can present their tape(s), and,
- b) come to the Department to listen to the tape on the pre-course meeting within two weeks from the date of the pre-course meeting.

** The children shown in the videotape do not necessarily have to be in treatment. They can be well-adjusted children.

Trainer

Ms Lau Suet Ha, Lottie is a pioneer who has introduced and cultivated the approach of Child-centered Play Therapy in Hong Kong since the early 1990s.

Ms LAU received her bachelor's degree in social work from the Chinese University of Hong Kong. She pursued her postgraduate counseling studies in The University of North Texas, where she specialized in learning Child-centered Play Therapy from Dr Garry Landreth, an internationally renowned scholar who developed the therapy based on Virginia Axline's nondirective approach.

Ms LAU has more than 25 years of clinical experience in counseling work. She has been particularly keen and well versed in steering psychological healing in emotionally disturbed children by means of Child-centered Play Therapy (CCPT). In the 1990s, in addition to her formal teaching in tertiary education, Ms LAU began to spread the concept of CCPT in Hong Kong by pioneering systematic training programs, of various levels, on the therapy. Over the years, Ms LAU has laid down the cornerstone of the therapy in the local scene, through hundreds of related training courses conducted with continual refinement. Accumulatively, nearly 10,000 participants, including more than 4800 helping professionals and 5000 parents, have completed the basic level of play therapy training that she conducted. Throughout the years, Ms Lau has received numerous positive comments, and her courses have always been fully enrolled with enthusiastic recommendations from participants.

Course Details

Pre-course Meeting (3 hours)

Date	Mar 27, 2021 (Sat)	2:15p.m. - 5:45p.m.
Venue	The Chinese University of Hong Kong * Depending on actual operational need, the meeting may adopt face-to-face or online teaching, or both.	

11 Course Meetings (36 hours)

Date	Jun 5, 2021 (Day 1) (Sat)	9:30a.m. - 12:45p.m. & 2:00p.m. - 5:30p.m.	
	Jun 12, 2021 (Day 2) (Sat)	9:30a.m. - 12:45p.m. & 2:00p.m. - 5:30p.m.	
	Jun 19, 2021 (Day 3) (Sat)	9:30a.m. - 12:45p.m. & 2:00p.m. - 6:15p.m.	
	Jul 3, 2021 (Day 4) (Sat)	9:30a.m. - 12:30p.m. & 2:00p.m. - 5:30p.m.	
	Jul 10, 2021 (Day 5) (Sat)	9:30a.m. - 12:30p.m.	
	Jul 17, 2021 (Day 6) (Sat)	9:30a.m. - 12:30p.m. & 2:00p.m. - 5:30p.m.	
Venue	The Chinese University of Hong Kong		
Language	Cantonese (Supplemented with English)	Class Size	18 participants
Course Fee	HK\$7,260		
Discount Scheme	10% (HK\$6,534) discount for Early Bird Registration		
(on or before Feb 25, 2021)	*20% (HK\$5,808) discount for CUHK Department of Social Work's members (Current SWK staff, current SWK students, SWK Alumni Association members, or CPE members) [<i>*only applicable to register through POST</i>]		
Application Deadline	Mar 12, 2021		
CPD Points for Registered Social Workers :	39		

Application Methods

1. Send the following **application form with a crossed cheque payable to 'The Chinese University of Hong Kong'** to CPE, the Department of Social Work, CUHK, Shatin, N.T. Hong Kong.
2. Register the workshop online via our website: <https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information>

Application Form

Application will start at 11:30am on 19 February 2021