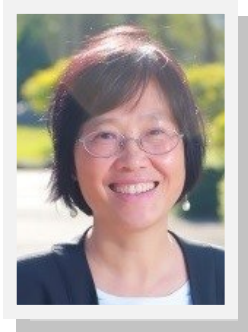


THE CHINESE UNIVERSITY OF HONG KONG
DEPARTMENT OF SOCIAL WORK

ADMISSION TALKS: TOPIC 2



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Date: 11 May 2017 (Thu) Time: 10:30 am – 11:10 am
Venue: C1, T.C. Cheng Building, United College

Topic: Service Innovation: Multiple Family therapy and Attention Deficit/ Hyperactivity Disorder

報告題目：服務創新：多元家庭小組與專注力不足過度活躍症

Abstract

The prevalence rate of Attention Deficit/ Hyperactivity Disorder (ADHD) is 5 – 10%, and there is an increasing trend in Hong Kong. Biomedical model has long been adopted as the major approach in assessment and management of ADHD, which attributes the problems to individuals. However, parents of children suffering from ADHD reported a higher parenting stress and a lower parenting efficacy than general public, which indicates that the whole family is suffering from ADHD. Hence, there is an urgent need to address these psychosocial service needs of the family. In this presentation, an evidenced-based family-centered intervention model, Multiple Family Therapy (MFT), will be introduced, aiming to draw a discussion on development of a holistic service system.

撮要

兒童專注力不足過度活躍症在全球病發率介乎 5-10%，近年香港的確診數字亦不斷增加。治療專注力不足過度活躍症的傳統服務取向以藥物治療及行為治療為主，將專注力不足過度活躍症界定為個人問題。但此症除了對兒童個人學習及社交造成障礙，同時亦為父母在教養孩子上帶來困難、壓力，削弱了家庭在培育孩子上的功能，對孩子以致整個家庭的成長影響深遠。因此，社會有迫切需要發展針對患有專注力不足過度活躍症的兒童的家庭的干預手法，以衛護他們的福祉。

「家庭為本」社會工作實務在香港也是在起步階段，其優點在於為有不同需要的家庭提供適切的服務。我將代表我們的研究團隊彙報香港一項跨專業、創新的「家庭為本」干預手法研究—多元家庭小組 (multiple family therapy)，闡釋如何透過此干預手法幫助患有專注力不足過度活躍症的兒童的家庭。此研究自 2013 年一月起開展，期間已完成十三個小組，共 60 個家庭參與其中。是次彙報內容分為三部分：一· 探討治療專注力不足過度活躍症的不同服務取向；二· 介紹家庭小組的干預模型；三· 分析參加者對小組的初步回饋。研究顯示求助家庭對整個小組活動，滿意程度高，尤其是它能彰顯家庭間「同舟共濟、互相扶持」的重要性。

Speaker's brief biography

Joyce L. C. Ma is Professor of the Department of Social Work, CUHK. Her specialties and research interests are on: family therapy, multiple family therapy and children and adolescents with mental needs with recent focuses on eating disorders and attention deficit hyperactivity disorders. Teaching at the Department of Social Work, The Chinese University of Hong Kong since 1988, Prof. Ma is a Clinical Fellow and an Approved Supervisor of the American Association of Marriage and Family Therapy (AAMFT), founder of the Shengang Family Treatment Center, Nanshan Hospital in Shenzhen and the Director of the Family and Group Practice Research Centre of the Department. She was appointed the Co-Clinical Director, Academy of Family Therapy, Hong Kong. She has published 5 Chinese books and an English book entitled "Anorexia Nervosa and Family Therapy" (2011) in addition to 90 refereed journal articles at international and regional venues of significant impact and visibility. Prof. Ma and her research team have completed a 3-year cross-disciplinary research project on examining the efficacy of multiple family groups for Chinese families in Hong Kong with children suffering from Attention Deficit Hyperactivity Disorders.