

SUPERVISED CHILD-CENTERED PLAY THERAPY EXPERIENCE*

By Ms Lau Suet Ha, Lottie
B.Soc.Sc. & M.Ed.

*Previous course name: Practicum Course on Child-centered Play Therapy

Introduction



This course is a continuation of the basic training program on child-centered play therapy conducted by Ms Lottie Lau and organized by the Department of Social Work of CUHK. It aims to develop greater practice competence in counseling professionals who are interested in using the therapy.

Objectives

- 1.To encourage participants to practise child-centered play therapy with children.
- 2.To develop participants' practice competence in using the therapy in the following aspects:
 - (a) sensitivity in identifying children's significant play behaviours,
 - (b) refinement of micro-skills and techniques,
 - (c) expansion of varieties of facilitative responses,
 - (d) handling of various issues in the play therapy process, and
 - (e) self-reflexive abilities.

Trainer

Ms Lau Suet Ha, Lottie is a pioneer who has introduced and cultivated the approach of Childcentered Play Therapy in Hong Kong since the early 1990s.

Ms LAU received her bachelor's degree in social work from the Chinese University of Hong Kong. She pursued her postgraduate counseling studies in The University of North Texas, where she specialized in learning Child-centered Play Therapy from Dr Garry Landreth, an internationally renowned scholar who developed the therapy based on Virginia Axline's nondirective approach.

Ms LAU has more than 25 years of clinical experience in counseling work. She has been particularly keen and well versed in steering psychological healing in emotionally disturbed children by means of Child-centered Play Therapy (CCPT). In the 1990s, in addition to her formal teaching in tertiary education, Ms LAU began to spread the concept of CCPT in Hong Kong by pioneering systematic training programs, of various levels, on the therapy. Over the years, Ms LAU has laid down the cornerstone of the therapy in the local scene, through hundreds of related training courses conducted with continual refinements. Accumulatively, over 10,000 participants, including around 4,950 helping professionals and 5,100 parents, have completed the basic level of play therapy training that she conducted. Throughout the years, Ms Lau has received numerous positive comments, and her courses have always been fully enrolled with enthusiastic recommendations from participants.

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Content & Formats

Part One: Pre-course meeting

1. Briefings on course assignments;
2. Issues and ethical considerations on starting and videotaping play sessions with children; and
3. Confirmation of participants' presentation schedules in the course.



Part Two: Course Sessions

1. Participants' video-presentations on special playtime with children using CCPT principles and skills;
2. Trainer's feedback on participants' presentations; and
3. Class discussions on children's play behaviours and the therapist's facilitative responses.

Target Participants

1. Helping professionals who
 - (a) have attended a basic course (4-day or 5-day workshop) on child-centered play therapy conducted by Ms Lottie Lau, and
 - (b) will surely be able to attend the pre-course meeting.
2. The course will consist of a maximum of 18 participants.

Course Requirements (Conditions for Certificate of Attendance)

Each participant will be required to:

1. attend the pre-course meeting*;
2. submit a reflection paper on required readings (Landreth, 2012) to the trainer (by email to swkcpe@cuhk.edu.hk) at least two weeks before the pre-course meeting (readings will be announced in the course confirmation email);
3. complete assigned readings in preparation for class discussions (readings will be sent to accepted applicants together with course confirmation email);
4. conduct at least 4 videotaped special play sessions**, using CCPT principles and skills, outside the course hours;
5. do 2 rounds of video-presentations during the course time on the special play sessions conducted and submit presentation notes beforehand.

**Absentees of the pre-course meeting due to unexpected circumstances are required to:*

- a) notify the course coordinator as soon as possible before the meeting and suggest a date on which they can present their tape(s), and,
- b) come to the Department to listen to the tape on the pre-course meeting within two weeks from the date of the pre-course meeting.

*** The children shown in the videotape do not necessarily have to be in treatment. They can be well-adjusted children.*

COURSE

Course Code & Name : CE20210818A Supervised Child-centered Play Therapy

Experience **Pre-course Meeting (3 hours)**

Date : Aug 18, 2021 (Wed) 9:30 am - 12:30pm

Venue : The Chinese University of Hong Kong * Depending on actual operational need, the meeting may adopt face-to-face or online teaching, or both.

11 Course Sessions (36 hours)

Date : Oct 25, 2021 (Mon) 9:30 am - 12:45 pm & 2:00 pm - 5:30 pm

: Nov 1, 2021 (Mon) 9:30 am - 12:45 pm & 2:00 pm - 5:30 pm

: Nov 8, 2021 (Mon) 9:30 am - 12:45 pm & 2:00 pm - 6:15 pm

Nov 15, 2021 (Mon) 9:30 am - 12:30 pm

Nov 22, 2021 (Mon) 9:30 am - 12:30 pm & 2:00 pm - 5:30 pm

Nov 29, 2021 (Mon) 9:30 am - 12:30 pm & 2:00 pm - 5:30 pm

Venue : The Chinese University of Hong Kong

Language : Cantonese (supplemented with English)

Course Fee : HK\$8,580

Class Size : 18 participants

CPE Points for Registered Social Workers: 39

Discount Scheme (on or before Jun 15, 2021)

- **10%** (HK\$7,730) discount for Early Bird Registration
- **20%** (HK\$6,870) discount for CUHK Department of Social Work's members (Current staff, current students, SWK Alumni Association members, or CPE members)

[20% discount is applicable by POST only]

Application Deadline: Aug 3, 2021

Application Methods

1. Send the following **application form with a crossed cheque payable to 'The Chinese University of Hong Kong'** to CPE, Department of Social Work, CUHK, Shatin, N.T. Hong Kong.
OR
2. Register the course online via our website:
<https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information>

Supervised Child-centered Play Therapy Experience

CE20210818A

Application Form

Please delete as appropriate

Full Name: (English) # Mr/Ms: _____

(中文): _____ Nickname: _____

Name of Organization: _____

Position: _____ Field of service: _____

Email: _____

Tel. No. (m): _____ (o): _____

Occupation Please tick (V) appropriate boxes: ☐ Social worker (RSW number: _____) ☐ Counselor

☐ Clinical Psychologist ☐ Educational Psychologist ☐ Others (please specify: _____)

Highest educational level obtained (for the above academic training background)

☐ PhD ☐ Master ☐ Bachelor ☐ Associate Degree ☐ Higher Diploma ☐ Certificate ☐ Others (please specify: _____)

No. of years working with children: _____

Course on Child-centered Play Therapy Previously Attended (Please attach a copy of the attendance certificate):

☐ 4-day workshop ☐ 5-day workshop ; Date (mm/yy): _____ Organizer: _____

Have you ever attended any relevant practicum courses? ☐ No ☐ Yes (Date: _____ Organizer: _____)

Payment Information

Cheque No. : _____ Bank name : _____ Amount : [#] HK\$8,580/ HK\$7,730/ HK\$6,870

Membership : ☐ No ☐ Yes, if Yes, [#]Staff ID/ Student ID/ Alumni Association membership ID/ CPE Membership No.: _____

Important Terms and Conditions

- ☐ **I am committed to attending the pre-course meeting.** (Absentees or late participants to the pre-course meeting will have to arrange another time slot during office hour to watch meeting recording at the Department of Social Work, 5/F, T.C. Cheng Building, United College, CUHK)
- ☐ **I acknowledge that I have read and agree to the above Terms and Conditions, and Course Requirements (Conditions for Certificate of Attendance) on page 2.**
- 1. Application will be accepted on a first-come-first-served basis.
- 2. Email notification on application status will be sent to you only when application and payment have been received by the Division of Continuing Professional Education (CPE). It is suggested to first try checking your junk or spam email folders for the missing emails. If they are not there, please contact us if you do not receive any notification after 7 working days.
- 3. Application will be regarded as successful only when confirmation email has been issued.
- 4. Cancellation of courses will be announced via email at least one week before the commencement of the course. No separate notification will be issued by post.
- 5. Course fee is non-refundable or non-transferable to other course once the enrollment is confirmed.
- 6. Receipt of application fee will be issued on the first day of the course and payment method will be indicated on the receipt.
- 7. The training materials of the program, including its lecture notes, worksheets, power-point slides, and demonstration videotapes, were prepared by the trainer and all materials contained therein are the property of the trainer. No reproduction of any pieces of these training materials is allowed without the permission of the trainer and Continuing Professional Education (CPE).
- 8. Certificate of Attendance will be given to participants who have attended at least 80% of the course.
- 9. No form of recording, including audio- or video-recording, during the training program is allowed without prior permission by the trainer and the Continuing Professional Education, Department of Social Work, The Chinese University of Hong Kong.
- 10. If Storm Warning Signal No. 8 or above, or Black Rainstorm Warning Signal or the announcement of "extreme condition" by the Government after super typhoons is issued by 7am, the lesson will be cancelled. Details of postponement or other arrangements will be announced afterwards.
- 11. Personal data provided on application forms are used by only for enrollment, course administration and future promotion purposes. All personal data collected will be treated as strictly confidential. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit written requests to CPE by email to swkcpe@cuhk.edu.hk.
- 12. The right of interpretation and amendment of the above terms belong to CPE.

Enquiry : 3943 1704 Email : swkcpe@cuhk.edu.hk Website: <http://www.cuhk.edu.hk/swk>