

# SUPERVISED CHILD-CENTERED PLAY THERAPY EXPERIENCE\*

By Ms Lau Suet Ha, Lottie  
B.Soc.Sc. & M.Ed.

\*Previous course name: Practicum Course on Child-centered Play Therapy

## Introduction



This course is a continuation of the basic training program on child-centered play therapy conducted by Ms Lottie Lau and organized by the Department of Social Work of CUHK. It aims to develop greater practice competence in counseling professionals who are interested in using the therapy.

## Objectives

- 1.To encourage participants to practise child-centered play therapy with children.
- 2.To develop participants' practice competence in using the therapy in the following aspects:
  - (a) sensitivity in identifying children's significant play behaviours,
  - (b) refinement of micro-skills and techniques,
  - (c) expansion of varieties of facilitative responses,
  - (d) handling of various issues in the play therapy process, and
  - (e) self-reflexive abilities.

## Trainer

Ms Lau Suet Ha, Lottie is a pioneer who has introduced and cultivated the approach of Childcentered Play Therapy in Hong Kong since the early 1990s.

Ms LAU received her bachelor's degree in social work from the Chinese University of Hong Kong. She pursued her postgraduate counseling studies in The University of North Texas, where she specialized in learning Child-centered Play Therapy from Dr Garry Landreth, an internationally renowned scholar who developed the therapy based on Virginia Axline's nondirective approach.

Ms LAU has more than 25 years of clinical experience in counseling work. She has been particularly keen and well versed in steering psychological healing in emotionally disturbed children by means of Child-centered Play Therapy (CCPT). In the 1990s, in addition to her formal teaching in tertiary education, Ms LAU began to spread the concept of CCPT in Hong Kong by pioneering systematic training programs, of various levels, on the therapy. Over the years, Ms LAU has laid down the cornerstone of the therapy in the local scene, through hundreds of related training courses conducted with continual refinements. Accumulatively, over 10,000 participants, including around 4,950 helping professionals and 5,100 parents, have completed the basic level of play therapy training that she conducted. Throughout the years, Ms Lau has received numerous positive comments, and her courses have always been fully enrolled with enthusiastic recommendations from participants.

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## Content & Formats

### Part One: Pre-course meeting

1. Briefings on course assignments;
2. Issues and ethical considerations on starting and videotaping play sessions with children; and
3. Confirmation of participants' presentation schedules in the course.



### Part Two: Course Sessions

1. Participants' video-presentations on special playtime with children using CCPT principles and skills;
2. Trainer's feedback on participants' presentations; and
3. Class discussions on children's play behaviours and the therapist's facilitative responses.

## Target Participants

1. Helping professionals who
  - (a) have attended a basic course (4-day or 5-day workshop) on child-centered play therapy conducted by Ms Lottie Lau, and
  - (b) will surely be able to attend the pre-course meeting.
2. The course will consist of a maximum of 18 participants.

## Course Requirements (Conditions for Certificate of Attendance)

### Each participant will be required to:

1. attend the pre-course meeting\*;
2. submit a reflection paper on required readings (Landreth, 2012) to the trainer (by email to swkcpe@cuhk.edu.hk) at least two weeks before the pre-course meeting (readings will be announced in the course confirmation email);
3. complete assigned readings in preparation for class discussions (readings will be sent to accepted applicants together with course confirmation email);
4. conduct at least 4 videotaped special play sessions\*\*, using CCPT principles and skills, outside the course hours;
5. do 2 rounds of video-presentations during the course time on the special play sessions conducted and submit presentation notes beforehand.

*\*Absentees of the pre-course meeting due to unexpected circumstances are required to:*

- a) notify the course coordinator as soon as possible before the meeting and suggest a date on which they can present their tape(s), and,
- b) come to the Department to listen to the tape on the pre-course meeting within two weeks from the date of the pre-course meeting.

*\*\* The children shown in the videotape do not necessarily have to be in treatment. They can be well-adjusted children.*

Course Code & Name CE20210818B Supervised Child-centered Play Therapy Experience

**Pre-course Meeting (3 hours)**

Date & Time Aug 18, 2021 (Wed) 2:45pm - 5:45pm

Venue The Chinese University of Hong Kong\*

*\* Depending on actual operational need, the meeting may adopt face-to-face or online teaching, or both*

**11 Course Sessions (36 hours)**

Date & Time Oct 23, 2021 (Sat) 9:30 am - 12:45pm & 2:00 pm - 5:30 pm  
Oct 30, 2021 (Sat) 9:30 am - 12:45pm & 2:00 pm - 5:30 pm  
Nov 6, 2021 (Sat) 9:30 am - 12:45pm & 2:00 pm - 6:15 pm  
Nov 13, 2021 (Sat) 9:30 am - 12:30pm  
Nov 20, 2021 (Sat) 9:30 am - 12:30pm & 2:00 pm - 5:30 pm  
Nov 27, 2021 (Sat) 9:30 am - 12:30pm & 2:00 pm - 5:30 pm

Venue The Chinese University of Hong Kong

Language Cantonese (supplemented with English)

Class size 18

Course fee HK \$8,580 (Non-refundable)

Application Deadline Aug 3, 2021

CPE Points for  
Registered  
Social Workers: 39

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Application Methods



Register via our website:  
<https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information>



Send the following application form with a crossed cheque payable to 'The Chinese University of Hong Kong' to CPE, Department of Social Work, CUHK, Shatin, N.T. Hong Kong

**Discount Scheme (on or before July 19, 2021)**

**10%** (HK\$7,730) discount for Early Bird Registration

**20%** (HK\$6,870) discount for CUHK Department of Social Work's members (Current staff, current students, SWK Alumni Association members, or CPE members)

**[20% discount is applicable by POST only]**

Supervised Child-centered  
Play Therapy Experience

Application will open at 11:30am on June 28, 2021



3943 1704



swkcpe@cuhk.edu.hk



<http://www.cuhk.edu.hk/swk>