# Practicum Course on Child-centered Play Therapy

Ms Lau Suet Ha, Lottie

B.Soc.Sc. & M.Ed.

#### Introduction

This course is a continuation of the basic training program on child-centered play therapy organized by the Department of Social Work of CUHK. It aims to develop greater practice competence in counseling professionals who are interested in using the therapy.

## **Objectives**

- 1. To encourage participants to practise child-centered play therapy with children.
- 2. To develop participants' practice competence in using the therapy in the following aspects:
  - (a) sensitivity in identifying children's significant play behaviours,
  - (b) refinement of micro-skills and techniques,
  - (c) expansion of varieties of facilitative responses,
  - (d) handling of various issues in the play therapy process
  - (e) self-reflexive abilities.

#### **Contents & Formats**

- 1. Videotape watching. (Each participant will be required to present a tape of around 30 minutes on conducting child-centered play therapy with a child\*.)
- 2. Feedback on participants' use of skills & techniques of the therapy.
- 3. Discussions on children's play behaviours and issues in the therapy process.
  - \* The child shown in the videotape does not necessarily have to be in treatment. That can be a child with normal development and in healthy psychological or emotional state.

# **Target Participants**

- 1. Helping professionals who
  - (a) have attended a basic course (4-day or 5-day workshop) on childcentered play therapy conducted by Ms Lottie Lau, and
  - (b) will surely be able to attend the pre-course meeting.
- 2. Each practicum group will consist of a maximum of 18 participants.

## Important Notes on the Pre-course Meeting

- 1. Attendance in the pre-course meeting is compulsory and absence is not expected.
- For participants who fail to attend the meeting due to unexpected circumstances, they are required to:
  - (a) notify the course coordinator as soon as possible before the meeting and suggest a date on which they can present their tape(s), and,
  - (b) come to the Department to listen to the tape on the pre-course meeting within two weeks from the date of the pre-course meeting.
- 3. Absentees of the pre-course meeting failing to fulfill the requirements in 2 (a) & 2 (a) will not be able to obtain the course certificate of attendance.
- 4. Pre-course Meeting Content:
  - (a) issues in starting play sessions with children,
  - (b) ethical considerations in videotaping the sessions,
  - (c) confirmation of participants' videotape presentation schedules in the course.



The Chinese University of Hong Kong Department of Social Work

**Continuing Professional Education** 

CE20180221

#### **Trainer**

Ms Lottie LAU is a pioneer who has introduced and cultivated the approach of Child-centered Play Therapy in Hong Kong since the early 1990s.

Ms LAU received her Bachelor social work degree from the Chinese University of Hong Kong. After that, she pursued postgraduate counseling study in The University of North Texas, where she specialized in learning Child Centered Play Therapy from Dr Garry Landreth, internationally renowned scholar who developed based on Virginia therapy Axline's nondirective approach.

Ms LAU has accumulated more 25 than years of clinical experience in counseling work. She has been particularly keen and well versed in steering psychological healing emotionally disturbed children by means of Child Centered Play Therapy. In the 1990s, in addition to her formal teaching in tertiary education, Ms began to spread the concept of Child-centered Play Therapy by pioneering systematic training programs. Over the years, she has laid down the cornerstone of the therapy in the local scene through hundreds of related training programs conducted with continual up-to-date refinement. Accumulatively. Ms LAU has delivered her basic training than 8000 courses to more helping professionals and parents. received She has numerous positive comments and her courses have always been fully enrolled with unreserved recommendations from participants.

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	Pre-course Meeting (3	hours	•		C. 45 mm 0. 45 mm		
	Date Venue		Feb 21, 2018	iversity of Hong Kong (E	6:45 pm - 9:45 pm	irmod)	
	10 Course Meetings ( 3	l 2 hou		iversity of noting Korig (c	xact location to be com	iriileu)	
	10 Course Micetings ( 5	*	May 4, 2018	(Day 1)	9:30a.m12:30p.m.	& 2·15 nm - 5	5·15 n m
		*	• •		9:30a.m12:30p.m.		
	Date	*	May 16, 2018	(Day 3)	9:30a.m13:00p.m.	-	
		*	May 25, 2018	(Day 4)	9:30a.m13:00p.m.	& 2:00 p.m !	5:30 p.m.
		*	Jun 6, 2018	(Day 5)	9:30a.m12:30p.m.	& <b>2:1</b> 5 p.m 5	5:15 p.m.
	Venue		The Chinese Uni	iversity of Hong Kong(E	xact location to be conf	irmed)	
	Language		Cantonese (Supp	lemented with English)	Class Size	18 part	ticipants
	Course Fee		HK\$6,200		1	ı	
	Discount Scheme		· 10% (HK\$5,580	)) discount for Early Bird	Registration		
	(on or before Jan 20, 20% (HK\$4,960) discount for CUHK Department of Social Work's members (Current SWK staff						urrent SWK staff,
	2018)		current SWK stu	idents, SWK Alumni Asso	ociation members, or CF	PE members)	
	Application Deadline		Feb 7, 2018				
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. R	egister the workshop online v	ia our w	ebsite: https://web.	.swk.cuhk.edu.hk/en-gb/con	tinuing-professional-educat	ion/programmes-	-information
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Personal data provided on application forms are used by only for enrollment, course administration and future promotion purposes. All personal data collected will be treated as strictly confidential. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their

personal data. Applicants wishing to make amendments on personal data should submit written requests to CPE by email to <a href="mailto:cpe@swk.cuhk.edu.hk">cpe@swk.cuhk.edu.hk</a>.

All changes and amendments are subject to the respective course and the final decision of organiser.

Enquiry: (852) 3943 1704 Fax: (852) 2603 5018 Email: cpe@swk.cuhk.edu.hk Website: http://web.swk.cuhk.edu.hk/

Facebook: https://www.facebook.com/swkcpe/

arrangements will be announced afterwards.

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