



# 敘事繪畫治療基礎課程 Foundation Course on Narrative Drawing Intervention (FNDI)

— Mar 28 & Apr 4, 2018 —

**Trainer: Dr. Monica Wong**  
PsyD, MA, MCoun, BA, BSocSc,  
Certified Trauma Specialist and  
Trainer, Registered Art Therapist



## STYLE OF LEARNING

Theory, experiential learning, live demonstration, hands-on practice

## INTRODUCTION

Do you believe that the pictures we draw will reveal our happiness, aspirations, worries, and anxiety? Is it really that magical? Indeed it is true that the pictures we draw will reflect our inner worlds. Nowadays, many people complain about having problems in interpersonal relationships, which are often caused by deficiencies in communication. We often rely on language when communicating, and very often language itself can become an obstacle in communication and understanding. By using the tool introduced in the FNDI course (formerly known as Projective Drawing), our subconscious thoughts will become apparent through our artwork and narratives.

Narrative Drawing Intervention (NDI) is a brand new clinical psychotherapeutic model that combines two effective psychotherapeutic interventions – Narrative Intervention and Art Therapy. This model is developed by **Clinical Psychologist, Certified Trauma Specialist and Registered Art Therapist, Dr. Monica Wong**, through a decade of clinical practice and intensive research. The broad application of NDI includes: trauma relief, improving of psychology wellbeing, facilitation of emotional self-regulation, strengthening of interpersonal relationships, personal growth, preventing of psychology turbulences and enhancing of mental health.

## COURSE CONTENT

- History, theory and basic knowledge of projective drawing
- Live demonstration
- Analysis of the probable meanings of symbols in drawings
- Introduction to application of drawing in different therapeutic context
- Case observation and analysis
- Techniques and guidelines in analysing drawings
- Hands-on practice

## TARGET PARTICIPANTS

Psychologists, social workers, psychiatrists and staff in mental health services, counsellors, therapists, teachers, trainers, parents and individuals who are interested in psychology

## TRAINER'S BIOGRAPHY

**Dr. Monica Wong, PsyD.** (黃曉紅) is an author, clinical psychologist, registered art therapist, regional representative of Asia for the Australian Creative Arts Therapies Association, the first trauma therapist and trainer in Asia certified by the National Institute for Trauma and Loss in Children (USA), founder of the Psycho-Art Therapy Association, advisor of the Eugene Group, academic director of the Hong Kong Institute for Counseling Professionals and the Psycho-Adventure Training Center, and founder of the Society for Junior Writers of Hong Kong. Dr. Wong has been a professional trainer delivering courses on NDI (formerly known as Projective Drawing), Enneagram, and Storytelling for the CUHK regularly since 2006. Besides, she is often invited to conduct seminars and workshops for universities and colleges, secondary and primary schools, hospitals, governmental departments, enterprises and non-profit organizations.

Graduated from Philosophy in CUHK, Dr. Wong has performed attentive research in psychology and psychotherapies in recent years and obtained her master's degree in counselling from Monash University in Australia and her doctoral degree in clinical psychology from California School of Professional Psychology, AIU (USA). She has been to Australia to follow the world-class psychotherapy master, Mr. Michael White for studying Narrative Therapy. She has been supervised by internationally renowned art therapy masters Dr. Cathy Malchiodi and Ms. Cornelia Elbrecht in Art Therapy. She is one of the authors and hosts of Stories from Afar (尋找他鄉的故事) and Success Stories Series (傑出華人系列), both large-scale televised documentaries. She is also the co-author of best-seller books, Open the Locks of the Hearts – Enneagram (打開心鎖的密碼—九型人格心理學), Draw the Feelings out from Your Heart - Projective Drawing (畫出心中情), and the author of Walking Through the Ruin of the Hearts - Case study of Projective Drawing and Narrative Therapy (走出心靈的廢墟—投射繪畫與敘事治療實錄) and Happiness Is Around the Corner of Life (快樂在生命轉彎處). She has newly developed her own clinical model: Narrative Drawing Intervention (NDI) and presented it in a number of international conferences, universities and hospitals in the United States of America, Australia, Mexico, Singapore, the mainland China, Hong Kong and Macau. More than ten thousand of helping professionals have been trained over the decade. Dr. Wong has led 14 volunteer teams to earthquake-hit areas in Sichuan since 2008, and has been leading another helping professional team to provide psychotherapies to school teachers and students who are under great pressure in Hong Kong since 2015. She has also hosted an international conference on art therapy in China in 2013 and another one in Hong Kong in 2016.

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## COURSE DETAILS

Date	Mar 28 & Apr 4, 2018	Course Code	CE20180328MW
Venue	CUHK	Time	9:30am - 5:30pm
Language	Cantonese (Supplemented with English)	Class Size	33 participants
Regular Fee	HK\$1,800		
Discount Scheme (on or before Feb 28, 2018)	10% (HK\$1,620) discount for Early Bird Registration 20% (HK\$1,440) discount for CUHK Department of Social Work's members (Current SWK staff, current SWK students, SWK Alumni Association members, or CPE members) [20% discount is applicable by POST only]		
Application Methods	(email notification on application status will be sent for application received by CPE, please contact us if you do not receive any notification) 1. Send the following application form with a crossed cheque payable to 'The Chinese University of Hong Kong' to CPE, the Department of Social Work, CUHK, Shatin, N.T. Hong Kong. OR 2. Register the workshop online via our website: <a href="http://web.swk.cuhk.edu.hk/Forthcoming">http://web.swk.cuhk.edu.hk/Forthcoming</a> Once the application is confirmed, transaction will be settled within 30 working days after the online registration. Prior to the confirmation, only the credit limit is withheld by the bank.		
Application Deadline	Mar 20, 2018		

### Foundation Course on Narrative Drawing Intervention (FNDI) Application Form

**CE20180328MW**

#### Personal Particulars

**Full Name:** ☐ Mr. ☐ Ms. (English) \_\_\_\_\_ (Chinese) \_\_\_\_\_

Organization: \_\_\_\_\_ Position: \_\_\_\_\_

Field of Service: (e.g. Family; Rehabilitation; Elderly) \_\_\_\_\_

Email: \_\_\_\_\_ Tel: (O) \_\_\_\_\_ (M) \_\_\_\_\_

#### Payment Information

Cheque No. : \_\_\_\_\_ Bank name : \_\_\_\_\_ Amount : ☐ HK\$1,800 ☐ HK\$ 1,620 ☐ HK\$1,440

Membership : ☐ No ☐ Yes, if Yes, # Staff ID/ Student ID/ Alumni ID/ CPE Membership No.: \_\_\_\_\_

#### Important Terms and Conditions

- Application will be accepted on a first-come-first-served basis.
- Email notification on application status will be sent only when application and payment have been received by CPE, please contact us if you do not receive any notification after 7 days.
- Application will be regarded as successful only when confirmation email has been issued.
- Cancellation of courses will be announced via email at least one week before the commencement of the course. No separate notification will be issued by post.
- Course Fee is non-refundable or non-transferable to other course once the enrollment is confirmed.
- Receipt of application fee will be issued on the first day of the course and payment method will be indicated on the receipt.
- The training materials of the program, including its lecture notes, worksheets, power-point slides, and demonstration videotapes, were prepared by the trainer and all materials contained therein are the property of the trainer. No reproduction of any pieces of these training materials is allowed without the permission of the trainer and Continuing Professional Education (CPE).
- No form of recording, including audio- or video-recording, during the training program is allowed without prior permission by the trainer and the Continuing Professional Education, Department of Social Work, The Chinese University of Hong Kong.
- Certificate of Attendance will be given to participants who have attended at least 90% of the course.
- If Storm Warning Signal No. 8 or above, or Black Rainstorm Warning Signal is hoisted by 7am, the lesson will be cancelled. Details of postponement or other arrangements will be announced afterwards.
- Personal data provided on application forms are used only for enrollment, course administration and future promotion purposes. All personal data collected will be treated as strictly confidential. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit written requests to CPE by email to [cpe@swk.cuhk.edu.hk](mailto:cpe@swk.cuhk.edu.hk).
- All changes and amendments are subject to the respective course and the final decision of organizer.

☐ I acknowledge that I have read and agree to the above Terms and Conditions.