

Five-day Basic Training on Child-centered Play Therapy

By Ms Lau Suet Ha, Lottie
B.Soc.Sc. & M.Ed.



INTRODUCTION

Child-centered Play Therapy, originated by Virginia Axline as Nondirective Play Therapy, is an approach that emphasizes the provision of therapeutic conditions for children to naturally open up and express themselves fully through their own language – play. Empirical studies have shown this approach to be effective with emotionally disturbed children exhibiting difficulties, such as over-withdrawal, rebellion, aggression, school maladjustment, anxieties, and social skills problems, etc. With deep beliefs in children's growing potentials and resiliency, this approach aims at helping children work through negative feelings, restore the necessary sense of security and trust towards people, develop self-initiatives, and build up better self-esteem. In short, this approach works towards strengthening children's inner resources and enhancing their coping abilities. Familiarity with the use of this approach serves as a good base for integrating other play therapy approaches, including directive ones, into the process of working with children using play. (Information provided by Ms. Lottie Lau)

TRAINER

Ms Lottie LAU is a pioneer who has introduced and cultivated the approach of Child-centered Play Therapy in Hong Kong since the early 1990s.

Ms LAU received her Bachelor social work degree from the Chinese University of Hong Kong. After that, she pursued her postgraduate counseling study in The University of North Texas, where she specialized in learning Child Centered Play Therapy from Dr Garry Landreth, an internationally renowned scholar who developed the therapy based on Virginia Axline's nondirective approach.

Ms LAU has accumulated more than 25 years of clinical experience in counseling work. She has been particularly keen and well versed in steering psychological healing in emotionally disturbed children by means of Child Centered Play Therapy. In the 1990s, in addition to her formal teaching in tertiary education, Ms LAU began to spread the concept of Child-centered Play Therapy by pioneering systematic training programs. Over the years, she has laid down the cornerstone of the therapy in the local scene through hundreds of related training programs conducted with continual up-to-date refinement. Accumulatively, Ms LAU has delivered her basic training courses to more than 8000 helping professionals and parents. She has received numerous positive comments and her courses have always been fully enrolled with unreserved recommendations from participants.

CE20180328

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CONTENT

The training will illustrate both theoretical and technical aspects of the Child-centered Play Therapy. Theoretical illustrations will include the rationale for using play in child counseling, basic beliefs and philosophy of the therapy, stages of development that children may go through in the therapy process, and differentiation of adjusted versus maladjusted children in play, etc. Technical illustrations will cover techniques and procedures with children that help to realize the therapeutic conditions of the therapy, selection of therapeutic toys, setting up and management of playroom, handling of difficult play behaviors during the play sessions, and procedures of working with parents in the context of play therapy, etc.

OBJECTIVES

The training aims to provide participants with the theoretical background and basic skills of Child-centered Play Therapy. It is expected that participants may begin to try out therapeutic responses of the therapy with individual children after attending the course.

FORMATS

Mini-lecture, video demonstration, case illustration, exercise, discussion & role-play

TARGETS

Background Training Requirements:

1. **Registered Social Workers, Clinical Psychologists, or Educational Psychologists** OR
2. Bachelor degree holders or above in **Counseling** could also be considered subject to the relevant clinical experience
3. Preferably with at least one year's experience in working with children

Proof of qualification will be requested if necessary during enrolment process.



COURSE REQUIREMENTS

- Full attendance of the **FIRST DAY** of the course is **compulsory**.
- An overall **attendance of 90%** is required.
- **Certificate of Attendance** will **NOT** be given to participants who fail to attend the first day of the course or achieve at least a 90% attendance.

COURSE DETAILS

Course Code : CE20180328
Course Name : Five-day Basic Training on Child-centered Play Therapy
Date : Mar 28 (full attendance required) & 29, April 3, 4 & 6, 2018
Time : 9:00am - 6:00pm
(40 hours, attendance of 90% required)
Please refer to the "Course Requirements" section of this course flyer for details.
Venue : CUHK
Language : Cantonese (Supplemented with English materials)
Class Size : 42 participants
Course Fee : HK\$ 5,500
Application Deadline: **Mar 7, 2018**

DISCOUNT SCHEME

(on or before Feb 21, 2018)

- **10%** (HK\$4,950) discount for Early Bird Registration
 - **20%** (HK\$4,400) discount for CUHK Department of Social Work's members (Current staff, current students, SWK Alumni Association members, or CPE members)
- [20% discount is applicable by POST only]**

APPLICATION METHODS (Email notification on application status will be sent for application received by CPE, please contact us if you do not receive any notification.)

1. Send the following **application form with a crossed cheque payable to 'The Chinese University of Hong Kong'** to CPE, the Department of Social Work, CUHK, Shatin, N.T. Hong Kong. **OR**
2. Register the workshop online via our website:
<https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information>

Once the application is confirmed, transaction will be settled within 30 working days after the online registration. Prior to the confirmation, only the credit limit is withheld by the bank.

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CE20180328

Full Name: (English) # Mr/Ms: _____ (中文): _____
Name of Organization: _____ Position: _____
Field of Service: (e.g. Youth/Rehabilitation/ Elderly) _____
Email: _____ Tel. No.: (O) _____ (M) _____

APPLICATION FORM

Personal Particulars

◆ Occupation:

- ☐ Social worker ☐ Counselor ☐ School guidance teacher/personnel ☐ Educational Psychologist
☐ Clinical Psychologist ☐ Others (please specify: _____)(full description)

◆ Academic Training Background: *Please note the requirement stated on the flyer

- ☐ Social work ☐ Counseling ☐ CP ☐ EP ☐ Others (please specify: _____)

◆ Award already obtained:

- ☐ Bachelor ☐ Master ☐ Diploma ☐ Certificate ☐ Others (Please specify: _____)

◆ No. of Years Working with Children: _____

Payment Information

Please delete as appropriate

☐ Please tick appropriate boxes

Cheque No. : _____ Bank name : _____ Amount : # HK\$5,500/HK\$ 4,950/ HK\$ 4,400
if Yes, Staff ID/ Student ID/ Alumni Association membership CPE Membership
Membership : ☐ No ☐ Yes, No.: _____

- ◆ ☐ I understand and acknowledge that **Certificate of attendance will Not be given to any participants who fail to satisfy the following requirements of the workshop: i) full attendance on the First Day, and ii) an overall attendance of 90%.**

Important Terms and Conditions

1. Application will be accepted on a first-come-first-served basis.
2. Email notification on application status will be sent only when application and payment have been received by CPE, please contact us if you do not receive any notification after 7 days.
3. Application will be regarded as successful only when confirmation email has been issued.
4. Cancellation of courses will be announced via email at least one week before the commencement of the course. No separate notification will be issued by post.
5. Course Fee is non-refundable or non-transferable to other course once the enrollment is confirmed.
6. Receipt of application fee will be issued on the first day of the course and payment method will be indicated on the receipt.
7. The training materials of the program, including its lecture notes, worksheets, power-point slides, and demonstration videotapes, were prepared by the trainer and all materials contained therein are the property of the trainer. No reproduction of any pieces of these training materials is allowed without the permission of the trainer and Continuing Professional Education (CPE).
8. No form of recording, including audio- or video-recording, during the training program is allowed without prior permission by the trainer and the Continuing Professional Education, Department of Social Work, The Chinese University of Hong Kong.
9. Certificate of Attendance will be given to participants who have attended at least 90% of the course.
10. If Storm Warning Signal No. 8 or above, or Black Rainstorm Warning Signal is hoisted by 7am, the lesson will be cancelled. Details of postponement or other arrangements will be announced afterwards.
11. Personal data provided on application forms are used only for enrollment, course administration and future promotion purposes. All personal data collected will be treated as strictly confidential. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit written requests to CPE by email to cpe@swk.cuhk.edu.hk.
12. All changes and amendments are subject to the respective course and the final decision of organizer.

- ◆ ☐ I acknowledge that I have read and agree to the above Terms and Conditions.