

Group Play Using Child-centered Play Therapy Principles and Skills

By Ms Lau Suet Ha, Lottie

ABOUT THE PROGRAM

This program is a continuation of the series of training courses on Child-centered Play Therapy with individual children, as conducted by Ms Lottie Lau and organized by the Department of Social Work of CUHK.

Helping professionals working with children using child-centered play therapy may sometimes need to place one or two more children in therapy sessions and conduct group play therapy. Such a therapy modality would be especially helpful in treating children's difficulties mainly related to socialization rather than personal ones (Axline, 1969; Ginott, 1961; Landreth, 2001). When conducting child-centered group play therapy, the therapist needs to acquire principles and skills facilitative of children's self-expressions not only on an individual level but in a relationship context as well. These principles and skills used in group play therapy, apart from having therapeutic value for children in a group process, can be adopted to facilitate children's daily interactions and even enhance child-parent relationships. (Information provided by Lottie Lau.)



OBJECTIVE & CONTENT

This is a 21-hour training course that aims to prepare helping professionals to conduct child-centered group play therapy. Major theoretical concepts of the therapy, including its rationale, beliefs, and goals will be explored. Practical issues, such as principles of case selection, considerations of group arrangements, and possible group dynamics will be discussed. And, therapeutic responses facilitating children's self-expressions in a relationship context, including interactions among children in the therapy process and those in between child and parent will be addressed.

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By Ms Lau Suet Ha, Lottie
B.Soc.Sc. & M.Ed.

TRAINER

Ms Lottie LAU is one of the pioneers who introduces and cultivates the approach of Child-centered Play Therapy in Hong Kong. After receiving her Bachelor social work degree from the Chinese University of Hong Kong, Ms LAU pursued her postgraduate counseling study in The University of North Texas, where she specialized in learning Child-centered Play Therapy from Dr Garry Landreth, an internationally renowned scholar who developed the therapy based on Virginia Axline's nondirective approach.

Throughout her 27 years of clinical experience in counseling work, Ms LAU is particularly keen with working with emotionally disturbed children and steering psychological healing in them by means of child-centered play therapy. In addition to her formal teaching in tertiary education, Ms LAU began to extend her professional career to pioneering systematic training programs on Child-centered Play Therapy in Hong Kong in the 1990s. Over the years, she has laid down the cornerstone of the therapy in the local scene by conducting hundreds of related training programs with continual up-to-date refinement. Accumulatively, Ms LAU has delivered her basic training courses to more than 6000 helping professionals and parents. She has received numerous positive comments and her courses have always been fully enrolled with unreserved recommendations from participants.



FORMATS

Mini-lecture, video demonstration, case illustration, exercise, discussion & role-play

PARTICIPANTS

Helping professionals who have satisfied the required attendance in the following training programs conducted by Ms Lottie Lau:

1. 5-day Basic Training on Child-centered Play Therapy, &
2. Practicum Course on Child-centered Play Therapy, or Supervised Child-centered Play Therapy Experience

WORKSHOP DETAILS

Course Code : CE20200406
Course Name : Group Play Using Child-centered Play Therapy Principles and Skills
Date : April 6, 16, 17, 2020
Time : 9:30 am - 5:30 pm (21 hours)
Venue : The Chinese University of Hong Kong
Language : Cantonese (Supplemented with English materials)
Class Size : 40 participants
Course Fee : HK\$ 3,700

CPD Points for Registered Social Workers : 21

Discount Scheme (on or before Feb 17, 2020)

- **10%** (HK\$3,330) discount for Early Bird Registration
- **20%** (HK\$2,960) discount for CUHK Department of Social Work's members (Current staff, current students, SWK Alumni Association members, or CPE members)

[20% discount is applicable by POST only]

Application Deadline: Mar 16, 2020

Application Methods

(email notification on application status will be sent for application received by CPE, please contact us if you do not receive any notification)

1. Send the following **application form with a crossed cheque payable to 'The Chinese University of Hong Kong'** to CPE, the Department of Social Work, CUHK, Shatin, N.T. Hong Kong.

OR

2. Register the workshop online via our website:
<https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information>

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Application form

CE20200406

Personal Particulars

Full Name: (English) # Mr/Ms: _____ (中文): _____ Nickname: _____

Organization: _____ Position: _____

Field of Service: (e.g. Youth/Rehabilitation/ Elderly) _____

Academic training background: _____ Highest education level obtained: _____

Email: _____ Tel. No.: (O) _____ (M) _____

Prerequisite (Please attach a copy of the attendance certificate obtained from the courses)

"5-day Basic Training on Child-centered Play Therapy" attended

Date (Month/Year): _____ Organizer: _____

"Practicum Course on Child-centered Play Therapy" or "Supervised Child-centered Play Therapy Experience" attended

Date (Month/Year): _____ Organizer: _____

Payment Information

Please delete as appropriate

☐ Please tick appropriate boxes

Cheque No. : _____ Bank name : _____ Amount : # HK\$3,700/HK\$ 3,330 HK\$ 2,960

Membership : ☐ No ☐ Yes, if Yes, Staff ID/ Student ID/ Alumni Association member ID/ CPE Membership no: _____

Important Terms and Conditions

1. Application will be accepted on a first-come-first-served basis.
2. Confirmation of application or cancellation of courses will be announced via email at least one week before the commencement of the course. No separate notification will be issued by post. Please contact us if you do not receive any notification.
3. Course fee is non-refundable or non-transferable to other course once the enrollment is confirmed.
4. *Receipt* of application fee will be issued on the *first day* of the course.
5. The training materials of the program, including its lecture notes, worksheets, power-point slides, and demonstration videotapes, were prepared by the trainer and all materials contained therein are the property of the trainer. No reproduction of any pieces of these training materials is allowed without the permission of the trainer and Continuing Professional Education (CPE).
6. No form of recording, including audio- or video-recording, during the training program is allowed without prior permission by the trainer and the Continuing Professional Education, Department of Social Work, The Chinese University of Hong Kong.
7. *Certificate of Attendance* will be given to participants who have attended at least 80% of the course.
8. If *Storm Warning Signal No. 8* or above, or *Black Rainstorm Warning Signal* is hoisted by 7am, the lesson will be cancelled. Details of postponement or other arrangements will be announced afterwards.
9. Personal data provided on application forms are used by only for enrollment, course administration and future promotion purposes. All personal data collected will be treated as strictly confidential. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit written requests to CPE by email to cpe@swk.cuhk.edu.hk.
10. All changes and amendments are subject to the respective course and the final decision of organizer.

☐ **I acknowledge that I have read and agree to the above Terms and Conditions.**

☎ Enquiry : 3943 1704

✉ Email : cpe@swk.cuhk.edu.hk

🌐 Website: <http://www.cuhk.edu.hk/swk>