

# Three-day Workshop on Arts-inspired Group Work Practice

By Ms Fiona M.Y. Chang

PhD Candidate, REAT, RSW. M. Soc. Sc. (Family Therapy & Health Care),  
Prof. D in Creative Photography

## Course Description

This course combines the theoretical foundation of expressive arts for group development, basic working principles of applying arts in local group work practice and practical tips in using arts in groups. It is a practice-based professional training of applying multimodal expressive arts to enhance individual and group development. The course is designed for any helping professional who is interested in applying arts in their group work practice and pursuing the expressive arts as a professional path.

Expressive arts is naturally a creative tool for expression, communication, empowerment and therapeutic healing. This creative practice is person-centered, engagement-oriented and process-focused. Participants will have the opportunity to experience the use of arts for collective awareness, so that they can synthesize their hands-on experience with conceptual learning.

## Trainer

Fiona is a Registered Expressive Arts Therapist with the International Expressive Arts Therapy Association - IEATA and a Registered Social Worker. She became accomplished at Person-centered Expressive Arts Approach with the founder Dr. Natalie Rogers at Saybrook University in the U.S.A.. She has been integrating multimodal expressive arts processes in a variety of groups for nearly 25 years. She was the Founder/Program Director of the Three-year Expressive Arts Therapy Training Program of the Centre on Behavioral Health of the University of Hong Kong. She wrote several chapters on expressive arts therapy for internationally and locally published books.



She is the Vice-chairperson of "Art in Hospital", the Founding President of the Expressive Arts Therapy Association of Hong Kong - EATA HK, an advisor of the "Art Therapy Without Borders" and the South Western College in Santa Fe. She was the past Executive Co-chair of IEATA and a Pioneer of the Patient Resource Centre in public hospitals. She received many awards, including Hong Kong International Cancer Congress Young Investigators' Award, Outstanding Staff of Hospital Authority, HKU Distinguished Social Work Alumni and the IEATA Shining Star Award. She is an international trainer, amateur artist, unpaid photographer and full-time mother.

CE20200608



The Chinese University of Hong Kong  
Department of Social Work  
Continuing Professional Education

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## Objectives

On completion of this course students should be able to:

- ✓ Understand the fashionable working approaches and basic principles of using arts for intrapersonal, interpersonal and group development;
- ✓ Develop a person-centered being, skills and sensitivity for applying multimodal of expressive arts in group work practice with cultural consideration ;
- ✓ Understand the person-centered expressive arts process in group facilitation .

## Format

- Interactive lectures
- Hands-on creative art activities
- Facilitation demonstration
- Video learning
- Reflective sharing

## Target participants

Social work graduates, social workers, counsellors, creative arts therapists, and helping professionals

## Content

- Theories and concepts of applying multimodal/intermodal arts in groups
- Therapeutic factors of arts-based group work
- Empowering art activities : From beginning to end
- Person-centered facilitation: Roles of the facilitator

## Handouts & Readings

- ✓ Participants are required to read articles beforehand
- ✓ Participants will receive handouts on "Use of Arts in Group"

## Remarks

The hours can be collected to apply for the professional registration of being a REAT (Registered Expressive Arts Therapist)/REACE (Registered Expressive Arts Consultant/ Educator) with the International Expressive Arts Therapy Association (IEATA).

## WORKSHOP DETAILS

Course Code : CE20200608  
Course Name : Three-day Workshop on Arts-inspired Group Work Practice  
Date : Jun 8, 9, 10, 2020  
Time : 9:30 am - 6:30 pm (24 hours)  
Venue : The Chinese University of Hong Kong  
Language : Cantonese  
Class Size : 24 participants  
Course Fee : HK\$ 3,800 (Art materials included)

### Discount Scheme

(on or before Mar 16, 2020)

- **10%** (HK\$3,420) discount for Early Bird Registration
- **20%** (HK\$3,040) discount for CUHK Department of Social Work's members (Current staff, current students, SWK Alumni Association members, or CPE members)  
**[20% discount is applicable by POST only]**

**Application Deadline: May 11, 2020**

### Application Methods

1. Send the following **application form with a crossed cheque payable to 'The Chinese University of Hong Kong' to CPE, the Department of Social Work, CUHK, Shatin, N.T. Hong Kong.**  
OR
2. Register the workshop online via our website:  
<https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information>

## Three-day Workshop on Arts-inspired Group Work Practice

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### Application Form

Full Name: (English) # Mr/Ms: \_\_\_\_\_

(中文): \_\_\_\_\_

Name of Organization: \_\_\_\_\_

Position: \_\_\_\_\_ Field: \_\_\_\_\_

Email: \_\_\_\_\_

Tel. No.: \_\_\_\_\_

Academic training background: \_\_\_\_\_

Highest educational level obtained: \_\_\_\_\_

### Payment Information

# Please delete as appropriate

Please tick appropriate boxes

Cheque No. : \_\_\_\_\_ Bank name : \_\_\_\_\_ Amount : # HK\$3,800/ HK\$3,420/ HK\$3,040

Membership :  No  Yes, if Yes, #Staff ID/ Student ID/ Alumni Association membership ID/ CPE Membership No.: \_\_\_\_\_

### Important Terms and Conditions

I acknowledge that I have read and agree to the above terms and conditions.

1. Application will be accepted on a first-come-first-served basis.
2. Email notification on application status will be sent to you only when application and payment have been received by the Division of Continuing Professional Education (CPE), please contact us if you do not receive any notification after 7 working days.
3. Application is regarded as successful only after a confirmation email is issued to you.
4. Cancellation of course will be announced via email at least one week before the commencement of the course. No separate notification will be issued by post.
5. Course fee is non-refundable or non-transferable to another course once application is confirmed.
6. Receipt of course fee will be issued on the first day of the course and payment method will be indicated on the receipt.
7. All course training materials, including but not limited to lecture notes, worksheets, PowerPoint slides, and demonstration videotapes, are prepared by the trainer of the course and are the property of the trainer. No reproduction of any pieces of these training materials is allowed without the permission of the trainer and CPE.
8. No form of recording, including audio- or video-recording, during the course is allowed without prior permission by the trainer and CPE.
9. Certificate of Attendance will be given to participants who have attained at least 90% attendance of the course.
10. If Storm Warning Signal No. 8 or above, or Black Rainstorm Warning Signal is hoisted by 7am, class will be cancelled. Details of postponement or other arrangements will be announced by email afterwards.
11. Personal data provided on course application form are used only for course application, course administration and future promotion purposes. All personal data collected will be treated with strict confidentiality. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit a written request to CPE by email to [cpe@swk.cuhk.edu.hk](mailto:cpe@swk.cuhk.edu.hk).
12. The right of interpretation and amendment of the above terms belong to CPE.

Enquiry: 39431704 Email: [cpe@swk.cuhk.edu.hk](mailto:cpe@swk.cuhk.edu.hk) Website: <http://www.cuhk.edu.hk/swk>