

# Person-centred EXPRESSIVE ARTS



## Introduction to Person-Centered Expressive Arts

### Description

This is a brief introduction to the concepts, theory and practice of Person-Centered Expressive Arts (PCEA) approach. Through a variety of experiential sessions, the use of arts for healing, expressive arts therapy and arts-based practice will be demonstrated. This initial exploration is helpful to understand the different approaches in our expressive arts field and the core elements of PCEA. The working principles of PCEA approach will be discussed in integration with the experiential learning. This course focuses on the reflective journey of self.

### Format

Experiential activities, facilitation demonstration, experience sharing and group discussion

### Target Participants

- Helping professionals who have interest in Person-Centred Expressive Arts
- Previous learning experience in Expressive Arts are preferred



Becoming a Registered Expressive Arts Therapist (REAT) / Registered Expressive Arts Consultant/Educator (REACE) under the International Expressive Arts Therapy Association (IEATA), one should have specific hours of expressive art education and training. For details, please visit [ieata.org](http://ieata.org). There are other requirements for becoming a REAT / REACE, please visit IEATA website for details.

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### Trainer's Biography

**Fiona Chang, Ph.D., REAT, RSW, Certified Supervisor (ACA)**, is a PCEA full faculty, a Registered Social Worker and a Registered Expressive Arts Therapist with the International Expressive Arts Therapy Association (IEATA). She founded the Three-Year Expressive Arts Therapy Program in Person-Centered Approach at the Centre on Behavioral Health of The University of Hong Kong (HKU). She is currently the Vice-chairperson of "Art in Hospital", the Founding President of the Expressive Arts Therapy Association of Hong Kong (EATA HK), a part-lecturer of the social work departments of HKU and The Chinese University of Hong Kong (CUHK). She is the advisor of the "Art Therapy Without Borders" and the South Western College in Santa Fe. She was the former Executive Co-chair of IEATA. She received the H.K. International Cancer Congress Young Investigators' Award, Outstanding Staff Award of Hospital Authority, Distinguished Social Work Alumni of HKU and the Shining Star Award of IEATA.



**Terri Goslin-Jones, Ph.D., REACE**, serves as Psychology/Creativity Studies faculty at Saybrook University in the U.S. She is a Registered Expressive Arts Consultant/Educator (REACE) and serve as an International Expressive Arts Therapy Association board member. Terri teaches courses in Person-Centered Expressive Arts, Creativity, Poetry, Personal Mythology and Humanistic Psychology. She supervises doctoral students in research using expressive arts and art-based inquiry. Terri has a passion for exploring humanistic and transpersonal psychology, world religions, and multi-cultural worldviews.



**Ng Pui-wah, Meko, REAT, RSW, MSSc**, is a registered social worker and registered expressive arts therapist with the IEATA. She is now an assistant supervisor of a crisis intervention centre, working with survivors of sexual violence, domestic violence and elder abuse. She is a part-time teaching assistant in a master course at the Department of Social Work of CUHK. She has been working with people with trauma and mental health challenge for over 13 years. She was the former co-chair of the EATA HK and the former IEATA Regional Coordinator for Hong Kong. She conducts professional trainings for both local and overseas organizations.



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### Professional Pathway

Participants who successfully complete this training can consider the professional pathway for Person-Centered Expressive Arts in upcoming courses.



Training hours are recognized as expressive arts education and training for becoming a Registered Expressive Arts Therapist (REAT) / Registered Expressive Arts Consultant/Educator (REACE) under the International Expressive Arts Therapy Association (IEATA). There are other requirements for becoming a REAT / REACE, please visit IEATA website ([ieata.org](http://ieata.org)) for details.

### Assignment and Home Group

Learners are required to complete (for upcoming courses):

- Creative arts journal
- Regular arts practice
- Process paper (applicable to some courses)
- A home group with learners will be formed and meet once a month: practice arts, reflect on their learning from the training, share their inspiration from the readings and support each other in their arts-inspired journey.

### Condition for Certificate of Attendance

Overall attendance with at least 90%

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### Workshop details

Date	July 12, 13, 14, 15, 2022 (Tue to Fri)
Time	9:00 am - 6:00 pm
Venue	The Chinese University of Hong Kong*
Language	Cantonese / English
Class Size	28 participants
Course Fee	HK\$6,450 (Non-refundable discount scheme)
Application Fee	HK\$150 (Non-refundable)
Application Deadline	10 June 2022
Result Announcement	30 June 2022
CPD Points for RSW	28

\*Depending on actual operational need, training may adopt face-to-face or online teaching, or both.

### Online Application



<https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information>

**Application Deadline: 10 June 2022**

#### Application documents:

- Resume / Curriculum Vitae
- Portrait photo
- Academic results printed on official transcript
- Personal statement stating expectation of the course and sharing background in arts etc
- References

### Online Briefing session

**Date: 27 May 2022 (Friday)**

**Time: 8:30 pm - 10:00 pm**

**Language: Cantonese (supplement with English)**



**Register here**



### Reminder :

Please check your payment for application fee (HK\$150) is duly done together with the online application form. Application with undone payment will NOT be reviewed. No refund of application fee will be provided once the application is submitted.