

# **Child-centred Play Therapy Intensive Training**

## **Description**

Child-Centered Play Therapy (CCPT) is a nondirective play therapy approach for children who have emotional and behavioral difficulties. The efficacy of CCPT for children has been well established by research over many years. This training also serves as a foundation for preparing practitioners in understanding and applying Filial Therapy to work with parents.

## **Learning Objectives**

By the end of the training, participants will be able to:

- Describe in practical terms what is meant by each of Axline's 8 principles of CCPT
- Compare and contrast the methods of play therapy with other nondirective directive approaches
- Describe CCPT based on Guerney's model
- Conduct the 4 primary skills of CCPT
- Handle a wide range of possible situations in play therapy
- Involve parents in meaningful ways in the play therapy process
- Immediately and confidently use CCPT in their work with children

# **Trainer's Biography**

#### Siu Fung Ying, Angela BSocSc, DCS, MPhil, PhD RCP (HKPS), CPsyAssoc (CPO), CTT/T, CPT-S, RPT-S

Angela Siu is a Registered Clinical Psychologist under the Hong Kong Psychological Society and a Psychological Associate in the College of Psychologists of Ontario. She is also a Play Therapist / Supervisor under the Association for Play Therapy in the States and in Canada. She specializes in strengthening family relationships through play and has extensive training and experience in using various approaches to work with children and families. Angela has served in a variety of clinical and social service settings. She is currently working as an Associate Professor in The Chinese University of Hong Kong.

- Discuss the six levels of interpretation and which are appropriate or inappropriate during CCPT sessions
- Describe the phases commonly observed as a child moves through issues in CCPT
- Explain how CCPT can be conducted in conjunction with other forms of play and family therapy



#### Format

Format includes lectures, live and videotaped demonstrations, studies case and supervision/feedback to participants as they practice during role play. The training is conducted in a playful and lively manner. Participants will start to develop competence as they move along in the training.

### **Target Participants**

This training program is designed for social workers, counselors, play therapists, psychiatrists and psychologists who work with children and families. It provides practitioners with the knowledge and skills needed to conduct Child-Centered (Nondirective) Play Therapy effectively.

\*Proof of qualification may be requested for verification during enrolment process

## **Continuing Education**

24 contact hours on play therapy training recognized by the Association for Play Therapy. (APT Approved Provider number: 13-355) CPD Points for Registered Social Worker: 24

Becoming a Registered Play Therapist (RPT) under the Association of Play Therapy (APT), one should have 150 hours of play therapy specific instruction from APT approved providers (limit 50 non-contact hour). For details, please visit https://www.a4pt.org. There are other requirements for becoming a RPT, please visit APT website for details.

Course Code	CE20221212
Course Name	Child-centered Play Therapy Intensive Training
Dates	December 12, 13, 19, & 20, 2022 (Mon & Tue)
Time	9:30 am - 5:00 pm
Venue	The Chinese University of Hong Kong
Language	Cantonese (Supplemented with English)
Class Size	30 participants
Course Fee	HK\$ 5,040
Application Deadline	November 25, 2022

#### **Discount Scheme (on or before October 14, 2022)**

**10%** (HK\$4,540) discount for Early Bird Registration **20%** (HK\$4,040) discount for CUHK Department of Social Work's members (Current staff, current students, SWK Alumni Association members, or CPE members) [20% discount is applicable by POST only]

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#### **Application Methods**



Register via our website: https://web.swk.cuhk.edu.hk/en-gb/continuingprofessional-education/programmes-information



Send the following application form with a crossed cheque payable to 'The Chinese University of Hong Kong' to CPE, Department of Social Work, CUHK, Shatin, N.T. Hong Kong

# **Application will open at 11:30am on October 6, 2022**