

# TWO DAY WORKSHOP ON

# Narrative

# FAMILY THERAPY

Narrative therapy is developed by Michael White and David Epston in the 1990s. Coming out of the experience of family therapy, it expands the scope from families to other significant contexts of the persons. It enables us to visualize the relationships of the problem-saturated story, the relational practices of family members, and their negative identities. Problems often lead family members to take a single-storied view of their plight that create conditions for provocative effects of self and relational practices, such as blame and guilt. These practices pit family members against themselves and each other and can lead to negative identity conclusions.

A systemic perspective focuses on the relationships and connections that are embedded in specific social, political, and cultural contexts. Sharing the strong relational perspective of systemic perspective, narrative practice addresses the relationships of persons with problems and the dominant ideologies and social discourses. This training course focuses on the application of narrative therapy in working with families and its dialogue with the systemic perspective. Brief content of the workshop are as follows:

- Introduction of Narrative Therapy as a Family Therapy approach
- Basic concepts and worldview
- Application of Narrative Family Therapy
- Cases sharing



## TRAINER

### Dr LAU Yuk King


Dr LAU is an experienced trainer and clinical supervisor in family social work practice. She worked as a Professional Consultant in the Department of Social Work, The Chinese University of Hong Kong. Her teaching areas are specialised in family-centered social work, family intervention and family theories. She has a special concern on the challenges encountered by families in the changing society and the development of indigenous family-centered practice to facilitate the resilience of families in Hong Kong. Her research areas include practice research on family-centered practice on working with students who refused to attend school and post-divorce families, work-family interface, cross-border living families, family impact analysis.

Course Code CE20240129  
 Course Name Two-day Workshop on Narrative Family Therapy  
 Date January 29 & 30, 2024 (Monday & Tuesday)  
 Time 9:30 am - 5:30 pm (14 contact hours)  
 Venue The Chinese University of Hong Kong  
 Language Cantonese (Supplemented with English)  
 Class Size 30 participants  
 Course Fee HK\$ 3,000  
 Application Deadline January 15, 2024

**Discount Scheme (on or before December 4, 2023)**


- 10% (HK\$2,700) discount for Early Bird Registration
- 20% (HK\$2,400) discount for CUHK Department of Social Work's members (Current staff, current students, SWK Alumni Association members, or CPE members)

**[20% discount is applicable by POST only]**




### Application

Register online via our website:  
<https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information>



Send the following application form to CPE, Department of Social Work, CUHK, Shatin, N.T. Hong Kong with a crossed cheque payable to The Chinese University of Hong Kong



CPD Points for Registered Social Workers: 14

Two-day Workshop on Narrative Family Therapy Application Form

CE20240129

Full Name (English)  Mr  Ms  
 Please tick (V) appropriate boxes

(中文)

Name of Organization: \_\_\_\_\_ Position: \_\_\_\_\_ Field: \_\_\_\_\_

Phone No.: \_\_\_\_\_ E-mail: \_\_\_\_\_

Academic Training Background: \_\_\_\_\_ Highest Educational Level obtained: \_\_\_\_\_

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*Payment Information*

Cheque No.: \_\_\_\_\_ Bank name : \_\_\_\_\_ Amount (HK\$): \$3,000 \$2,700 \$2,400

Membership  Yes  No;

If Yes, #Staff ID/ Student ID/ Alumni Association membership ID/ CPE Membership No.: \_\_\_\_\_

  **I acknowledge that I have read and agree to the Terms and Conditions.**

## Important Terms and Conditions

1. Application will be accepted on a first-come-first-served basis.
2. Email notification on application status will be sent to you only when application and payment have been received by the Division of Continuing Professional Education (CPE). It is suggested to first try checking your junk or spam email folders for the missing emails. If they are not there, please contact us if you do not receive any notification after 7 working days.
3. Application is regarded as successful only after a confirmation email is issued to you.
4. Cancellation of course will be announced via email at least one week before the commencement of the course. No separate notification will be issued by post.
5. Course fee is non-refundable or non-transferable to another course once application is confirmed.
6. Receipt of course fee will be issued on the first day of the course and payment method will be indicated on the receipt.
7. All course training materials, including but not limited to lecture notes, worksheets, PowerPoint slides, and demonstration videotapes, are pre-prepared by the trainer of the course and are the property of the trainer. No reproduction of any pieces of these training materials is allowed without the permission of the trainer and CPE.
8. No form of recording, including audio- or video-recording, during the course is allowed without prior permission by the trainer and CPE.
9. Certificate of Attendance will be given to participants who have attained at least 75% attendance of the course.
10. If Storm Warning Signal No. 8 or above, or Black Rainstorm Warning Signal or the announcement of "extreme condition" by the Government after super typhoons is hoisted at 7am, class will be cancelled. Details of postponement or other arrangements will be announced by email afterwards.
11. Personal data provided on course application form are used only for course application, course administration and future promotion purposes. All personal data collected will be treated with strict confidentiality. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit a written request to CPE by email to swkcpe@cuhk.edu.hk.
12. The right of interpretation and amendment of the above terms belong to CPE.



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