

JUNGIAN-ORIENTED APPLICATIONS OF EXPRESSIVE ARTS FOR RESILIENCE BUILDING

INTRODUCTION

In our troubled times, life is complex and is full of challenges, troubles and traumas. How do we cope? This course will focus on the use of Expressive Arts Therapy as therapeutic means to promote resiliency, wellness and health. Through lectures, experiential process, case presentation and class discussion, we will explore the arts processes that can promote healing and health in the helping process. Using visual arts, dance, drama and music, participants will experience the power of the arts and experience the development of their own resiliency. They will be able to use these processes with clients as well as themselves.

LEARNING OBJECTIVES

- Experience Jungian oriented expressive arts therapy processes.
- Develop a theoretical understanding of Jungian psychology.
- Develop an understanding of the relationship of Jungian psychology and Expressive Arts Therapy (EXAT)
- Understand and learn to apply Jungian concepts to arts-based counseling and group practices.
- Understand the symbolic process
- Deepen their relationship to their own creative and symbolic processes
- Learn about Jungian oriented EXA applications to their life, work and resilience building

JUNGIAN-ORIENTED APPLICATIONS OF EXPRESSIVE ARTS FOR RESILIENCE BUILDING

TRAINER'S BIOGRAPHY

Kate T. Donohue, Ph.D., REAT is a licensed psychologist. She has maintained an active Jungian oriented expressive arts therapy private practice for 45 years. She has also been teaching for 40 years, at such institutions as California Institute of Integral Studies, Institute for Transpersonal Psychology and many international universities and institutes. In addition, she is one of the cofounders of the International Expressive Arts Therapy Association.



Her work includes a private psychotherapy practice with individuals, adolescents and couples. She works in education and growth training, teaching a variety of classes and workshops to the general public, graduate students and other psychotherapy professionals. She also serves as a mentor to those already working in the field, providing supervision and continuing education credits to renew licensure. She has taught at workshops and conferences in the US and internationally and published in a variety of professional journals including *Arts and Psychotherapy Journal*, *San Francisco Jung Library Journal*, *Encyclopedia of Creativity and Poiesis Journal*.

FORMAT

- Interactive lectures
- Hands-on creative activities
- Reflective sharing

TARGET PARTICIPANTS


- Social workers
- Counsellors
- Psychotherapists
- Helping professionals
- Creative/expressive arts therapists and students

Course Code CE20250411
 Course Name Jungian-oriented applications of expressive arts for resilience building
 Date April 11 & 12, 2025 (Friday & Saturday)
 Time 9:30 am - 5:00 pm (12 contact hours)
 Venue The Chinese University of Hong Kong
 Language English
 Class Size 30 participants
 Course Fee HK\$ 3,020
 Application Deadline March 27, 2025

Discount Scheme (on or before January 23, 2025)

- 10% (HK\$2,720) discount for Early Bird Registration
- 20% (HK\$2,420) discount for CUHK Department of Social Work's members (Current staff, current students, SWK Alumni Association members, or CPE members)

[20% discount is applicable by POST only]



Application

Register online via our website:
<https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information>

Send the following application form to CPE, Department of Social Work, CUHK, Shatin, N.T. Hong Kong with a crossed cheque payable to The Chinese University of Hong Kong

CPD Points for Registered Social Workers: 12

Jungian-oriented applications of arts for resilience building

Application Form

Full Name (English) Mr

Please tick (V) appropriate boxes Ms

(中文)

CE20250411

Name of Organization:

Position:

Field:

Phone No.:

E-mail:

Academic Training Background:

Highest Educational Level obtained:

Payment Information

Cheque No.:

Bank name :

Amount (HK\$): \$3,020 \$2,720 \$2,420

Membership Yes No;

If Yes, #Staff ID/ Student ID/ Alumni Association membership ID/ CPE Membership No.: _____

Please delete as appropriate



I acknowledge that I have read and agree to the Terms and Conditions.

Important Terms and Conditions

1. Application will be accepted on a first-come-first-served basis.
2. Email notification on application status will be sent to you only when application and payment have been received by the Division of Continuing Professional Education (CPE). It is suggested to first try checking your junk or spam email folders for the missing emails. If they are not there, please contact us if you do not receive any notification after 7 working days.
3. Application is regarded as successful only after a confirmation email is issued to you.
4. Cancellation of course will be announced via email at least one week before the commencement of the course. No separate notification will be issued by post.
5. Course fee is non-refundable or non-transferable to another course once application is confirmed.
6. Receipt of course fee will be issued on the first day of the course and payment method will be indicated on the receipt.
7. All course training materials, including but not limited to lecture notes, worksheets, PowerPoint slides, and demonstration videotapes, are pre-pared by the trainer of the course and are the property of the trainer. No reproduction of any pieces of these training materials is allowed without the permission of the trainer and CPE.
8. No form of recording, including audio- or video-recording, during the course is allowed without prior permission by the trainer and CPE.
9. Certificate of Attendance will be given to participants who have attained at least 75% attendance of the course.
10. If Storm Warning Signal No. 8 or above or the announcement of "extreme condition" by the Government after super typhoons is hoisted at 7am, class will be cancelled. Details of postponement or other arrangements will be announced by email afterwards.
11. Personal data provided on course application form are used only for course application, course administration and future promotion purposes. All personal data collected will be treated with strict confidentiality. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit a written request to CPE by email to swkcpe@cuhk.edu.hk.
12. The right of interpretation and amendment of the above terms belong to CPE.



3943 1704



swkcpe@cuhk.edu.hk



<http://www.cuhk.edu.hk/swk>