

# Person-centered EXPRESSIVE ARTS SUPERVISION



## Description

Students are required to apply the practice and theory of EXAT in their professional and/or volunteer work. To provide adequate support and guidance, group supervision is provided on a monthly basis (4 hours in the evening on one Friday of each month).

According to IEATA, supervision is defined as direct contact with a supervisor for the purpose of reviewing therapeutic work either in an individual or group setting. Direct contact may be on-site or through video or audio records accompanied by transcripts of sessions.

A ratio of ten hours of client contact to one hour of supervision is recommended. Supervision time includes that for reviewing of work and giving feedback to supervisees. Students can make use of the monthly supervision or they are encouraged to have clinical supervisor on site.

For those who would pursue their professional pathway towards the REAT/REACE registration, they are encouraged to get clinical supervision from the REAT supervisors/creative arts therapists with proper credentials upon the completion of this program.

Applications with various client populations, professional ethics, cultural sensitivity, and outcome measurements are discussed through case studies, role-play demonstration and group sharing.

Toward the end of the program, each learner presents a summary of their own personal journey through EXAT, ongoing arts practice, reviewing their practice of PCEA and EXAT in their professional and/or volunteer work.

## Target Participants

- Participants who have attended 'Arts and Practicum Course I to IV', 7 core courses and Supervision sessions.

Becoming a Registered Expressive Arts Therapist (REAT) / Registered Expressive Arts Consultant/Educator (REACE) under the International Expressive Arts Therapy Association (IEATA), one should have specific hours of expressive art education and training. For details, please visit [ieata.org](http://ieata.org). There are other requirements for becoming a REAT / REACE, please visit IEATA website for details.

# Person-centered EXPRESSIVE ARTS



## SUPERVISION

### Trainer's Biography

**Fiona Chang, Ph.D., (CUHK), M. Soc. Sc. (Family Therapy and Healthcare, HKU), REAT, RSW, Certified Supervisor (ACA)**, is a PCEA full faculty, a Registered Social Worker and a Registered Expressive Arts Therapist with the International Expressive Arts Therapy Association (IEATA). She founded the Three-Year Expressive Arts Therapy Program in Person-Centered Approach at the Centre on Behavioral Health of The University of Hong Kong (HKU) in 2011. She is currently the Vice-chairperson of "Art in Hospital", the Founding President of the Expressive Arts Therapy Association of Hong Kong (EATA HK), a part-time lecturer of the social work departments of HKU and The Chinese University of Hong Kong (CUHK). She is the advisor of the "Art Therapy Without Borders" and the South Western College in Santa Fe. She was the former Executive Co-chair of IEATA. She received the H.K. International Cancer Congress Young Investigators' Award, Outstanding Staff Award of Hospital Authority, Distinguished Social Work Alumni of HKU and the Shining Star Award of IEATA.



Course Code

CE20250725

Course Name

Person Centered Expressive Arts - Supervision

Date

Jul 25, Aug 22, Sep 19, Oct 17, 2025 (Fri)

Time

7:00 pm - 10:00 pm (12 teaching hours)

Venue

The Chinese University of Hong Kong \*

Language

Cantonese & English

Class Size


24 participants

Course Fee

HK\$ 3,840 (Non-refundable discount scheme)

Application Deadline


June 25, 2025




\*Depending on actual operational need, training may adopt face-to-face or online teaching, or both.

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### Application Methods



Register via our website:  
<https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information>



Send the following application form to CPE,  
Department of Social Work, CUHK, Shatin, N.T. Hong Kong with a crossed cheque payable to  
*The Chinese University of Hong Kong*

Person Centered Expressive Arts – Supervision

Application Form

CE20250725

Full Name (English) ☐ Mr  
☐ Ms

(中文)

Name of Organization:

Position:

Field:

Phone No.:

E-mail:

Academic Training Background:

Highest Educational Level obtained:


**Prerequisite (Please attach a copy of the attendance certificate - Arts and Practicum Course I to IV and 7 core courses, with the course confirmation of Supervision (Feb - Jun 25))**

Payment Information

Cheque No.:

Bank name :

Amount (HK\$): ☐\$3,840



☐ I acknowledge that I have read and agree to the Terms and Conditions.

Important Terms and Conditions

1. Application will be accepted on a first-come-first-served basis.

2. Email notification on application status will be sent to you only when application and payment have been received by the Division of Continuing Professional Education (CPE). It is suggested to first try checking your junk or spam email folders for the missing emails. If they are not there, please contact us if you do not receive any notification after 7 working days.

3. Application is regarded as successful only after a confirmation email is issued to you.

4. Cancellation of course will be announced via email at least one week before the commencement of the course. No separate notification will be issued by post.

5. Course fee is non-refundable or non-transferable to another course once application is confirmed.

6. Receipt of course fee will be issued on the first day of the course and payment method will be indicated on the receipt.

7. All course training materials, including but not limited to lecture notes, worksheets, PowerPoint slides, and demonstration videotapes, are pre-pared by the trainer of the course and are the property of the trainer. No reproduction of any pieces of these training materials is allowed without the permission of the trainer and CPE.


8. No form of recording, including audio- or video-recording, during the course is allowed without prior permission by the trainer and CPE.


9. Certificate of Attendance will be given to participants who have attained at least 90% attendance of the course.

10. If Storm Warning Signal No. 8 or above, or Black Rainstorm Warning Signal or the announcement of “extreme condition” by the Government after super typhoons is hoisted at 5pm, class will be cancelled. Details of postponement or other arrangements will be announced by email afterwards.

11. Personal data provided on course application form are used only for course application, course administration and future promotion purposes. All personal data collected will be treated with strict confidentiality. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit a written request to CPE by email to [swkcpe@cuhk.edu.hk](mailto:swkcpe@cuhk.edu.hk).

12. The right of interpretation and amendment of the above terms belong to CPE.

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 [swkcpe@cuhk.edu.hk](mailto:swkcpe@cuhk.edu.hk)

<http://www.cuhk.edu.hk/swk>