

# 讀一本好書系列—— 尋求意義的意志

講者 Wallace 對參加者說的話:

我們可能看過 Viktor Frankl 的著作 — Man's search for meaning。對於他在納粹集中營的經歷好像了解了一點，對什麼是意義治療又好像有了一點概念。但然後呢? 如果想再認識多一點，可以再讀那一本? 是的，就讓我分享 (也讓我們讀) 這一本 — 「尋求意義的意志」(The Will to Meaning)。這次Viktor Frankl 嘗試更有系統地說明兩方面: 1) 意義治療的基礎 (Foundations of Logotherapy); 2) 意義治療的應用 (Application of Logotherapy)。這書大概就是 Frankl 對意義治療的一次重新整理.....

認識意義治療是為了工作，是為了助人? 也許是，但這次的讀一本好書系列更想告訴你的是: 不為什麼，就單純地為自己讀一本好書，純粹地反思我們人生的意義，好好地照顧自己。

## 講者：陳智豪教授

英國Northumbria University副教授，香港中文大學社會工作學系榮譽研究員，具註冊生死學教育者院士 (Fellow in Thanatology, ADEC) 資格。教學及研究興趣包括: 臨終照顧、哀傷輔導、意義治療、醫務社會工作等。亦具意義治療認可資格 (Diplomate of Logotherapy, Viktor Frankl Institute of Logotherapy)，因深受 Viktor Frankl 創立的意義治療影響，致力發展本地的意義治療培訓。

歡迎社福界從業員 / 教育工作者 / 生命教育工作者 / 對意義治療有興趣人士報讀



課程編號 CE20250904  
課程名稱 讀一本好書系列 — 尋求意義的意志  
日期 2025年9月4及11日 (星期四)  
時間 晚上7:00 - 10:00 (HKT)  
形式 Zoom 網上教學  
語言 廣東話 (英語為輔)  
人數 25人  
課程費用 港幣 \$1,550元正 (包括書籍, 不設退款)  
截止日期 2025 年 8 月 22 日

註冊社會工作者  
持續專業發展分數: 6

優惠計劃 (2025 年 7 月 9 日前)

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CE20250904

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尋求意義的意志  
報名表格

個人資料

姓名 (中文)

(英文)

☐ 先生

☐ 女士

請在適當的空格內加上V號

機構:

職位:

服務界別: ☐ 兒童及家庭 ☐ 社區工作 ☐ 教育 ☐ 長者 ☐ 醫療 ☐ 復康 ☐ 青少年 ☐ 其他:

電話:

電郵:

註冊社工編號:

學歷:

付款資料

支票號碼:

銀行:

港幣: ☐ \$1,550 ☐ \$1,400 ☐ \$1,250

社工系成員 ☐ 是 ☐ 否 如是, #職員/學生/畢業同學會會員/CPE會藉編號: \_\_\_\_\_ # 請刪去不適用項目



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