

Creative Arts Therapy Training Workshop

BRIDGES OF FORGIVENESS



This autoethnographic workshop provides a moving heuristic and empowering experience for both the fledgling and experienced Creative Arts Therapist.

Each session will be rich in multi modal creative expression, followed by individual and collective reflections that will embed learning deep within the student.

HIGHLIGHTS

- Why forgive? What happens when I don't forgive? (Poetry/sculpts/dance)
- Unforgivable me – Can I forgive myself? Lessons from Childhood (Stories/Drama)
- Why does it sometimes hurt so much? (Connector-gram/Soundscapes)
- To forgive, or not to forgive? Do I want to?
- Building Bridges; Rite of passage – embodied rituals tracking and supporting the processes of forgiveness.

TARGET PARTICIPANTS

- Social workers
- Therapists
- Teachers
- Helping professionals

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TRAINER

Kit Loring is a UK State Registered Clinical Arts Therapist specializing in Dramatherapy. He is also a certified Clinical Supervisor and Life-Cycle Celebrant. For over 25 years, Kit and Carrie Herbert (Co-Founders of Ragamuffin International) have developed cross-cultural training and supervision in Multi Modal Arts Therapy, along with CPD, Therapeutic Retreats and staff support programmes.

Kit has developed Trauma related Therapeutic Programmes for various client groups, including young & adult offenders, abuse survivors, children and adults with ASC (Autistic Spectrum Condition), brain injuries and mental health conditions.

LifeCycle Celebrancy Ritual and ceremony have always been an important part of Kit's work as an Arts Therapist and Clinical Supervisor. They are woven into the fabric of therapy to mark milestone moments and aid the integration of life change and transition. His passion for the healing of broken hearts and shattered minds fires his commitment to establishing accessible Arts Therapy services for the children and adults who have become casualties of trauma and suffer sustained psychological damage as a result. Kit has considerable experience working cross-culturally. He has developed a deeply sensitive and collaborative approach that has greatly enriched his practice and his life.



29-30 SEP 2025
WHOLE DAY

Course Code

CE20250929

Course Name

Creative Arts Therapy Training Workshop:
Bridges of Forgiveness

Date

September 29 & 30, 2025 (Mon & Tue)

Time

9:30 am - 5:00 pm

Venue

The Chinese University of Hong Kong

Language

English

Class Size

24 participants

Course Fee

HK\$ 2,660




Application Deadline

September 14, 2025

Discount Scheme (on or before August 4, 2025)

- 10% (HK\$2,400) discount for Early Bird Registration
- 20% (HK\$2,130) discount for CUHK Department of Social Work's members (Current staff, current students, SWK Alumni Association members, or CPE members)

[20% discount is applicable by POST only]



Application

Register online via our website:
<https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information>

Send the following application form to CPE,
Department of Social Work, CUHK, Shatin, N.T.
Hong Kong with a crossed cheque payable to
The Chinese University of Hong Kong

CPD Points for
Registered
Social Workers: 12

Creative Arts Therapy Training
Workshop: Bridges of Forgiveness

Application Form

Full Name (English) ☐ Mr

Please tick (V) appropriate boxes ☐ Ms

(中文)

Name of Organization:

Position:

Field:

Phone No.:

E-mail:

Academic Training Background:

Highest Educational Level obtained:

Payment Information

Cheque No.:


Bank name :

Amount (HK\$): ☐\$2,660 ☐\$2,400 ☐\$2,130

Membership ☐ Yes ☐ No;

If Yes, #Staff ID/ Student ID/ Alumni Association membership ID/ CPE Membership No.:_____

Please delete as appropriate



☐ I acknowledge that I have read and agree to the Terms and Conditions.

Important Terms and Conditions

1. Application will be accepted on a first-come-first-served basis.

2. Email notification on application status will be sent to you only when application and payment have been received by the Division of Continuing Professional Education (CPE). It is suggested to first try checking your junk or spam email folders for the missing emails. If they are not there, please contact us if you do not receive any notification after 7 working days.

3. Application is regarded as successful only after a confirmation email is issued to you.

4. Cancellation of course will be announced via email at least one week before the commencement of the course. No separate notification will be issued by post.

5. Course fee is non-refundable or non-transferable to another course once application is confirmed.

6. Receipt of course fee will be issued on the first day of the course and payment method will be indicated on the receipt.

7. All course training materials, including but not limited to lecture notes, worksheets, PowerPoint slides, and demonstration videotapes, are pre-pared by the trainer of the course and are the property of the trainer. No reproduction of any pieces of these training materials is allowed without the permission of the trainer and CPE.





8. No form of recording, including audio- or video-recording, during the course is allowed without prior permission by the trainer and CPE.

9. Certificate of Attendance will be given to participants who have attained at least 75% attendance of the course.

10. If Storm Warning Signal No. 8 or above or the announcement of “extreme condition” by the Government after super typhoons is hoisted at 7am, class will be cancelled. Details of postponement or other arrangements will be announced by email afterwards.

11. Personal data provided on course application form are used only for course application, course administration and future promotion purposes. All personal data collected will be treated with strict confidentiality. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit a written request to CPE by email to swkcpe@cuhk.edu.hk.

12. The right of interpretation and amendment of the above terms belong to CPE.



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<http://www.cuhk.edu.hk/swk>