

# Person-centered EXPRESSIVE ARTS



## Measuring Outcome, Closure and Consolidation

### Description

The end of a creative journey is a beginning of a new one with infinite creativity. Learners prepare for the closure of their creative journey in this program and consolidate their learnings throughout the past seven courses. They learn to identify and shape their own facilitation style of PCEA. Meanwhile to clarify their thoughts and feelings in emotionally charged situations. Through creative consolidation and closing ritual, solutions for personal transformation and social change are envisioned. The use of self in integration with expressive arts for healing the wounds of trauma is also studied. To understand the intervention outcome of PCEA, a variety of contemporary studies and research methods, including arts-based research, are introduced.

### Format

Experiential activities, facilitation demonstration, experience sharing and group discussion

### Target Participants

- Participants who have attended PCEA Practicum Course 7

Becoming a Registered Expressive Arts Therapist (REAT) / Registered Expressive Arts Consultant/Educator (REACE) under the International Expressive Arts Therapy Association (IEATA), one should have specific hours of expressive art education and training. For details, please visit [ieata.org](http://ieata.org). There are other requirements for becoming a REAT / REACE, please visit IEATA website for details.

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### Trainer's Biography

**Fiona Chang, Ph.D., (CUHK), M. Soc. Sc. (Family Therapy and Healthcare, HKU), REAT, RSW, Certified Supervisor**, is a PCEA full faculty, a Registered Social Worker and a Registered Expressive Arts Therapist with the International Expressive Arts Therapy Association (IEATA). She founded the Three-Year Expressive Arts Therapy Program in Person-Centered Approach at the Centre on Behavioral Health of The University of Hong Kong (HKU) in 2011. She is currently the Vice-chairperson of "Art in Hospital", the Founding President of the Expressive Arts Therapy Association of Hong Kong (EATA HK), a part-time lecturer of the social work department of The Chinese University of Hong Kong (CUHK). She is the advisor of the "Art Therapy Without Borders" and the South Western College in Santa Fe. She was the former Executive Co-chair of IEATA. She received the H.K. International Cancer Congress Young Investigators' Award, Outstanding Staff Award of Hospital Authority, Distinguished Social Work Alumni of HKU and the Shining Star Award of IEATA.



**Terri Goslin-Jones, Ph.D., REACE**, serves as Psychology/Creativity Studies faculty at Saybrook University. She is co-author of *Weaving Ourselves Whole, A Guide to forming a Transformational Expressive Arts Circle*. She believes that every person has a creative, unique spirit, and that expressive arts is a process that helps us meet life's challenges and experience growth with an awakened and compassionate heart. She supervises doctoral student research in creativity, expressive arts, and art-based inquiry. Terri is a PCEA/REACE practitioner, mindfulness facilitator, and Institute of Poetic Medicine facilitator. She has a passion for exploring humanistic/ transpersonal psychology, world religions, and multi-cultural worldviews.



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**Christine Evans, Ph.D., REAT**, is a Licensed clinical psychologist in Capitola, California. Dr. Evans has taught at various graduate schools in the U.S. and Hong Kong. In her clinical practice with adults, she expands the benefits of verbal therapy with expressive arts modalities, through mindfulness practices, and by encouraging somatic awareness. Authentic movement and meditation are paths of healing and spiritual growth she has studied, practiced, and shared with others for many years. Her passion and commitment to a Person-Centered approach ensures a deep respect for individuals as they access the timeless gift of the arts and mindfulness to heal. Through mosaic-making and other modalities she facilitates community art projects to help participants express their values during particularly divisive times.



**Fung Wing-yan, Winnie, RSW, REAT, MACS (CUHK), MSSc (HKBU), B.S.W. (CUHK)**, is a registered social worker and registered expressive arts therapist, mainly working with LGBTQs, people with drug addictions, young mothers, youths and adults with emotional disturbance, youths at the margin, people with traumas etc. She finished the study in Somatic Experiencing (SE), a trauma-related approach, and provide trainings and services about Trauma-informed Care and Expressive Arts Therapy in the recent years. She was the former Co-chair of EATA HK and the former Regional Co-chair of IEATA.

Course Code CE20251028  
Course Name Measuring Outcome, Closure and Consolidation  
Date Oct 28 - 31, 2025 (Tuesday to Friday)  
Time 9:00 am - 6:00 pm  
Venue The Chinese University of Hong Kong\*  
Language Cantonese & English  
Class Size 24 participants  
Course Fee HK\$ 7,280 (Non-refundable discount scheme)  
Application Deadline Sep 18, 2025



\*Depending on actual operational need, training may adopt face-to-face or online teaching, or both.

Application Methods

Register via our website:  
<https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information>

Send the following application form to CPE, Department of Social Work, CUHK, Shatin, N.T. Hong Kong with a crossed cheque payable to *The Chinese University of Hong Kong*

CPD Points for  
Registered  
Social Workers: 32

Measuring Outcome, Closure and Consolidation

Application Form

CE20251028

Full Name (English) ☐ Mr  
☐ Ms

(中文)

Name of Organization:

Position:

Field:

Phone No.:

E-mail:

Academic Training Background:

Highest Educational Level obtained:

**Prerequisite (Please attach a copy of the attendance certificate from course)**

Arts and Practicum Course VII: Expressive Arts in Action

Date (mm/yy):

Course code:

Payment Information

Cheque No.:

Bank name :

Amount (HK\$): ☐ \$7,280



☐ I acknowledge that I have read and agree to the Terms and Conditions.

Important Terms and Conditions

- Application will be accepted on a first-come-first-served basis.
- Email notification on application status will be sent to you only when application and payment have been received by the Division of Continuing Professional Education (CPE). It is suggested to first try checking your junk or spam email folders for the missing emails. If they are not there, please contact us if you do not receive any notification after 7 working days.
- Application is regarded as successful only after a confirmation email is issued to you.
- Cancellation of course will be announced via email at least one week before the commencement of the course. No separate notification will be issued by post.
- Course fee is non-refundable or non-transferable to another course once application is confirmed.
- Receipt of course fee will be issued on the first day of the course and payment method will be indicated on the receipt.
- All course training materials, including but not limited to lecture notes, worksheets, PowerPoint slides, and demonstration videotapes, are pre-pared by the trainer of the course and are the property of the trainer. No reproduction of any pieces of these training materials is allowed without the permission of the trainer and CPE.
- No form of recording, including audio- or video-recording, during the course is allowed without prior permission by the trainer and CPE.
- Certificate of Attendance will be given to participants who have attained at least 90% attendance of the course.
- If Storm Warning Signal No. 8 or above, or Black Rainstorm Warning Signal or the announcement of “extreme condition” by the Government after super typhoons is hoisted by 7am, class will be cancelled. Details of postponement or other arrangements will be announced by email afterwards.
- Personal data provided on course application form are used only for course application, course administration and future promotion purposes. All personal data collected will be treated with strict confidentiality. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit a written request to CPE by email to [swkcpe@cuhk.edu.hk](mailto:swkcpe@cuhk.edu.hk).
- The right of interpretation and amendment of the above terms belong to CPE.



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<http://www.cuhk.edu.hk/swk>