

Clown Therapy for Connecting and Healing

How the archetype of the Clown can be used as a vehicle for healing? Each of us is born into this world with an essential innocence, openness and sense of wonder. As we “mature” and become adults, we lose much of this openness as we try to fit in and succeed. In the process of maturing we shut away our spontaneity and our willingness to take risks and look foolish. And yet, deep within us, that small child is still there, waiting to be set free.

The Clown Therapy work is an invitation to unlock the child within and to come out and play. With the freedom provided by the mask of the Red Nose, we are invited to access our full range of emotions and expressions that we have long suppressed. We are encouraged to take our selves to the extreme and to the absurd, breaking down our sense of what is right and proper, and express our REAL feelings.

Target Participants

- Social workers
- Therapists
- Teachers
- Theatre artists
- Parents
- Anybody who is interested using play as a vehicle for personal exploration, healing and release.



In this Clown therapy workshop, we will begin to discover our own Clown Character that lives inside us. We will explore the world of our Clown, and in so doing have an opportunity to shed light on parts of our own hidden psyches in a safe and playful way.

Clown Therapy for Connecting and Healing

Trainer

Ms. Christina Lewis

Christina Lewis, BA in Comparative Religion, MA in Drama Therapy and Psychology and Master Clown, is the Founder and the Director of the Clown School of San Francisco where she teaches and directs students in the art of Clown. She also works for California Institute of Integral Studies as a Director of Self Revelatory performance pieces for the Master's Program in Drama Therapy. She is also a Special Education teacher for students with multiple and severe disabilities, and she uses the Clown modality to reach and support her students. Christina performs and teaches workshops as her alter ego "Dotty Moppet" throughout the year for children all over the San Francisco Bay Area.

Style of Learning

- Drama Therapy Theory
- Experiential learning
- Interactive and hands on practice




20-22 Nov 2025

Whole day


Course Code CE20251120
Course Name Clown Therapy for Connecting and Healing
Date & Time 9:30 am - 6:30 pm, November 20, 2025 (Thu)
9:30 am - 6:00 pm, November 21 & 22, 2025 (Fri & Sat)
Venue The Chinese University of Hong Kong
Language English
Class Size 24 participants
Course Fee HK\$ 4,820
Application Deadline November 7, 2025

Discount Scheme (on or before September 24, 2025)

- 10% (HK\$4,340) discount for Early Bird Registration
 - 20% (HK\$3,860) discount for CUHK Department of Social Work's members (Current staff, current students, SWK Alumni Association members, or CPE members)
- [20% discount is applicable by POST only]**




Application



Register online via our website:
<https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information>

OR



Send the following application form to CPE,
Department of Social Work, CUHK, Shatin, N.T.
Hong Kong with a crossed cheque payable to
The Chinese University of Hong Kong

CPD Points for
Registered
Social Workers: 23

Clown Therapy for
Connecting and Healing
Application Form

CE20251120

Full Name (English) ☐ Mr
Please tick (V) appropriate boxes ☐ Ms

(中文)

Name of Organization:

Position:

Field:

Phone No.:

E-mail:

Academic Training Background:

Highest Educational Level obtained:

Payment Information

Cheque No.:

Bank name :

Amount (HK\$): ☐ \$4,820 ☐ \$4,340 ☐ \$3,860

Membership ☐ Yes ☐ No;

If Yes, #Staff ID/ Student ID/ Alumni Association membership ID/ CPE Membership No.: _____

Please delete as appropriate

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I acknowledge that I have read and agree to the Terms and Conditions.

Important Terms and Conditions

1. Application will be accepted on a first-come-first-served basis.
2. Email notification on application status will be sent to you only when application and payment have been received by the Division of Continuing Professional Education (CPE). It is suggested to first try checking your junk or spam email folders for the missing emails. If they are not there, please contact us if you do not receive any notification after 7 working days.
3. Application is regarded as successful only after a confirmation email is issued to you.
4. Cancellation of course will be announced via email at least one week before the commencement of the course. No separate notification will be issued by post.
5. Course fee is non-refundable or non-transferable to another course once application is confirmed.
6. Receipt of course fee will be issued on the first day of the course and payment method will be indicated on the receipt.
7. All course training materials, including but not limited to lecture notes, worksheets, PowerPoint slides, and demonstration videotapes, are pre-pared by the trainer of the course and are the property of the trainer. No reproduction of any pieces of these training materials is allowed without the permission of the trainer and CPE.
8. No form of recording, including audio- or video-recording, during the course is allowed without prior permission by the trainer and CPE.
9. Certificate of Attendance will be given to participants who have attained at least 75% attendance of the course.
10. If Storm Warning Signal No. 8 or above or the announcement of "extreme condition" by the Government after super typhoons is hoisted at 7am, class will be cancelled. Details of postponement or other arrangements will be announced by email afterwards.
11. Personal data provided on course application form are used only for course application, course administration and future promotion purposes. All personal data collected will be treated with strict confidentiality. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit a written request to CPE by email to swkcpe@cuhk.edu.hk.
12. The right of interpretation and amendment of the above terms belong to CPE.



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