

Untangling the Baggage of Becoming, Discovering the Openings for Growth: A Two-Day Training Workshop on an Existential Approach to Social Work Practice

**Social workers and
helping professionals
are welcome to join!**

This training workshop provides practitioners and students with a comprehensive understanding of an existential approach to social work practice. It explores how this approach significantly rethinks the meaning of social work and supports practitioners to delve into service users' lived experiences. Additionally, the workshop examines how an existential perspective can be applied in youth work and parenting interventions. The workshop aims to shift the mindset of social workers and seeks to equip them with the professional values, attitudes, knowledge, and skills needed to design and implement existentially-informed social work interventions and programmes in experiential, reflective, collaborative, and creative ways.

Trainer

Dr. To Siu Ming

Honorary Research Associate
Department of Social Work
The Chinese University of Hong Kong



Understanding the philosophical foundations, values, core components, goals, and change processes of an existential approach to social work practice.

01

Applying an existential approach to social casework.

02

Applying an existential approach to social group work.

03

Designing, implementing, and evaluating programmes informed by an existential perspective, along with strategies for successfully obtaining funding support.

04

Dr. To Siu Ming is the former Chairperson and Associate Professor of the Department of Social Work at The Chinese University of Hong Kong. His research interests encompass youth development and empowerment, parenting and parent empowerment, existential narrative approaches, and data-informed practice. He has published approximately 90 articles in international refereed journals and previously served as the co-editor of the Asia Pacific Journal of Social Work & Development. He has also successfully secured numerous external research grants from government funding bodies, non-governmental organisations, and foundations.

More information about his work can be found on www.swkempowerlab.com

Course Code

CE20251124A

Course Name

A Two-Day Training Workshop on an Existential Approach to Social Work Practice

Date

November 24 & December 1, 2025 (Mondays)

Time

9:30 am - 5:30 pm (14 contact hours)

Venue

The Chinese University of Hong Kong

Language

Cantonese (Supplemented with English)

Class Size

30 participants

Course Fee

HK\$ 3,010


Application Deadline


November 10, 2025

Discount Scheme (on or before September 29, 2025)


- 10% (HK\$2,710) discount for Early Bird Registration
- 20% (HK\$2,410) discount for CUHK Department of Social Work's members (Current staff, current students, SWK Alumni Association members, or CPE members)

[20% discount is applicable by POST only]





OR



Application

Register online via our website:
<https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information>

Send the following application form to CPE,
Department of Social Work, CUHK, Shatin, N.T. Hong Kong with a crossed cheque payable to *The Chinese University of Hong Kong*

CPD Points for Registered Social Workers: 14

A Two-Day Training Workshop on an Existential Approach to Social Work Practice

Application Form

CE20251124A

Full Name (English) ☐ Mr

Please tick (V) appropriate boxes ☐ Ms

(中文)

Name of Organization:Position:Field:

Phone No.:E-mail:


Academic Training Background:Highest Educational Level obtained:

Payment Information

Cheque No.:Bank name :Amount (HK\$): ☐\$3,010 ☐\$2,710 ☐\$2,410

Membership ☐ Yes ☐ No;

If Yes, #Staff ID/ Student ID/ Alumni Association membership ID/ CPE Membership No.:_____



☐ I acknowledge that I have read and agree to the Terms and Conditions.

Important Terms and Conditions

1. Application will be accepted on a first-come-first-served basis.

2. Email notification on application status will be sent to you only when application and payment have been received by the Division of Continuing Professional Education (CPE). It is suggested to first try checking your junk or spam email folders for the missing emails. If they are not there, please contact us if you do not receive any notification after 7 working days.

3. Application is regarded as successful only after a confirmation email is issued to you.

4. Cancellation of course will be announced via email at least one week before the commencement of the course. No separate notification will be issued by post.

5. Course fee is non-refundable or non-transferable to another course once application is confirmed.

6. Receipt of course fee will be issued on the first day of the course and payment method will be indicated on the receipt.

7. All course training materials, including but not limited to lecture notes, worksheets, PowerPoint slides, and demonstration videotapes, are pre-pared by the trainer of the course and are the property of the trainer. No reproduction of any pieces of these training materials is allowed without the permission of the trainer and CPE.


8. No form of recording, including audio- or video-recording, during the course is allowed without prior permission by the trainer and CPE.


9. Certificate of Attendance will be given to participants who have attained at least 75% attendance of the course.

10. If Storm Warning Signal No. 8 or above, or Black Rainstorm Warning Signal or the announcement of "extreme condition" by the Government after super typhoons is hoisted by 7am, class will be cancelled. Details of postponement or other arrangements will be announced by email afterwards.


11. Personal data provided on course application form are used only for course application, course administration and future promotion purposes. All personal data collected will be treated with strict confidentiality. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit a written request to CPE by email to swkcpe@cuhk.edu.hk.

12. The right of interpretation and amendment of the above terms belong to CPE.






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