故事治療與輔導及小組應用

The Use of Storytelling in Counseling and Conducting Therapeutic Groups

Any person in the field of Social Work or people who are interested in Psychology are welcome!

Content

1. The origin and theoretical summary of storytelling and Narrative Drawing Intervention®(NDI®)
2. The magic of metaphor
3. How stories heal?
4. A spiritual journey
5. Animal kingdom
6. My story I: Family of origin
7. My story II: The hero's journey
8. A journey into your inner world





How can NDI® storytelling lead you into new experiences, reveal hidden parts of yourself, and help you feel safe sharing emotions in a therapeutic group?
How can the ending of a story awaken unexpected inner strengths, outer resources and hopes? Let's discover the answers in this transformative workshop.

This workshop explores the subconscious through NDI® storytelling, metaphors, and creative expression. You'll learn how NDI® storytelling complements other therapeutic methods—like arts, music, drama, play, and cognitive-behavioral approaches.

Through live demonstrations and group discussions, participants will experience the power of NDI® storytelling in communication and therapy, and witness its ability to unlock the subconscious and foster deep personal insight through the NDI® Three Journeys: seeing yourself, accepting yourself and exerting yourself.

CUHK Department of Social Work 香港中文大學社會工作學系

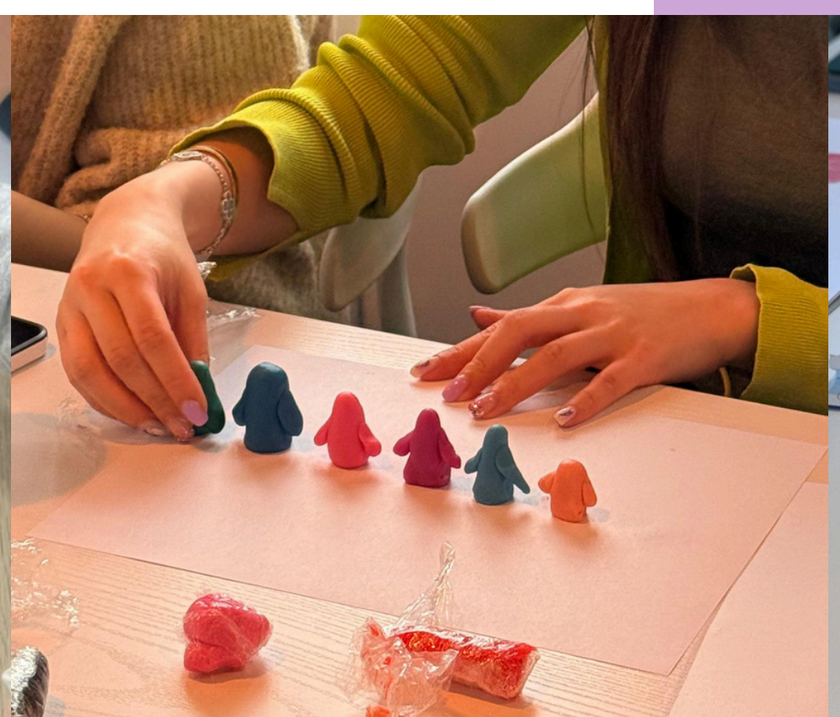
Trainer's biography

Dr. Monica Wong, PsyD. (黃曉紅博士), author, clinical psychologist, registered art therapist, and founder of Narrative Drawing Intervention® (NDI®). She is Asia's first Trauma Specialist certified by the National Institute for Trauma and Loss in Children, Professional Member of the ANZACATA, member of American Psychological Association, associate fellow of Hong Kong Psychological Society and serves as Academic Director of the NDI® Institute. She's also the professor and doctoral advisor of Shinawatra University.

Dr. Wong studied Narrative Therapy with psychotherapy master Michael White and art therapy with Dr. Cathy Malchiodi and Cornelia Elbrecht. Since 2006, she has been a guest lecturer at the Chinese University of Hong Kong, offering popular workshops on NDI® and storytelling in therapy. She frequently conducts seminars for universities, schools, hospitals, government departments, and NGOs.

Dr. Wong has been developing and fine-tuning her own clinical model: Narrative Drawing Intervention® (NDI®) and presented it in numerous international conferences, universities and hospitals in United States, Australia, Mexico, Singapore, Japan, India, Nepal, Indonesia, Mongolia, Hong Kong, Macau and mainland China. More than ten thousand helping professionals have been trained in the past decades. She also organized six international art therapy conferences (2013-2025), fostering global exchange among professionals from over 20 countries.







Course Code	CE20260312
Course Name	The Use of Storytelling in Counseling and Conducting Therapeutic Groups
Date	March 12 & 19, 2025 (Thursdays)
Time	9:30 am - 5:30 pm (14 contact hours)
Venue	The Chinese University of Hong Kong
Language	Cantonese (Supplemented with English)
Class Size	30 participants
Course Fee	HK$ 3,010
Application Deadline	February 25, 2026

Discount Scheme (on or before January 14, 2026)

- 10% (HK$2,710) discount for Early Bird Registration
- 20% (HK$2,410) discount for CUHK Department of Social Work's members (Current staff, current students, SWK Alumni Association members, or CPE members)

[20% discount is applicable by POST only]

Application

Register online via our website:
https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information

OR

Send the following application form to CPE, Department of Social Work, CUHK, Shatin, N.T. Hong Kong with a crossed cheque payable to *The Chinese University of Hong Kong*

CPD Points for Registered Social Workers: 14

The Use of Storytelling in Counseling and Conducting Therapeutic Groups

Application Form

CE20260312

Full Name (English) ☐ Mr ☐ Ms (中文)

Name of Organization: Position: Field:

Phone No.: E-mail:

Academic Training Background: Highest Educational Level obtained:

Payment Information

Cheque No.: Bank name : Amount (HK$): ☐$3,010 ☐ $2,710 ☐$2,410

Membership ☐ Yes ☐ No;

If Yes, #Staff ID/ Student ID/ Alumni Association membership ID/ CPE Membership No.:_____

☐ **I acknowledge that I have read and agree to the Terms and Conditions.**

Important Terms and Conditions

1. Application will be accepted on a first-come-first-served basis.
2. Email notification on application status will be sent to you only when application and payment have been received by the Division of Continuing Professional Education (CPE). It is suggested to first try checking your junk or spam email folders for the missing emails. If they are not there, please contact us if you do not receive any notification after 7 working days.
3. Application is regarded as successful only after a confirmation email is issued to you.
4. Cancellation of course will be announced via email at least one week before the commencement of the course. No separate notification will be issued by post.
5. Course fee is non-refundable or non-transferable to another course once application is confirmed.
6. Receipt of course fee will be issued on the first day of the course and payment method will be indicated on the receipt.
7. All course training materials, including but not limited to lecture notes, worksheets, PowerPoint slides, and demonstration videotapes, are pre-pared by the trainer of the course and are the property of the trainer. No reproduction of any pieces of these training materials is allowed without the permission of the trainer and CPE.
8. No form of recording, including audio- or video-recording, during the course is allowed without prior permission by the trainer and CPE.
9. Certificate of Attendance will be given to participants who have attained at least 75% attendance of the course.
10. If Storm Warning Signal No. 8 or above, or Black Rainstorm Warning Signal or the announcement of "extreme condition" by the Government after super typhoons is hoisted at 7am, class will be cancelled. Details of postponement or other arrangements will be announced by email afterwards.
11. Personal data provided on course application form are used only for course application, course administration and future promotion purposes. All personal data collected will be treated with strict confidentiality. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit a written request to CPE by email to swkcpe@cuhk.edu.hk.
12. The right of interpretation and amendment of the above terms belong to CPE.

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