

# 創傷的修復與療癒： 解離與創傷

本工作坊將以穩定和啟動受創者的內在資源(stabilizing and resourcing)為基礎，探討在療癒創傷記憶階段的原則及注意事項。此外，會透過結構性解離理論以及實務案例，幫助參加者了解結構性解離的本質。

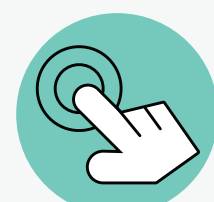
工作坊亦會透過部分工作(parts work)的相關理論和技巧，如自我狀態理論(Ego State Theory)和內在家庭系統治療(Internal Family System)，協助學員認識如何處理案主的創傷記憶、解離部分，及解離所產生的困難(如自我傷害或飲食困難)。學員會透過實務案例和互動的方式去體驗部分工作的相關技巧。

講者：盧德賢博士

盧德賢博士先後於美國取得心理學碩士、神學碩士及臨床心理學哲學博士學位，並於美國希望城國家醫學中心及貝克曼研究所完成腦神經心理學博士後進修。曾於多間美國醫院，包括 UCLA 附屬醫院及退伍軍人醫院實習及擔任研究職務。盧博士為美國加州註冊臨床心理學家、EMDR 認證治療師與認可督導 (EMDR Certified Therapist & Approved Consultant)，以及 IFS 認證治療師與認可臨床督導 (L3 Certified Therapist & Approved Clinical Consultant)。同時，盧博士亦是香港心理學會註冊臨床心理學家及香港專業輔導協會認可輔導督導，在情緒管理、創傷治療及靜觀治療方面具豐富臨床經驗。

課程編號 CE20260625  
課程名稱 創傷的修復與療癒: 解離與創傷  
日期 2026年6月25及26日 (星期四至五)  
時間 上午9:30 - 下午5:00  
地點 香港中文大學  
語言 廣東話 (英語為輔)  
人數 24人  
課程費用 港幣 \$2,600元正 (不設退款)  
截止日期 2026年6月10日

註冊社會工作者  
持續專業發展分數: 12



申請方法 (本部於收到報名後將發出電郵通知報名狀況, 如七個工作天內未有收到任何通知請與本部聯絡)



於以下網址進行網上登記:  
<https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information>

或



填妥以下報名表格, 連同一張「劃線支票」  
(支票抬頭註明「香港中文大學」) 寄往「新界沙田香港中文大學社會工作學系持續專業教育部」

#### 優惠計劃 (2026年4月29日前)

- 九折優惠(港幣\$2,340): 優惠期內報讀課程。
- 八折優惠(港幣\$2,080): 凡為香港中文大學社會工作學系之成員 (現任教職員、就讀學生、持續專業教育課程之會員或社會工作學系畢業同學會會員在優惠期內報讀課程。  
(此優惠只接受郵寄申請)

### 創傷的修復與療癒: 解離與創傷

報名表格

#### 個人資料

姓名 (中文)

(英文)

先生

女士

請在適當的空格內加上√號

機構:

職位:

服務界別:  兒童及家庭  社區工作  教育  長者  醫療  復康  青少年  其他:

電話:

電郵:

學歷:

主修科目:

付款資料

支票號碼:

銀行:

港幣:  \$2,600  \$2,340  \$2,080

社工系成員  是  否 如是, #職員/學生/畢業同學會會員/CPE會藉編號: \_\_\_\_\_ # 請刪去不適用項目

I acknowledge that I have read and agree to the Terms and Conditions.

## Important Terms and Conditions

- Application will be accepted on a first-come-first-served basis.
- Email notification on application status will be sent to you only when application and payment have been received by the Division of Continuing Professional Education (CPE). It is suggested to first try checking your junk or spam email folders for the missing emails. If they are not there, please contact us if you do not receive any notification after 7 working days.
- Application is regarded as successful only after a confirmation email is issued to you.
- Cancellation of course will be announced via email at least one week before the commencement of the course. No separate notification will be issued by post.
- Course fee is non-refundable or non-transferable to another course once application is confirmed.
- Receipt of course fee will be issued on the first day of the course and payment method will be indicated on the receipt.
- All course training materials, including but not limited to lecture notes, worksheets, PowerPoint slides, and demonstration videotapes, are pre-prepared by the trainer of the course and are the property of the trainer. No reproduction of any pieces of these training materials is allowed without the permission of the trainer and CPE.
- No form of recording, including audio- or video-recording, during the course is allowed without prior permission by the trainer and CPE.
- Certificate of Attendance will be given to participants who have attained at least 75% attendance of the course.
- If Storm Warning Signal No. 8 or above, or Black Rainstorm Warning Signal or the announcement of "extreme condition" by the Government after super typhoons is hoisted by 7am, class will be cancelled. Details of postponement or other arrangements will be announced by email afterwards.
- Personal data provided on course application form are used only for course application, course administration and future promotion purposes. All personal data collected will be treated with strict confidentiality. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit a written request to CPE by email to [swkcpe@cuhk.edu.hk](mailto:swkcpe@cuhk.edu.hk).
- The right of interpretation and amendment of the above terms belong to CPE.



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