Creative Evidence-Based Play Therapy Interventions for Traumatized Children

There have been a number of treatments developed and tested in recent years specifically geared to treating traumatized children. These approaches share many of the same core components: Engaging clients; conducting a systemic assessment; providing psychoeducation; addressing children and families' traumatic stress reactions; enhancing emotional regulation; facilitating adaptive coping; completing and processing a trauma narrative; enhancing safety skills; and strengthening parenting skills. The effectiveness of trauma-treatment with children is enhanced by integrating play therapy interventions so children will engage in treatment. This training presents innovative play therapy techniques for each of the core components of evidence-based trauma treatment. Participants will come away with many new and creative interventions they can use with clients from preschoolers to teens.

Learning Objectives:

1. Describe the core components of evidence-based trauma treatment.
2. Discuss the benefits of integrating play therapy in trauma treatment.
3. Utilize at least two play therapy techniques to engage traumatized children and adolescents.
4. Apply at least three play therapy techniques to assess traumatized children and adolescents.
5. Implement at least five new play therapy interventions to treat traumatized children and adolescents.
6. Describe two techniques to strengthen parenting skills.

Target Participants

Social workers, Helping professionals

Continuing Education

6 contact hours on play therapy training recognized by the Association for Play Therapy. (APT approved provider number: 13– 355)

Trainer : Ms Liana Lowenstein

Liana Lowenstein, MSW, RSW, CPT-S, is a Registered Social Worker, Certified Play Therapist–Supervisor, and Certified TF-CBT Therapist with over 35 years of experience working with children and families in Toronto. An internationally recognized speaker, she delivers engaging and dynamic trainings across North America and around the world. Liana is the author of 15 widely acclaimed books on child and family therapy, valued for their practical, creative, and evidence-based interventions. She is the proud recipient of the Monica Herbert Award, which recognizes her outstanding contribution to the field of play therapy.

CUHK Department of Social Work 香港中文大學社會工作學系

Course Code	CE20261103
Course Name	Creative Evidence-Based Play Therapy Interventions for Traumatized Children
Date	November 3, 2026 (Tue)
Time	9:30 am - 5:00 pm (lunch break hour 12:30 pm – 2 pm)
Venue	The Chinese University of Hong Kong
Language	English
Class Size	40 participants
Course Fee	HK$ 1,430
Application Deadline	October 20, 2026

Discount Scheme (on or before September 8, 2026)

- 10% (HK$1,287) discount for Early Bird Registration
- 20% (HK$1,144) discount for CUHK Department of Social Work's members (Current staff, current students, SWK Alumni Association members, or CPE members)

[20% discount is applicable by POST only]

Application

Register online via our website:
https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information

OR

Send the following application form to CPE, Department of Social Work, CUHK, Shatin, N.T. Hong Kong with a crossed cheque payable to *The Chinese University of Hong Kong*

Creative Evidence-Based Play Therapy Interventions for Traumatized Children
Application Form

CE20261103

Full Name (English) ☐ Mr ☐ Ms (中文) .....

Please tick appropriate box

Nameof Organization: Position: Field:

Phone No.: E-mail:

Academic Training Background: Highest Educational Level obtained:

Payment Information

ChequeNo.: Membership ☐ Yes ☐ No; Bankname: Amount(HK$): ☐ $1,430 ☐ $1,287 ☐ $1,144

If Yes, #Staff ID/ Student ID/ Alumni Association membership ID/ CPE Membership No.:_____

#*Please delete as appropriate*

☐ **I acknowledge that I have read and agree to the Terms and Conditions.**

Important Terms and Conditions

1. Application will be accepted on a first-come-first-served basis.
2. Email notification on application status will be sent to you only when application and payment have been received by the Division of Continuing Professional Education (CPE). It is suggested to first try checking your junk or spam email folders for the missing emails. If they are not there, please contact us if you do not receive any notification after 7 working days.
3. Application is regarded as successful only after a confirmation email is issued to you.
4. Cancellation of course will be announced via email at least one week before the commencement of the course. No separate notification will be issued by post.
5. Course fee is non-refundable or non-transferable to another course once application is confirmed.
6. Receipt of course fee will be issued on the first day of the course and payment method will be indicated on the receipt.
7. All course training materials, including but not limited to lecture notes, worksheets, PowerPoint slides, and demonstration videotapes, are pre-pared by the trainer of the course and are the property of the trainer. No reproduction of any pieces of these training materials is allowed without the permission of the trainer and CPE.
8. No form of recording, including audio- or video-recording, during the course is allowed without prior permission by the trainer and CPE.
9. Certificate of Attendance will be given to participants who have attained at least 75% attendance of the course.
10. If Storm Warning Signal No. 8 or above or the announcement of "extreme condition" by the Government after super typhoons is hoisted at 7am, class will be cancelled. Details of postponement or other arrangements will be announced by email afterwards.
11. Personal data provided on course application form are used only for course application, course administration and future promotion purposes. All personal data collected will be treated with strict confidentiality. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit a written request to CPE by email to swkcpe@cuhk.edu.hk.
12. The right of interpretation and amendment of the above terms belong to CPE.

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