

Two-day Workshop on Attachment Theory and Couple Counselling

(June 15 & 16, 2015)

Trainer: Prof. 石琳 Shi Lin

Ph.D., LMFT (Licensed Marriage and Family Therapist)

Professor, Marriage and Family Therapy Program, Northern Illinois University, U.S.A.

Trainers' Biography

Prof. Shi is full professor in the Marriage and Family Therapy Program at Northern Illinois University, a COAMFTE (Commission on Accreditation in Marriage and Family Therapy Education) in the U.S.. She is a licensed Marriage and Family Therapist (LMFT), and an AAMFT (American Association for Marriage and Family Therapy Association) Approved Supervisor. As the senior faculty member, she teaches core MFT courses, providing live and videotaped supervision, conducting clinical research, and providing supervision toward the AAMFT Approved Supervisor status. In addition, she conducts therapy in a private practice setting where she concentrates on couples and trauma therapy.

A therapist and researcher for over 20 years, Prof. Shi has extensive publications and research studies on the subject areas of couple interaction and trauma intervention, particularly from an attachment theory perspective that is increasingly enriched by attachment research. She has conducted workshops, teaching, and clinical training in the US, Norway, Kosovo, Hong Kong, and mainland China.

Introduction

Many intricate emotional elements are woven in couple relationships and thus making couples therapy challenging to conduct. Therapists and counselors often find that their interventions are no match for the magnitude of negativity frequently present between highly distressed couples. Research has shown that behavioral intervention alone is inadequate when working with this population.

With its roots deep in relationship dynamics, attachment theory, along with adult attachment research in the past two decades, has offered a promising clinical perspective for breaking emotional and behavioral barriers in couple therapy.

This workshop will help participants gain a sufficient understanding of attachment theory and its application in couples therapy. It will help participants achieve a competent clinical conceptualization through understanding the impact of emotional experiences on couples and couple relationships. It will help participants design and apply effective interventions that alleviate couples' emotional pain and struggles. Critical knowledge will be reviewed. Techniques will be illustrated and demonstrated.

Learning Objectives

In this workshop, participants will

1. be informed of attachment theory and research and their clinical applications
2. gain a competent understanding of couple dynamic with the aid of attachment theory and research
3. form and practice competent clinical conceptualization and intervention through discussing clinical cases
4. engage in experiential learning through discussion, role play, and clinical video watching

Target Participants

Therapists, counselors, social workers, psychologists, health care professionals, and human service practitioners.

Format

Lecturing, role-play, discussion, and clinical case analysis.



The Chinese University of Hong Kong
Department of Social Work
Continuing Professional Education

CE20150615

WORKSHOP DETAILS

Course Code : CE20150615
Course Name : Two-day Workshop on Attachment Theory and Couple Counselling
Date : June 15 & 16 2015 (Monday & Tuesday)
Time : 9:30am - 5:30 pm
Venue : The Chinese University of Hong Kong (exact location to be confirmed)
Language : English
Class Size : 35 participants
Course Fee : HK\$2,200 (non-refundable once confirmed)

Discount Scheme

(on or before May 20, 2015 (Wednesday))

- **10%** (HK\$1,980) discount for Early Bird Registration
 - **20%** (HK\$1,760) discount for CUHK Department of Social Work's members (Current staff, current students, SWK Alumni Association members, or CPE members)
- [20% discount is applicable by POST only]**

Application Deadline: June 4, 2015 (Thursday)

Application Methods

(email notification on application status will be sent for application received by CPE, please contact us if you do not receive any notification)

1. Send the following **application form with a crossed cheque payable to 'The Chinese University of Hong Kong'** to CPE, the Department of Social Work, CUHK, Shatin, N.T. Hong Kong.
OR
2. Register the workshop online via our website:
<http://www.web.swk.cuhk.edu.hk/Forthcoming>
Once the application is confirmed, transaction will be settled within 30 working days after the online registration. Prior to the confirmation, only the credit limit is withheld by the bank.

Two-day Workshop on Attachment Theory and Couple Counselling Application Form

Personal Particulars

Full Name: (English)[#] Mr./ Ms. _____ (Chinese) _____

Name of Organization: _____ Position: _____

Field of Service: (e.g. Family; Rehabilitation; Elderly) _____

Email: _____ Tel. No.: (O) _____ (M) _____

Payment Information

Cheque No. : _____ Bank name : _____ Amount : # HK\$2,200/ HK\$ 1,980/ HK\$ 1,760

Membership : ☐ No ☐ Yes, if Yes, Staff ID/ Student ID/ Alumni ID/ CPE Membership No.: _____

Please make only ONE cheque payable to "The Chinese University of Hong Kong" for each course with an amount after discount deduction if any.

Please delete as appropriate

☐ Please tick appropriate boxes

☎ Enquiry : 3943 1704

☎ Fax : 2603 5018

✉ Email : cpe@swk.cuhk.edu.hk

🌐 Website: <http://www.cuhk.edu.hk/swk>

Remarks

- Application will be accepted **on a first-come-first-served basis**.
- **Confirmation of application or cancellation of course** will be announced **via email** at least one week before the commencement of course. Please contact us if you do not receive any notification.
- **Receipt of application fee** will be issued on the **first day of the course**.
- A **Certificate of Attendance** will be given to participants who have attended **at least 80% of the course**.
- The personal data provided on application forms are used by Continuing Professional Education (CPE) only for enrollment and course administration. All personal data collected will be treated as strictly confidential. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit written requests to CPE by email to cpe@swk.cuhk.edu.hk.

CE20150515