LIN YUEN YING, HILDA

Lecturer

Department of Social Work The Chinese University of Hong Kong Office Tel.: (852) 3943-7400; Office Fax: (852) 2603-5018 E-mail: hildalin@cuhk.edu.hk

WORK EXPERIENCE (EDUCATION)

LECTURER, DEPARTMENT OF SOCIAL WORK

THE CHINESE UNIVERSITY OF HONG KONG

- Taught social work courses, including Social Work Field Laboratory, Self-development in Changing Society, Student-orientated Teaching I, & tutorials on Human Development and the Social Environment
- Act as fieldwork coordinator of Full-time MSSc in Social Work
- Act as a member of the Department Board of Social Work, Committee of MSSc programme and the Fieldwork Team

PART-TIME FIELDWORK SUPERVISOR, DEPARTMENT OF SOCIAL WORK THE CHINESE UNIVERSITY OF HONG KONG

- Provided weekly supervision to enhance students' competence in social work practice
- Facilitated students to integrate theories and knowledge into practice with analytic skills
- Liaised with the placement agencies for effective communication and collaboration

PART-TIME CLINICAL INSTRUCTOR, DEPARTMENT OF REHABILITATION SCIENCES HONG KONG POLYTECHNIC UNIVERSITY

- Enhanced students' understanding of inter-professional collaboration in conducting health promotion and rehabilitation services
- Improved students' generic competencies of inter-personal communication, problem solving, leadership and teamwork
- Guided the students to plan and executive social service programs for users
- Educated the students on knowledge of mental wellness and program planning

PART-TIME TUTOR, ASSOCIATE OF SOC SCI IN SOCIAL WORK UOW COLLEGE HONG KONG

- Equipped social work students with fundamental concepts in human development
- Facilitated students to analyze the practical problems related to human development
- Coached and guided students for effective presentation and academic writing

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WORK EXPERIENCE (FIELD)

SOCIAL WORKER

WAN CHAI ICCMW

BAPTIST OI KWAN SOCIAL SERVICE

- Provided psychotherapy and crisis management for difficult cases
- Carried out strategic planning for FSA output
- Led working groups to evaluate workflow and improve work efficiency

TEAM LEADER

JOCKEY CLUB MENTAL WELLNESS PROJECT FOR WOMEN & YOUTH SERVICE

CARITAS WELLNESS LINK

- Liaised with community partners for youth service development
- Planned and complied proposals for innovative projects
- Supervised and trained team members in crisis management, mental health assessment and case conceptualizations

PROJECT LEADER

JOCKEY CLUB MENTAL WELLNESS PROJECT FOR WOMEN

CARITAS WELLNESS LINK

- Efficiently managed resources for the implementation of the women's project
- Collaborated with social partners, other NGOs, and University to ensure a smooth flow of work
- Provided supervision and coaching to team members

SOCIAL WORKER

CARITAS WELLNESS LINK

- Casework management for Persons-in-recovery
- Coordinated therapeutic groups for Persons-in-recovery

MENTAL HEALTH KEYWORKER

INTEGRATED MENTAL HEALTH PROGRAM

HONG KONG REHAB SOC

- Assessed and counselled clients with emotional distress
- Delivered psycho-therapeutic workshops, topics included body-mind techniques, positive psychology, CBT and self-management
- Collaborated with doctors and other clinic staff to provide an integrated treatment plan for the client

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EDUCATION

The Chinese University of Hong Kong – Mssc. in Social Work The University of Hong Kong - Post-grad Cert. IN Psychology Hong Kong Baptist University - BSSc. in Communications

ACADEMIC AWARDS

George Ho Scholarship 2001 George Ho Scholarship 2002 Mr. Peter Pun Chiu Yin Journalism Scholarship 2003 Postgraduate Certificate in Psychology - Pass with Distinction

PUBLICATION

Lin, Y. Y., Tsoi H., & Li, C. M. (Eds.). (2020). *Re-onion with myself.* <u>https://play.google.com/books/reader?id=bMQsEAAAQBAJ&pg=GBS.PA1&hl=en_GB</u>

SKILLS

Counselling, Case Conceptualizations, Women & Youth Mental Health, Mindfulness, Positive Psychology, Project Management, Strong verbal and written communications in English & Chinese

OTHER TRAINING AND COURSEWORK

Certified Training Program in Emotion Focused Therapy for Individuals Mindfulness-based Cognitive Therapy (8 weeks program) Integrated Training Course on Childhood and Adolescence Disorders Students & Youth Mental Health Short Training Course for Professionals Youth Mental Health during Pandemic by Ip Kam Shing Youth Mental Health Professional Training Experience-based Counselling Approach by Wong Lai Cheung Clinical Supervision for Cases Analysis by Wong Lai Cheung Clinical Supervision for Cases Analysis by Fok Yuk Lin Early Detection and Timely Intervention for Women of At-risk Mental State The Use of Story-telling in Counselling and Conducting Therapeutic Gp Effective Project Management Skills for NGOs Certified Laughter Yoga Leader Training Suicide and Self-injury Marital and Family Counselling (Practical Skills) Experiential Workshop on Life & Death

Philosophical Counseling Workshop The 10th International Conference on Grief and Bereavement Saving Your "Self": The Preservation and Growth of the Individual Mindfulness-Based Stress Reduction and Cultivating Emotional Balance Emotion-Focused Therapy for Depression Body-Mind Skills Training Cognitive Therapy Training Art Facilitator and Art Adventure Training Crisis & Trauma Training, Bereavement Counselling