

LI Jia (Jessica), Ph.D.

Assistant Professor

Department of Social Work, The Chinese University of Hong Kong

Email: jiali@cuhk.edu.hk Tel: 852-39437517

EDUCATION

Ph.D., The University of Hong Kong, Department of Social Work and Social Administration

M.A., University of Alberta, Department of Earth and Atmospheric Sciences

Bachelor of Management, Zhejiang University, School of Public Administration

PROFESSIONAL EXPERIENCES

- 08/2022 - Present **Assistant Professor**
The Chinese University of Hong Kong, Department of Social Work
- 01/2022 - 07/2022 **Scientific Officer**
The Chinese University of Hong Kong, Jockey Club School of Public Health and Primary Care
- 08/2020 - 12/2021 **Postdoctoral Fellow**
The Chinese University of Hong Kong, Jockey Club School of Public Health and Primary Care
- 11/2017 - 07/2020 **Postdoctoral Fellow**
The Hong Kong Polytechnic University, Department of Applied Social Sciences
- 08/2016 - 06/2017 **Fulbright Visiting Scholar**
University of Southern California, Suzanne Dworak-Peck School of Social Work

RESEARCH AREAS

Ageism; Age-Friendly Environments; Gerontechnology; Intergenerational Relationship and Family Caregiving

RESEARCH FUNDINGS

- 06/2022 - 06/2025 **Co-Investigator**
Jockey Club Intergenerational Engagement Project to Reduce Social Isolation among Elderly, Hong Kong Jockey Club Charities Trust
HKD11,510,000

- 01/2022 - 01/2025 **Co-Investigator**
Jockey Club MEL Institute Project (Phase Two), Hong Kong Jockey Club Charities Trust, HKD12,080,000
- 01/2021 - 12/2023 **Co-Investigator**
Health Differences among South Asian and Chinese Older Adults in Hong Kong: the Role of Social Capital, General Research Fund (GRF), HKD902,148
- 06/2020 - 12/2020 **Co-Investigator**
Effects of Social and Political Unrests on Mental Health of Older People in Hong Kong, Public Policy Research Funding Scheme (Special Round), HKD492,200

PUBLICATIONS

Peer-Reviewed Journal Articles

1. Wang, Q., **Li, J.**, & Zhou, X.C. (2024). Chinese Social Work Students' Attitudes toward Online Social Work Services: A Q Methodology Study. *Clinical Social Work Journal*.
2. **Li, J.**, Wang, Q., & Zhou, X.C. (2024). Diversity of purposes of use, time spent online, and depression among older Chinese Internet users. *Aging & Mental Health*.
<https://doi.org/10.1080/13607863.2024.2323953>
3. **Li, J.**, & Zhang, J. (2024). Personality traits and depressive symptoms among Chinese older people: A network approach. *Journal of Affective Disorders*, 351, 74-81.
4. **Li, J.**, Wang, Q., & Zhou, X.C. (2023). Health literacy, worry about unmet needs for medical care, and psychological well-being among older Chinese adults. *Geriatrics & Gerontology International*. DOI: 10.1111/ggi.14754
5. **Li, J.**, Wang, Q., & Zhou, X.C. (2023). Spousal religious difference, marital satisfaction, and psychological well-being of Chinese middle-aged and older adults. *Family Relations*. 1-14. <https://doi.org/10.1111/fare.12977>
6. Ding, F., Li, N., Zhang, S., **Li, J.**, Jing, Z., & Zhao, Y. (2023). Network comparison analysis of comorbid depression and anxiety disorder in a large clinical sample before and after treatment. *Current Psychology*, 1-12.
7. Lai, D. W., Ou, X., Lee, V. W., Yan, E. C., **Li, J.**, Liu, E. H., & Yu, W. (2023). Exposure to violence in social unrest, resilience, and mental health of older people in Hong Kong. *The American Journal of Geriatric Psychiatry*, 31(12), 1091-1099.
8. **Li, J.**, Zhou, X., & Wang, Q. (2023). Interventions to reduce loneliness among Chinese older adults: A network meta-analysis of randomized controlled trials and quasi-experimental studies. *Applied Psychology: Health and Well-Being*, 15(1), 238-258.
9. Xu, L., **Li, J.**, Mao, W., & Chi, I. (2023). Exploration of social exclusion among older Chinese immigrants in the USA. *International Journal of Environmental Research and Public Health*, 20(3), 2539.

10. Lai, D. W., Liu, E. H., Yan, E. C., **Li, J.**, & Lee, V. W. (2022). Exposure to socio-political unrest and wellbeing of older people in Hong Kong. *BMC geriatrics*, 22(1), 1-8.
11. Wong, E. L. Y., **Li, J.**, Yuen, S., Lai, A. H. Y., Cheung, A. W. L., Yau, P. S. Y., & Yeoh, E. K. (2022). Vulnerable populations during COVID-19 response: Health-related quality of life among Chinese population and its influence due to socio-demographic factors and loneliness. *Frontiers in Public Health*, 10.
12. Lei, L. K., Lam, B. Y., Lai, D.W.L., Bai, X., **Li, J.**, Zou, Z., & Chan, C. C. (2022). Stability of Montreal Cognitive Assessment in Individuals with Mild Cognitive Impairment: Potential Influence of Practice Effect. *Journal of Alzheimer's Disease*, 1-12.
13. **Li, J.**, Lai, D.W.L., & Chappell, N. L. (2022). The older, the happier?: A cross-sectional study on the “paradox of aging” in China. *Research on Aging*, 44(1), 34-43.
14. Zhou, X., **Li, J.**, & Wang, Q. (2022). Making best friends from other groups and mental health of Chinese adolescents. *Youth & Society*, 54(1), 123-147.
15. Mo, P.K.H, Wong, E.L.Y, Yeung, N.C.Y, Wong, S.Y.S, Chung, R., Tong, A.C.Y, Ko, C.C.Y., **Li, J.**, & Yeoh, E.K. (2022). Differential associations among social support, health-promoting behaviours, health-related quality of life and subjective well-being in older and younger persons: a structural equation modelling approach. *Health and Quality of Life Outcomes*, 20(1), 1-12.
16. Lai, D.W.L., & **Li, J.** (2021). Personality and health-related quality of life (HRQoL) of Hong Kong Chinese older people: Resilience as a mediator and financial status as a moderator. *Aging and Mental Health*, 1-8.
17. **Li, J.**, & Zhou, X.C. (2021). Internet use and Chinese older adults' subjective wellbeing (SWB): The role of parent-child contact and closeness. *Computers in Human Behaviors*, 119, 106725.
18. Lai, D.W.L., **Li, J.**, & Bai, X. (2021). To be or not to be: Relationship between grandparent status and health and wellbeing. *BMC Geriatrics*. 21(1), 1-10.
19. **Li, J.**, & Wang, Q. (2020). Religiosity and health among Chinese older adults: A meta-analytic review. *Ageing & Society*. 1-35. Doi: <https://doi.org/10.1017/S0144686X20000835>.
20. Lai, D.W.L., **Li, J.**, Ou, X.T, & Lee, C. (2020). Effectiveness of a peer-based intervention on loneliness and social isolation of older Chinese immigrants in Canada: A randomized controlled trial. *BMC Geriatrics*, 20(1), 1-12.
21. Mao, W.Y., **Li, J.**, Xu, L., & Chi, I. (2020). Acculturation and health behaviors among older Chinese immigrants in the United States: A qualitative descriptive study. *Nursing & health sciences*, 22(3), 714-722.
22. Lai, D.W.L., **Li, J.**, Lee, V.W.P., & Dong, X. (2019). Environmental factors associated with Chinese older immigrants' social engagement. *Journal of the American Geriatrics Society*, 67(S3), S571-S576.

23. Zhou, X.C., **Li, J.**, & Jordan, L. P (2019). Parental intent for children to study abroad: the role of educational aspiration and children's characteristics. *Cambridge Journal of Education*, 49(6), 789-807.
24. Lai, D.W.L., Lee, V.W.P., **Li, J.**, & Dong, X. (2019). The impact of intergenerational relationship on health and wellbeing of older Chinese Americans. *Journal of the American Geriatrics Society*, 67(S3), S557-S563.
25. **Li, J.**, Xu, L., & Chi, I. (2018). Challenges and resilience related to aging in the United States among older Chinese immigrants. *Aging and Mental Health*, 22(12), 1548-1555.
26. **Li, J.**, & Collins, D. (2017). Smoking environments in transition: The experiences of recent Chinese migrants to Canada. *Health and Social Care in the Community*, 25 (1), 65-74.

Book Chapters

1. **Li, J.**, & Song, Y.J. (2019). Formal and Informal Care. In: Gu D., Dupre M. (eds) *Encyclopaedia of Gerontology and Population Aging*. Springer, Cham. Doi: <https://doi.org/10.1007/978-3-319-69892-2>
2. **Li, J.** (2015). Chinese Immigrants in Canada: profiles, challenges, and social services. In K.L. Chan. *Chinese Migration and Families at Risk (pp. 141-164)*. Newcastle upon Tyne: Cambridge Scholars Publishing Ltd.

INVITED PRESENTATIONS

Reframe Ageing and Connect Generations: Observations from Hong Kong, 2023 Seoul International Social Welfare Forum, Seoul, South Korea, 30 Nov 2023

OTHER CONFERENCE PRESENTATIONS

1. **Li, J.**, Zhou, X.C., & Wang, Q. Interventions to reduce loneliness among Chinese older adults: A network meta-analysis of randomized controlled trials (RCTs) and quasi-experimental studies. Accepted for Oral presentation at British Society of Gerontology 51st Annual Conference, 6-8, July 2022.
2. Lai, D. W., **Li, J.**, & Lee, V. (2020). Grandparenting and Well-Being of Hong Kong Older Adults: The Mediating Role of Intergenerational Relationships. Accepted for poster presentation at The Gerontological Society of America's 73rd Annual Scientific Meeting, 11-14, November 2021, Phoenix, AZ, USA.
3. Lee, V., Lai, D., Cheung, K., Luk, C., Bai, X., **Li, J.**, & Wu, J. (2020). Factors Related to Workplace Well-Being: Occupational Health and Safety of Older Workers in Hong Kong. Accepted for poster presentation at The Gerontological Society of America's 73rd Annual Scientific Meeting, 11-14, November 2021, Phoenix, AZ, USA.
4. **Li, J.** & Wang, Q. Religiosity and Health Among Chinese Older Adults in Mainland China, Hong Kong, and Taiwan: A Meta-Analytic Review. Accepted for poster presentation at The Gerontological Society of America's 71st Annual Scientific Meeting, 13-17, November 2019, Austin, Texas, USA.

5. **Li, J.** Internet use and Chinese older adults' loneliness: will gender make a difference? Oral presentation at the 11th International Association of Gerontology and Geriatrics Asia/Oceania Regional Congress, 24-28, October 2019, Taipei, Taiwan.
6. **Li, J.** & Wang, Q. Religious Difference, Marital Satisfaction, and Psychological Wellbeing of Chinese Middle-Aged and Older Adults. Accepted for oral presentation at RC06-VSA International Conference "The Family in Modern and Global Societies: Persistence and Change", 17-19, October 2019, Hanoi, Vietnam.
7. **Li, J.**, Lai, D. W. L., & Ou, X. T. Healthy Aging and Community Learning – Findings from Lifelong Learning Courses. Oral presentation at the College of Professional and Continuing Education Health Conference 2019, 14, January 2019, Hong Kong.
8. **Li, J.**, Xu, L., & Chi, I. Challenges and Resilience of Aging in the United States of Older Chinese Immigrants. Abstract accepted for oral presentation at the 46th Annual Meeting of Canadian Association on Gerontology, 19-21, October 2017, Winnipeg, Manitoba, Canada.
9. **Li, J.** Ethnic Return Migration of the Second-Generation Hong Kong Chinese Immigrants: Motives, Re-Acculturation and Re-Adaptation. Oral presentation at the 14th East Asian Social Policy annual conference, 2-3, August 2017, Nagoya, Japan.
10. **Li, J.** Double marginalization? the experiences of the second-generation return migrants to Hong Kong. Oral presentation at the Joint World Conference on Social Work, Education and Social Development 2016, 27-30, June 2016, COEX, Seoul, Korea.
11. **Li, J.** Residential segregation and health among ethnic minorities: A meta-analytic review". Abstract accepted for presentation at the International Conference on Geographies of Health and Living in Cities: Making Cities Healthy for All, 21-24, June 2016, Hong Kong.
12. **Li, J.** Spatial distribution, and socioeconomic heterogeneity of Chinese immigrant neighborhoods in Greater Vancouver, Canada: immigrant inequalities and service provision. Abstract accepted for presentation at the 2015 Diversity in Organizations, Communities and Nations Conference, 15-17, July 2015, Hong Kong.
13. **Li, J.** Spatial distribution, neighborhood classification, and socioeconomic inequality: A preliminary study of heterogeneity of Chinese immigrants in Metro Vancouver. Oral presentation at the 8th Global Social Science Conference, Hong Kong Baptist University, 11-13, December 2014, Hong Kong.

COURSE TAUGHT AT THE CHINESE UNIVERSITY OF HONG KONG

01/2024-04/2024	SOWK5810M Programme Evaluation (postgraduate level)
01/2024-04/2024	SOWK3320 Social Work Research (undergraduate level)
09/2023-12/2023	SOWK5920B Human Behaviours and the Social Environment (postgraduate level)
01/2023-04/2023	SOWK5810M Programme Evaluation (postgraduate level)
01/2023-04/2023	SOWK3320 Social Work Research (undergraduate level)
09/2022-04/2023	SOWK6013D Final Year Project, Master of Arts in Family Counselling and Family Education

AWARDS AND HONORS

- 05/2019 - 07/2020 **Postdoctoral Fellowship**
Hong Kong Polytechnic University
- 09/2016 - 06/2017 **RGC - Fulbright Hong Kong Research Scholar Award Programme
(Junior Programme)**
The Research Grants Council

JOURNAL REVIEWING

- Aging and Mental Health
Applied Psychology: Health and Well-Being
BMC Geriatrics
BMC Public Health
Canadian Journal on Aging
Children and Youth Services Review
Asia Pacific Journal of Social Work and Development
China Journal of Social Work
Frontiers in Public Health
Journal of Applied Gerontology
Journal of Gerontology Series B: Social Sciences
Journal of Happiness Studies
New Media & Society