

Curriculum Vitae of Dr. NGAI Sek-Yum, Steven

Present Post: Professor

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Education & Qualifications:

The Chinese University of Hong Kong	PhD (Sociology)
The Chinese University of Hong Kong	Master of Social Work
University of Hong Kong	B.Soc.Sc. (Social Work)
Hong Kong Social Workers Registration Board	Registered Social Worker

Specialty & Research Interests:

My current research interests are in the areas of career and life development of disadvantaged youth, mutual aid and youth empowerment, and program evaluation and social impact assessment. In total, I have published over 200 articles on these areas, including 180 refereed publications in journals, books, and conference proceedings. Since 2000, I have conducted 42 research projects. Among them, five are funded by the Research Grants Council (RGC) of Hong Kong and another 31 commissioned by government bureaus/nongovernmental organizations (NGOs) in Hong Kong or Macao. Given my ongoing efforts and remarkable performance in teaching and research, I received CUHK Faculty of Social Science Exemplary Teaching Award in 2000, CUHK Research Excellence Award in 2011, and CUHK University Education Award in 2014.

Research Projects (In Capacity of Principal Investigator; Since 2005):

Title	Investigator(s)	Granting Agency	Year	Amount (HK\$)
Career and Life Readiness Review for Hong Kong	Ngai Sek-yum, Steven (PI) Lee Bong Joo (CI) Cheung Chau-kiu (CI)	Education Bureau, Hong Kong SAR Government	2025-2026	1,937,439**
CLD Benchmark Evaluation for Special Schools	Ngai Sek-yum, Steven (PI) Ng Yuen-hang (PI) Cheung Chau-kiu (CI)	Hong Kong Jockey Club Charities Trust	2024-2027	5,000,000**
JC InnoPower Social Welfare Fellowship Impact Measurement	Ngai Sek-yum, Steven (PI) Ng Yuen-hang (PI)	Hong Kong Jockey Club Charities Trust	2024-2027	4,930,766**
Jockey Club Talent Development Evaluation Framework	Ngai Sek-yum, Steven (PI) Ng Yuen-hang (PI) Cheung Chau-kiu (CI)	Hong Kong Jockey Club Charities Trust	2024-2027	5,320,000**
Relapse Prevention for Ex-Drug Youth Abusers to Achieve Meaningful Engagement	Ngai Sek-yum, Steven (PI) Ng Yuen-hang (PI) Cheung Chau-kiu	Hong Kong Jockey Club Charities Trust	2024-2026	3,730,000**

	(CI) Guo Haoyi (CI) Yu Nga-hin, Elly (CI)			
The Effects of Social Capital, Service Participation, and Self-Management on School-to-Work Developmental Outcomes among Young People with Chronic Disabling Health Conditions	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (CI) Leung Pui-yu, Pamela (CI)	Research Grants Council	2024-2026	1,158,000*
A Longitudinal Study of the Profiles of Non-Engaged Youth (NEY) as well as the Risk and Protective Factors Affecting NEY's School-to-Work Transitions in Canada, Hong Kong, Mainland China, and South Korea	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI) Ng Yuen-hang (PI) Kim Minseop (CI) Cheng Qijin (CI) Law Yee-man, Moon (CI) Yu Nga-hin, Elly (CI) Wong Laing-ming, Lucius (CI)	International Research Collaboration Fund, CUHK Department of Social Work	2023-2025	1,480,000
Jockey Club MEL Institute Project (Phase Two)	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (CI) Kim Minseop (CI) Cheng Qijin (CI) Cui Jialiang, Angela (CI) Li Jia, Jesssica (CI) Leung Kit-ting, Joanne (CI) Ho Wai-ming, Hannah (CI) So Yuk-yan (CI)	Hong Kong Jockey Club Charities Trust	2022-2025	12,080,000**
Second Phase of Career and Life Adventure Planning for Youth (CLAP for Youth@JC): Fostering Sustainable Ecosystem to Smoothen the Transition from School to Productive Work and Fulfilling Life for All Youth	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI) Kim Minseop (CI) Cheng Qijin (CI) Leung Kit-ting, Joanne (CI) Ho Wai-ming, Hannah (CI) Law Yee-man, Moon (CI)	Hong Kong Jockey Club Charities Trust	2020-2025	77,780,000**
Building Capacity among Practitioners and Students of Social Work and Healthcare Professions for Anti-Drug Work with Young Adults, Pregnant Women/Mothers, and Sexual Minorities: An Integrated Humanistic and Cognitive-Behavioral Training	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (CI) To Siu-ming (CI) Cheung Mei-chun (CI)	Beat Drugs Fund Association	2020-2023	1,721,112**

Program Augmented by an Online Learning Platform				
Jockey Club MEL Institute Project: Certificate Training cum Mentored Practicum Augmented by an e-Learning Knowledge Hub	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI) Kim Minseop (CI) Cheng Qijin (CI) Wong King-shui, Phyllis (CI) Cui Jialiang, Angela (CI) Leung Kit-ting, Joanne (CI) Ho Wai-ming, Hannah (CI) So Yuk-yan (CI)	Hong Kong Jockey Club Charities Trust	2019-2022	13,303,372**
Evaluation Study of the HSBC Young Financial Planners Program	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (CI)	Investor Education Centre of the HKSAR Government	2018-2021	399,329**
Enhancing Competence in Anti-drug Work among Practitioners and Students of Social Work and Healthcare Professions: An Integrated Humanistic and Cognitive-Behavioral Training Program with Focus on High-risk Youth and Drug Rehabilitation Service Settings	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (CI) To Siu-ming (CI) Cheung Mei-chun (CI)	Beat Drugs Fund Association	2018-2020	946,910**
Research on Development Model and Social Impact of Self Help Organizations in Hong Kong	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (CI)	Hong Kong Society for Rehabilitation	2018-2020	200,000**
Mutual Aid among Young People with Chronic Illness	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (CI) To Siu-ming (CI) Chow Yin-man, Amy (CI) Tsui Ming-sum (CI)	Research Grant Council	2017-2020	854,424*
An Integrated Humanistic and Cognitive-Behavioral Training Program to Promote Effective and Sustained Anti-Drug Work among Practitioners and Students of Social Work and Healthcare Professions	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (CI) To Siu-ming (CI) Cheung Mei-chun (CI)	Beat Drugs Fund Association	2016-2018	817,650*
Evaluation Study of Student Counseling Service in Macao	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (CI) To Siu-ming (CI)	Education and Youth Affairs Bureau, Macao SAR Government	2016-2017	871,130**

	Ngai Ngan-pun (CI) Leung Suk-man, Grace (CI) Liu Ying (CI)			
Research on Cyber Youth Outreach Project — Engaging Youth at Risk from Social Exclusion to Social Inclusion	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI) Chan Chi-tat (PI)	The Hong Kong Jockey Club Charities Trust	2015-2018	1,170,000**
Toward A Drug-Free Campus: An Integrated Humanistic and Cognitive-Behavioral Training on Anti-Drug Work for Practitioners and Students of the Teaching Profession	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI) To siu-ming (CI) Mak Wing Sze, Winnie (CI)	Beat Drugs Fund Association	2014-2016	583,500**
Building Competence for Sustained Anti-Drug Work: An Integrated Humanistic and Cognitive-Behavioral Training for Practitioners and Students of Social Work and Healthcare Professions	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI) To Siu-ming (CI)	Beat Drugs Fund Association	2013-2015	722,200**
“Life College” — A Research and Service Development Project for Young Drug Abusers Who Are Either Unemployed or Working in High Risk Industries	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI)	Beat Drugs Fund Association	2013-2016	4,050,789**
“Search’n Care” – A Research and Service Development Project on Cyber Outreaching Youth Social Work	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI)	Social Welfare Department, Hong Kong SAR Government	2011-2014	5,199,933**
Mobilizing Community Support for Young Drug Service Users’ Community Attachment	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI) Ngai Ngan-pun (CI)	Beat Drugs Fund Association	2010-2012	1,458,047**
“Project Muguet” – A Research and Service Development Project for Drug-abusing Mothers	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI) Ngai Ngan-pun (CI)	Beat Drugs Fund Association	2010-2012	1,347,785**
Effects of Service Participation and Social Capital on the School-to-Work Transition of Economically Disadvantaged Young People	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (CI) Ngai Ngan-pun (CI)	Research Grant Council	2009-2011	499,520*
Navigator to Community Service in Other Learning Experiences: From Experience to Learning	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI) Ngai Ngan-pun (CI) Chan Kwok-bong (CI)	Education Bureau, Hong Kong SAR Government	2009	483,000**
Effective Ways to Dispel Misunderstandings about Psychotropic Substances in Youth at Risk for Drug Abuse Problems	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI) Ngai Ngan-pun (CI) Kwok Nai-yung (CI)	Beat Drugs Fund Association	2008-2010	756,886**

	Szeto Ming-wong (CI) Chan Kin-yi (CI)			
Partnership Scheme of Other Learning Experiences on Community Service	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI) Ngai Ngan-pun (CI) & Chan Kwok-bong (CI)	Education Bureau, Hong Kong SAR Government	2008-2010	1,200,180**
Mutual Aid among Youth with Emotional and Behavioral Problems	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (CI) Ngai Ngan-pun (CI)	Research Grant Council	2007-2010	459,200*
Pilot Study on Policies for Strengthening Family Functioning in Hong Kong	Ngai Sek-yum, Steven (PI) Tang Kwong-leung (CI) Lam Ching-man (CI) Lam Mong-chow (CI) Cheung Chau-kiu (CI)	Central Policy Unit, Hong Kong SAR Government	2005	149,960**
Total amount of research grants/contracts in capacity of principal investigator since 2005: HK\$150,611,132				

* Research funded by external competitive grant

** Research commissioned by government bureau/ NGO in Hong Kong or Macao

Refereed Journal Publications (Since 2005):

Ngai, S.S.Y., Cheung, C.K., Ng, Y.H., Li, Y., Chen, C., Wang, X., & Yu, E.N.H. (2025). Enhancing the organizational evaluation capacity of NGOs: Results of a quasi-experimental study. *Research on Social Work Practice*, Advance online publication. <https://doi.org/10.1177/10497315251336713>

Ngai, S.S.Y., Cheung, C.K., Ng, Y.H., Lee, B.J., Dupéré, V., Wang, M., Zhou, Q., Chen, C., Li, Y., Wong, L.M., & Yu, E.N.H. (2025). Unraveling the school-to-work transition of non-engaged youth: A continuous-time Markov chain analysis. *Children and Youth Services Review*, 172, Article 108253. <https://doi.org/10.1016/j.childyouth.2025.108253>

Ngai, S.S.Y., Cheung, C.K., Ng, Y.H., Chen, C., Wong, L.M., Zhou, Q., Yu, E.N.H., & Li, Y. (2025). District networks for promoting non-engaged youth's career and life development. *Research on Social Work Practice*, Advance online publication. <https://doi.org/10.1177/1049731525132952>

Ngai, S. S., Cheung, C.K., Chen, C., Li, Y., Ng, W.L., Zhou, X., Lee, S., & Chan, H. (2024). Development and validation of the Organizational Evaluation Capacity Scale among nongovernmental organizations in Hong Kong. *Journal of the Society for Social Work and Research*, Advance online publication. <https://doi.org/10.1086/732303>

Zhang, X., & **Ngai, S.S.Y.** (2024). Behavioral development in the shadow of child neglect: The roles of resilience and peer rejection. *Children and Youth Services Review*, 166, Article 107948. <https://doi.org/10.1016/j.childyouth.2024.107948>

Ngai, S.S.Y., Cheung, C.K., Ng, Y.H., Lee, B.J., Dupéré, V., Wang, M., Chen, C., Li, Y., Zhou, Q., Wong, L.M., & Zhang, X. (2024). Pathways from school to work: A sequence analysis of non-engaged youth. *Journal of Adolescence*, 96(7), 1655–1672. <https://doi.org/10.1002/jad.12372>

Ngai, S.S.Y., Cheung, C.K., Zhou, Q., Zhang, J., Ng, Y.H., Yu, E.H.Y., Zhang, X., & Wong, L.M. (2024). Hope, career competency, and social well-being among non-engaged youth in Hong Kong: A longitudinal network analysis. *Current Psychology*, 43(10), 8947–8962. <https://doi.org/10.1007/s12144-023-05055-5>

Ng, Y.H., **Ngai, S.S.Y.**, Cheung, C.K., Pang, W.T., Zhou, Q., Mai, C., Yu, E.N.H., Liu, C.M.T., & Siu, H.Y. (2024). Enhancing social workers' capacity building for career and life development services: A quasi-experimental outcome study. *Research on Social Work Practice*, 35(2), 181–197. <https://doi.org/10.1177/1049731523122640>

Guo, H., **Ngai, S.S.Y.**, & Sun, T. (2024). Validation of the Generative Motives Scale to measure generativity among mid-older grandparent caregivers in urban China. *Journal of Adult Development*, 31, 372–382. <https://doi.org/10.1007/s10804-023-09466-3>

Guo, H.Y., **Ngai, S.S.Y.**, & Sun, T. (2024). Grandparental stress, social support, and affective well-being of migrant grandparent caregivers in urban China: An integrated model. *Current Psychology*, 43, 732–744. <https://doi.org/10.1007/s12144-023-04374-x>

Ngai, S.S.Y., Cheung, C.K., Mo, J.H., Wang, L., Ng, Y.H., & Wang, P.Q. (2023). Career interventions and social well-being among non-engaged youth: Examining the mediating effects of career competency. *Children and Youth Services Review*, 148, Article 106903. <https://doi.org/10.1016/j.chilyouth.2023.106903>

Guo, H., **Ngai, S.S.Y.**, & Sun, T. (2023). Social support and subjective well-being of noncustodial grandparent caregivers in urban China: The mediating roles of generative acts. *Geriatric Nursing*, 52, 98–105. <https://doi.org/10.1016/j.gerinurse.2023.05.010>

Ngai, S.S.Y., Cheung, C.K., Li, Y.J., Zhao, L.F., Jiang, S., Wang, L., & Tang, H.Y. (2022). Building program evaluation capacity of non-governmental organizations practitioners in Hong Kong. *Research on Social Work Practice*, 32, 434–447. <https://doi.org/10.1177/10497315211067809>

Huang, D., & **Ngai, S.S.Y.** (2022). Decision-making, abortion narratives and identity construction towards abortion among rural–urban single migrant women in mainland China: Insights for social work practice and education. *International Social Work*, 65, 870–882. <https://doi.org/10.1177/0020872820959375>

Wang, L., & **Ngai, S.S.Y.** (2022). Cyberbullying perpetration among Chinese adolescents: The role of power imbalance, fun-seeking tendency, and attitude toward cyberbullying. *Journal of Interpersonal Violence*, 37, NP21646–NP21671. <https://doi.org/10.1177/08862605211062988>

Ngai, S.S.Y., Jiang, S., Cheung, C.K., Wang, L., & Tang, H.Y. (2021). Trust in mutual aid group members, self-management of chronic illness, and well-being among young patients with chronic illness in Hong Kong. *Children and Youth Services Review*, 130, Article

106240. <https://doi.org/10.1016/j.childyouth.2021.106240>

Jiang, S., & **Ngai, S.S.Y.** (2021). Effects of structural-economic and socio-relational exclusion on well-being of Chinese migrant children. *Health and Social Care in the Community*. Advance Online Publication. <https://doi.org/10.1111/hsc.13564>

Wang, L., & **Ngai, S.S.Y.** (2021). Understanding the effects of personal factors and situational factors for adolescent cyberbullying perpetration: The roles of internal states and parental mediation. *Journal of Adolescence*, 89, 28–40. <https://doi.org/10.1016/j.adolescence.2021.03.006>

Ngai, S.S.Y., Cheung, C.K., Ng, Y.H., Tang, H.Y., Ngai, H.L., & Wong, K.H.C. (2020). Development and validation of the chronic illness self-management (CISM) scale: Data from a young patient sample in Hong Kong. *Children and Youth Services Review*, 114, Article 105077. <https://doi.org/10.1016/j.childyouth.2020.105077>

Wang, L., & **Ngai, S.S.Y.** (2020). The effects of anonymity, invisibility, asynchrony, and moral disengagement on cyberbullying perpetration among school-aged children in China. *Children and Youth Services Review*, 119, Article 105613. <https://doi.org/10.1016/j.childyouth.2020.105613>

Jiang, S., & **Ngai, S.S.Y.** (2020). Social exclusion and multi-domain well-being in Chinese migrant children: Exploring the psychosocial mechanisms of need satisfaction and need frustration. *Children and Youth Services Review*, 116, Article 105182. <https://doi.org/10.1016/j.childyouth.2020.105182>

Ge, T., & **Ngai, S.S.Y.** (2020). Three pathways to promote poverty resilience: The effects of poverty on children's educational and behavioral performance under multisystems in China. *Children and Youth Services Review*, 113, Article 104962. <https://doi.org/10.1016/j.childyouth.2020.104962>

Liu, Y., & **Ngai, S.S.Y.** (2020). Social capital, self-efficacy, and healthy identity development among Chinese adolescents with and without economic disadvantages. *Journal of Child and Family Studies*, 29, 3198–3210.

Xie, H., & **Ngai, S.S.Y.** (2020). Participant roles of peer bystanders in school bullying situations: Evidence from Wuhan, China. *Children and Youth Services Review*, 110, Article 104762. <https://doi.org/10.1016/j.childyouth.2020.104762>

Liu, Y., & **Ngai, S.S.Y.** (2019). The Impact of social capital, self-efficacy, and resilience on the prosocial involvement of adolescents from families with and without economic disadvantages. *Child Indicators Research*, 12, 1735–1757.

Chan, C.T., & **Ngai, S.S.Y.** (2019). Utilizing social media for social work: Insights from clients in online youth services. *Journal of Social Work Practice*, 33(2), 157–172.

Yuan, R., & **Ngai, S.S.Y.** (2019). Generating identity capital from family capital and personal agency: A mediation analysis. *Journal of Adult Development*, 26, 71–80.

Ngai, S.S.Y., Cheung, C.K., & Ng, Y.H. (2018). Drug use history as a moderator of the

effects of virtuous orientation on the realization of drug harm in youth. *Children and Youth Services Review*, 95, 1–11.

Ngai, S.S.Y., Cheung, C.K., Xie, L., Ng, Y.H., Ngai, H.L., Liu, Y., & Ho, J.C.M. (2018). Psychometric properties of the Parental Bonding Instrument: Data from a Chinese adolescent sample in Hong Kong. *Journal of Child and Family Studies*, 27, 2112–2124.

Ngai, S.S.Y., Xie, L., Ng, Y.H., & Ngai, H.L. (2018). The effects of parenting behavior on prosocial behavior of Chinese adolescents in Hong Kong. *Children and Youth Services Review*, 87, 154–162.

Ngai, S.S.Y., & Xie, L. (2018). Toward a Validation of the Prosocial Tendencies Measure among Chinese Adolescents in Hong Kong. *Child Indicators Research*, 11, 1281–1299.

Cheung, C.K., & **Ngai, S.S.Y.** (2017). Predicting drug-free days among at-risk youth. *Journal of Social Work*, 17, 599–615.

Ngai, S.S.Y., Cheung, C.K., Yuan, R., & Lin, S. (2016). Work motivation of unemployed youths: Moderating effects of financial dependence on parents. *Children and Youth Services Review*, 71, 157–165.

Ngai, S.S.Y., Cheung, C.K., & Yuan, R. (2016). Effects of vocational training on unemployed youths' work motivation and work engagement: Mediating roles of training adequacy and self-actualization. *Children and Youth Services Review*, 63, 93–110.

Cheung, C.K., & **Ngai, S.S.Y.** (2016). Encouraging the disuse of illicit drugs among at-risk youth. *International Journal of Offender Therapy and Comparative Criminology*, 60, 640–656.

Yuan, R., & **Ngai, S.S.Y.** (2016). Agentic personality as mediator of social capital on developmental outcomes in the transition to adulthood: Evidence from Shanghai, China. *Journal of Adolescence*, 46, 1–13.

Cheung, C.K., & **Ngai, S.S.Y.** (2016). Reducing deviance through youths' mutual aid group dynamics. *International Journal of Offender Therapy and Comparative Criminology*, 60, 82–98.

Ngai, S.S.Y. (2015). Parental bonding and character strengths among Chinese adolescents in Hong Kong. *International Journal of Adolescence and Youth*, 20(3), 317–333.

To, S.M., Iu Kan, S.M., & **Ngai, S.S.Y.** (2015). Interaction effects between exposure to sexually explicit online materials and individual, family, and extra-familial factors on Hong Kong high school students' beliefs about gender role equality and body-centered sexuality. *Youth & Society*, 47(6), 747–768.

Cheung, C.K., & **Ngai, S.S.Y.** (2015). Four- and ten-month lagged effects of individual counseling on the prosocial behavior of young people. *Children and Youth Services Review*, 52, 89–96.

Ngai, S.S.Y., Cheung, C.K., To, S.M., Luan, H., & Zhao, R. (2014). Economic disadvantage and transitional outcomes: A study of young people living in low-income families in Hong Kong. *International Journal of Adolescence and Youth*, 19, 318–335.

To, S.M., Tam, H.L., **Ngai, S.S.Y.**, & Sung, W.L. (2014). Sense of meaningfulness, sources of meaning, and self-evaluation of economically disadvantaged youth in Hong Kong: Implications for youth development programs. *Children and Youth Services Review*, 47, 352–361.

Ngai, S.S.Y., Cheung, C.K., To, S.M., Liu, Y., & Song, H.Y. (2013). Parent–child relationships, friendship networks, and developmental outcomes of economically disadvantaged youth in Hong Kong. *Children and Youth Services Review*, 35, 91–101.

Cheung, C.K., & **Ngai, S.S.Y.** (2013). Reducing youth’s drug abuse through training social workers for cognitive-behavioral integrated treatment. *Children and Youth Services Review*, 35, 302–311.

Ngai, S.S.Y., Cheung, C.K., & Ngai, N.P. (2012). Effects of service use, family social capital, and school social capital on psychosocial development among economically disadvantaged secondary school students in Hong Kong. *International Journal of Adolescence and Youth*, 17, 131–148.

To, S.M., **Ngai, S.S.Y.**, & Iu Kan, S.M. (2012). Direct and mediating effects of accessing sexually explicit online materials on Hong Kong adolescents’ attitude, knowledge, and behavior relating to sex. *Children and Youth Services Review*, 34, 2156–2163.

Cheung, C.K., Ngai, N.P., & **Ngai, S.S.Y.** (2012). Work commitment among unemployed youth in Hong Kong, Shanghai, and Tianjin. *International Journal of Adolescence and Youth*, 17, 65–83.

Yuan, R., & **Ngai, S.S.Y.** (2012). Social exclusion and neighborhood support: A case study of empty-nest elderly in urban Shanghai. *Journal of Gerontological Social Work*, 55, 587–608.

Ngai, N.P., **Ngai, S.S.Y.**, Cheung, C.K., & To, S.M. (2012). Youth leadership training in Hong Kong: Current developments and the way ahead. *International Journal of Adolescence and Youth*, 17, 165–179.

Ngai, S.S.Y., Cheung, C.K., & Ngai, N.P. (2012). Youth policies and services in Chinese societies. *International Journal of Adolescence and Youth*, 17, 63–64.

Wang, M., & **Ngai, S.S.Y.** (2011). The effects of single parenthood on educational aspiration: A comparative study of children in the United Kingdom and Hong Kong. *Child & Youth Services*, 32(2), 135–154.

Ngai, N.P., **Ngai, S.S.Y.**, & Fang, W. (2011). Revisiting China’s youth policy. *European Journal on Child and Youth Policy*, 17, 54–65.

Ngai, S.S.Y., & Lu, D.P. (2010). Extracurricular involvement in community youth centers: A study of school-aged adolescents, parents and center staff in Mainland China. *International Journal of Adolescence & Youth*, 16, 47–68.

Ngai, S.S.Y., Cheung, C.K., & Ngai, N.P. (2009). Building mutual aid among young people with emotional and behavioral problems: The experiences of Hong Kong social workers. *Adolescence*, 44(174), 447–463.

Ngai, S.S.Y., Cheung, C.K., Ngai, N.P., & To, S.M. (2009). Public assistance reception, social service use, and developmental outcomes among economically disadvantaged young people. *International Journal of Adolescence & Youth*, 15, 103–120.

Ngai, S.S.Y., Cheung, C.K., Ngai, N.P., & Chan, K.B. (2009). Building reciprocal partnerships for service-learning: The experiences of Hong Kong secondary school teachers. *Child & Youth Services*, 31, 170–187.

Ngai, S.S.Y., & Cheung, C.K. (2009). Idealism, altruism, career orientation and emotional exhaustion among social work undergraduates. *Journal of Social Work Education*, 45(1), 105–121.

Fang, W., & Ngai, S.S.Y. (2009). On the indigenization of social exclusion among young rural-urban migrant workers: The case of Hangzhou, a coastal city in China. *International Journal of Adolescence & Youth*, 15, 193–216.

Ngai, S.S.Y. (2009). The effects of program characteristics and psychological engagement on service-learning outcomes: A study of university students in Hong Kong. *Adolescence*, 44, 375–389.

Ngai, S.S.Y., & Cheung, C.K. (2009). The effects of parental care and parental control on the internal assets of adolescent children in Hong Kong. *International Journal of Adolescence & Youth*, 15, 235–255.

Cheung, C.K., & Ngai, S.S.Y. (2009). Surviving hegemony through resistance and identity articulation among outreaching social workers. *Child & Adolescent Social Work Journal*, 26(1), 15–37.

Wong-Kim, E., Sormanti, M., Tang, K.L., & Ngai, S.S.Y. (2009). Talking cancer, saving lives: Breast cancer awareness training for health professionals in Hong Kong. *International Quarterly of Community Health Education*, 28(4), 305–318.

Ngai, S.S.Y., Ngai, N.P., Cheung, C.K., & To S.M. (2008). Service participation, hardiness and developmental outcomes among low-income young people in Hong Kong. *International Journal of Adolescence & Youth*, 14(3), 185–203.

Ngai, S.S.Y., Ngai, N.P., Cheung, C.K., & To S.M. (2008). The effects of service participation, friendship networks and family support on developmental outcomes: A study of young people from low-income families in Hong Kong. *Adolescence*, 43, 399–416.

Cheung, C.K., Lam, C.M., & **Ngai, S.S.Y.** (2008). Help from the parent-teacher association to parenting efficacy: Beyond social status and informal social capital. *Journal of Socio-Economics*, 37, 1134–1152.

Ngai, S.S.Y. (2007). Exploring the validity of the Internet Addiction Test for grades 5–9 students in Hong Kong. *International Journal of Adolescence & Youth*, 13(3), 221–237.

Ngai, S.S.Y., & Ngai, N.P. (2007). Empowerment or disempowerment? A review of youth training schemes for non-engaged young people in Hong Kong. *Adolescence*, 43, 137–149.

Ngai, S.S.Y. (2007). Analyzing Hong Kong outreach worker identity: Associated discourses and power mechanisms. *International Journal of Adolescence & Youth*, 13(4), 311–326.

Cheung, C.K., & **Ngai, S.S.Y.** (2007). Effective group work with delinquents in Hong Kong. *Adolescence*, 42, 151–165.

To, S.M., **Ngai, S.S.Y.**, Ngai, N.P., Cheung, C.K. (2007). Young people's existential concerns and club drug abuse. *International Journal of Adolescence & Youth*, 13(4), 327–341.

Cheung, C.K., Ngai, N.P., & **Ngai, S.S.Y.** (2007). Family strain and adolescent delinquency in two Chinese cities, Guangzhou and Hong Kong. *Journal of Child & Family Studies*, 16(5), 626–641.

Ngai, N.P., Cheung, C.K., & **Ngai, S.S.Y.** (2007). Cognitive and social influences on gang involvement among delinquents in three Chinese cities. *Adolescence*, 42, 381–403.

Ngai, S.S.Y. (2006). Service-learning, personal development and social commitment: A case study of university students in Hong Kong. *Adolescence*, 41, 165–176.

Ngai, S.S.Y. (2006). Exploring emancipatory youth work: The case of Hong Kong outreach workers. *International Social Work*, 49(4), 471–481.

Ngai, S.S.Y., Ngai, N.P., & Cheung, C.K. (2006). Environmental influences on risk taking among Hong Kong young dance partygoers. *Adolescence*, 41, 739–752.

Ngai, S.S.Y., & Cheung, C.K. (2005). When does career strain reduce delinquency? Friendship concern in Hong Kong. *International Journal of Adolescence & Youth*, 12, 131–147.

Ngai, S.S.Y. (2005). Breaking through barriers: The political actions of Hong Kong outreach youth workers. *Hong Kong Journal of Social Work*, 39(1/2), 49–63.

Ngai, S.S.Y., & Ngai, N.P. (2005). Differential effects of service experience and classroom reflection on service-learning outcomes: A study of university students in Hong Kong. *International Journal of Adolescence & Youth*, 12, 231–250.

Ngai, S.S.Y. (2005). Social work: Theory and practice for a changing profession. *Hong Kong Journal of Social Work*, 39(1/2), 139–143.

Conference Papers (Recent 5 Years):

Ngai, S.S.Y. (2025, July). A collaborative model for facilitating school-to-work transitions and enhancing social well-being among non-engaged youth: The case of district career and life development networks in Hong Kong. *International Summer University in Social Work Program on Inter-disciplinarity and Social Work*. Jinan, China.

Ngai, S.S.Y. (2025, June). Promoting the organizational evaluation capacity of nongovernmental organizations: The experience of the Jockey Club MEL Institute project. *25th International Conference on Knowledge, Culture, and Change in Organizations*. Nicosia, Cyprus.

Ngai, S.S.Y. (2025, May). Building sustainable organizational evaluation capacity in NGOs: The case of the Jockey Club MEL Institute Project. *International Conference on Promoting a Sustainable MEL Culture in the NGO Sector: Innovative Designs and Practical Lessons*. Hong Kong, China.

Ngai, S.S.Y. (2024, October). Psychometric properties of the Compassion Scale: A study of Hong Kong adolescents. *14th International Conference on Health, Wellness & Society*. Malmö, Sweden.

Ngai, S.S.Y. (2024, July). Organizational Evaluation Capacity Scale: Factor structure and scale validation among nongovernmental organizations in Hong Kong. *24th International Conference on Knowledge, Culture, and Change in Organization*. Lisbon, Portugal.

Ngai, S.S.Y. (2024, June). Factors conducive to the school-to-work developmental outcomes of young people with chronic disabling health conditions: A review of literature. *2024 APISWEA International Conference: Transforming Evidence into Practice*. Chengdu, China.

Ngai, S.S.Y., & Cheng, H.W. (2024, May). Digital technology in transitions: The experience of CLAP@JC in Hong Kong. *OECD Symposium on Future Dreaming: Career Guidance in the Age of Digital Technologies*. Paris, France.

Ngai, S.S.Y. (2024, April). Building program evaluation capacity for sustainable non-governmental organizations: A case study of the Jockey Club MEL Institute Project in Hong Kong. *Social Work & Social Development – SWSD 2024 World Conference on Respecting Diversity through Joint Social Action*. Panama City, Panama.

Ngai, S.S.Y. (2024, March). Profiling non-engaged youth (NEY) in Hong Kong: Sequence clusters and their risk and protective factors. *Mini-Conference on Poverty and Deprived Groups*. Hong Kong, China.

Ngai, S.S.Y. (2024, March). How to facilitate good transitions with CLD benchmarks—Insights from the Hong Kong Benchmarks (Community). *CLAP@JC Conference 2024*. Hong Kong, China.

Ngai, S.S.Y. (2023, March). Promoting a monitoring, evaluation, and learning (MEL) culture among NGO practitioners in Hong Kong: The experience of the Jockey Club MEL Institute Project. *4th Annual Conference on Research & Advocacy cum Workshop—Realizing Power of Research in Different Positions of Organization: Adaptation, Development, Innovation*. Hong Kong, China.

Ngai, S.S.Y. (2023, October). Unlocking potential in empowering non-engaged youth through quality career and life development interventions—Insights from the Hong Kong Benchmarks (Community) Pilot Program. *CUHK SWK 60th Anniversary International Conference on Social Welfare Policy, Practice, Research and Education: Toward an Equitable and Sustainable Future*. Hong Kong, China.

Ngai, S.S.Y. (2023, July). Promoting social well-being through career interventions among non-engaged youth: The experience of CLAP@JC in Hong Kong. *International Summer University in Social Work Program on Creating Sustainable and Equitable Societies: The Intersection of Social Work and Sustainability in the Aftermath of COVID-19*. Sydney, Australia.

Ngai, S.S.Y. (2023, July). Career and Life Development Hope (CLDH) Scale: Factor structure and scale validation among non-engaged youth in Hong Kong. *18th International Conference on Interdisciplinary Social Sciences*. Oxford, UK.

Ngai, S.S.Y., & Cheung, C.K. (2023, May-June). Impact of career interventions on career competency and social well-being: A study of non-engaged youth in Hong Kong. *OECD Conference on Disrupted Futures 2023: International Lessons on How Schools Can Best Equip Students for Their Working Lives*. Paris, France.

Ngai, S.S.Y. (2023, January). Development and validation of the Self-Help Organization Development Scale (SHODS) among patients with chronic health conditions in Hong Kong. *23rd International Conference on Knowledge, Culture, and Change in Organizations*. Auckland, New Zealand.

Ngai, S.S.Y. (2022, November). Program Evaluation Capacity Scale (PECS): Factor structure and scale validation in Hong Kong NGO practitioners. *The International Forum on Social Policy and High-Quality Development*. Hangzhou, China.

Ngai, S.S.Y. (2022, September). Relationship between group interaction, emotional support reception and provision, and psychological well-being among young patients with chronic health conditions. *International Forum on Public Health and Health Care Management*. Budapest, Hungary.

Ngai, S.S.Y. (2022, July). The mediating effect of self-management on the relationship between trust in mutual aid group members and well-being among young patients with chronic illness. *17th International Conference on Interdisciplinary Social Sciences*. Athens, Greece.

Ngai, S.S.Y. (2022, July). Model development for indigenizing best practices for sustainable self-help movement: A study of self-help organizations in Hong Kong. *2022 International Summer University in Social Work Program on Community Engagement and Social Justice*. Los Angeles, USA.

Ngai, S.S.Y. (2021, December). Closing remarks: Outcomes and social impact of the Urban Renewal Fund. *10th Anniversary Conference of the Urban Renewal Fund on Envisioning Good Practices for Socio-cultural Sustainability in Urban Renewal: Innovations and Inspirations*. Hong Kong, China.

Ngai, S.S.Y., Cheung, C.K., & Wang, L. (2021, October). Youth Career Development Competency (YCDC) Scale: Factor structure and scale validation among Hong Kong youth aged 15-18. *OECD Conference on Disrupted Futures: International Lessons on How Schools Can Best Equip Students for Their Working Lives*. Paris, France.

Ngai, S.S.Y. (2021, October). Promoting NGO capacity building in program evaluation and social impact assessment: The experience of the Jockey Club MEL Institute Project. *International Conference on Program Evaluation and Social Impact Assessment*. Hong Kong, China.

Ngai, S.S.Y. (2021, July). Capacity building for sustainable NGO development: Blended learning experience in the Jockey Club MEL Institute Project. *2021 International Summer University in Social Work Program on Online Social Work—Practice and Practitioners*. Jinan, China.

Ngai, S.S.Y. (2021, March). An exploration of best practices for promoting sustainable development of self-help organizations. *15th International Interdisciplinary Conference: Comparative Studies in Modern Societies; Balkans in European and Global Context*. Prizren, Kosovo.

Ngai, S.S.Y. (2021, March). Effects of supportive interaction and facilitator input variety on treatment adherence of young patients participating in mutual aid groups. *International Social Work Education and Development Online Conference 2021*.

Ngai, S.S.Y. (2021, March). Work motivation of unemployed youth: Effects of length of unemployment, job information acquisition, self-actualization, and financial dependence on parents. *Annual Postgraduate Research Symposium on Social Welfare and Social Work in a Volatile World: Policy, Research and Practice*. Hong Kong, China.

Ngai, S.S.Y. (2021, February). The influence of key training elements on work motivation and work engagement: A study of unemployed youth participating in vocational training schemes in Tianjin, China. *IV ISA Forum of Sociology*. Porto Alegre, Brazil.

Ngai, S.S.Y. (2020, December). Lesson learned from the Jockey Club MEL Institute Project. *Annual Conference of the International Association for Outcome-based Evaluation and Research on Family and Children's Services: The Challenges of Outcome Evaluation in Human Services*. Padova, Italy.

Ngai, S.S.Y. (2020, July). Development and validation of an illness management instrument among Chinese adolescents and young adults in Hong Kong. *15th International Conference on Interdisciplinary Social Sciences*. Athens, Greece.

Ngai, S.S.Y., & Cheung, C.K. (2020, July). Model development and best practice strategies for sustainable development of self-help organizations in Hong Kong: Key findings. *Symposium on Development of Mutual Aid among Chronic Patients in Hong Kong*. Hong Kong, China.

Keynote/ Plenary/ Invited Conference & Symposium Presentations (Recent 5 Years):

07/2025 Invited speech on “A Collaborative Model for Facilitating School-to-Work Transitions and Enhancing Social Well-Being Among Non-Engaged Youth: The Case of District Career and Life Development Networks in Hong Kong” in the International Summer University in Social Work Program on Inter-disciplinarity and Social Work. Jinan, China.

- 05/2025 Keynote speech on “Building Sustainable Organizational Evaluation Capacity in NGOs: The Case of the Jockey Club MEL Institute Project” in the International Conference on Promoting a Sustainable MEL Culture in the NGO Sector: Innovative Designs and Practical Lessons. Hong Kong, China.
- 05/2024 Invited speech on “Digital Technology in Transitions: The Experience of CLAP@JC in Hong Kong” in the OECD Symposium on Future Dreaming: Career Guidance in the Age of Digital Technologies. Paris, France.
- 03/2024 Plenary speech on “Profiling Non-Engaged Youth (NEY) in Hong Kong: Sequence Clusters and Their Risk and Protective Factors” in the Mini-Conference on Poverty and Deprived Groups. Hong Kong, China.
- 03/2024 Keynote speech on “How to Facilitate Good Transitions with CLD Benchmarks—Insights from the Hong Kong Benchmarks (Community)” in the CLAP@JC Conference 2024. Hong Kong, China.
- 03/2024 Keynote speech on “Promoting a Monitoring, Evaluation, and Learning (MEL) Culture among NGO Practitioners in Hong Kong: The Experience of the Jockey Club MEL Institute Project” in the 4th Annual Conference on Research & Advocacy cum Workshop—Realizing Power of Research in Different Positions of Organization: Adaptation, Development, Innovation. Hong Kong, China.
- 10/2023 Keynote speech on “Unlocking Potential in Empowering Non-Engaged Youth through Quality Career and Life Development Interventions—Insights from the Hong Kong Benchmarks (Community) Pilot Program” in the 60th Anniversary International Conference on Social Welfare Policy, Practice, Research and Education: Toward an Equitable and Sustainable Future. Hong Kong, China.
- 07/2023 Keynote speech on “Promoting Social Well-Being through Career Interventions among Non-Engaged Youth: The Experience of CLAP@JC in Hong Kong” in the International Summer University in Social Work Program on Creating Sustainable and Equitable Societies: The Intersection of Social Work and Sustainability in the Aftermath of COVID-19. Sydney, Australia.
- 11.2022 Invited speech on “Program Evaluation Capacity Scale (PECS): Factor Structure and Scale Validation in Hong Kong NGO Practitioners” in the International Forum on Social Policy and High-Quality Development. Hangzhou, China.
- 10/2021 Keynote speech on “Promoting NGO Capacity Building in Program Evaluation and Social Impact Assessment: The Experience of the Jockey Club MEL Institute Project” in the International Conference on Program Evaluation and Social Impact Assessment. Hong Kong, China.
- 03/2021 Keynote speech on “Work Motivation of Unemployed Youth: Effects of Length of Unemployment, Job Information Acquisition, Self-actualization, and Financial Dependence on Parents” in the Annual Postgraduate Research Symposium on Social Welfare and Social Work in a Volatile World: Policy, Research and Practice. Hong Kong, China.
- 07/2020 Keynote speech on “Model Development and Best Practice Strategies for Sustainable Development of Self-Help Organizations in Hong Kong: Key Findings” in the Symposium on Development of Mutual Aid among Chronic Patients in Hong Kong. Hong Kong, China.

Community/ Professional Involvement (2024-2025):

1. Chairperson, Board of Directors for Urban Renewal Fund, Hong Kong SAR Government
2. Research and Evaluation Committee Member, Investor and Financial Education Council, Hong Kong SAR Government
3. Editor-in-Chief, *Children and Youth Services Review*
4. Member, Editorial Board of *Journal of Adolescence*, *Youth and Globalization*, *Brill Research Perspectives in Global Youth*, and *International Journal of Adolescence & Youth*
5. Adjunct Professor, School of Social Sciences and Psychology, Western Sydney University, Australia
6. Member, Assessment Panel for Qualification Recognition, Social Workers Registration Board
7. External Member, Assessment Panel for Qualification Recognition, Hong Kong Nursing Council
8. Subject Specialist, Hong Kong Council for Accreditation of Academic & Vocational Qualifications

Quotations & Photos:

"The prospect of living without certainty or necessity may cause us to respond with fear, anxiety, and insecurity, but equally it allows us to live with imagination and responsibility."

Smart, B., 1993, *Postmodernity*

Theatre Festival, Avignon, France



The Palace of the Popes, Avignon, France



「也許最沉重的負擔同時也是一種生活最為充實的象徵，
負擔越沉重，我們的生活也就越貼近大地，越趨近真切和實在。

相反，完全沒有負擔，人變得比大氣還輕，會高高地飛起，
離別大地亦即離別真實的生活。他將變得似真非真，運動和自由都毫無意義。

那麼我們將選擇什麼呢？沉重還是輕鬆？」

米蘭·昆德拉 (Milan Kundera) 1984, *生命中不能承受之輕*

Teotihuacan, Mexico City, Mexico



Cape Point, South Africa – Where the Indian Ocean Meets the Atlantic Ocean



Roman Aqueduct, Segovia, Spain

