

Curriculum Vitae of Dr. NGAI Sek-Yum, Steven

Present Post: Professor

Correspondence: Department of Social Work, The Chinese University of Hong Kong
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Education & Qualifications:

The Chinese University of Hong Kong	PhD (Sociology)
The Chinese University of Hong Kong	Master of Social Work
University of Hong Kong	B.Soc.Sc. (Social Work)
Hong Kong Social Workers Registration Board	Registered Social Worker

Specialty & Research Interests:

My current research interests are in the areas of career and life development of disadvantaged youth, mutual aid and youth empowerment, and service learning and leadership development. In total, I have published over 200 articles on these areas, including 160 refereed publications in journals, books, and conference proceedings. Since 2000, I have conducted 35 research projects. Among them, four are funded by the Research Grants Council (RGC) of Hong Kong and another 26 commissioned by government bureaus/nongovernmental organizations (NGOs) in Hong Kong or Macao. Given my ongoing efforts and remarkable performance in teaching and research, I received CUHK Faculty of Social Science Exemplary Teaching Award in 2000, CUHK Research Excellence Award in 2011, and CUHK University Education Award in 2014.

Research Projects (In Capacity of Principal Investigator; Since 2004):

Title	Investigator(s)	Granting Agency	Year	Amount (HK\$)
Jockey Club MEL Institute Project (Phase Two)	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (CI) Kim Minseop (CI) Cheng Qijin (CI) Cui Jiali, Angela (CI) Li Jia, Jessica (CI) Leung Kit-ting, Joanne (CI) Ho Wai-ming, Hannah (CI) So Yuk-yan (CI)	Hong Kong Jockey Club Charities Trust	2022-2025	12,080,000**
Second Phase of Career and Life Adventure Planning for Youth (CLAP for Youth@JC): Fostering Sustainable Ecosystem to Smoothen the Transition from School to Productive Work and Fulfilling Life for All Youth	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI) Kim Minseop (CI) Cheng Qijin (CI) Leung Kit-ting, Joanne (CI) Ho Wai-ming, Hannah (CI) Law Yee-man, Moon (CI)	Hong Kong Jockey Club Charities Trust	2020-2025	77,780,000**

Building Capacity among Practitioners and Students of Social Work and Healthcare Professions for Anti-Drug Work with Young Adults, Pregnant Women/Mothers, and Sexual Minorities: An Integrated Humanistic and Cognitive-Behavioral Training Program Augmented by an Online Learning Platform	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (CI) To Siu-ming (CI) Cheung Mei-chun (CI)	Beat Drugs Fund Association	2020-2023	1,721,112**
Jockey Club MEL Institute Project: Certificate Training cum Mentored Practicum Augmented by an e-Learning Knowledge Hub	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI) Kim Minseop (CI) Cheng Qijin (CI) Wong King-shui, Phyllis (CI) Cui Jiali, Angela (CI) Leung Kit-ting, Joanne (CI) Ho Wai-ming, Hannah (CI) So Yuk-yan (CI)	Hong Kong Jockey Club Charities Trust	2019-2022	13,303,372**
Evaluation Study of the HSBC Young Financial Planners Program	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (CI)	Investor Education Centre of the HKSAR Government	2018-2021	399,329**
Enhancing Competence in Anti-drug Work among Practitioners and Students of Social Work and Healthcare Professions: An Integrated Humanistic and Cognitive-Behavioral Training Program with Focus on High-risk Youth and Drug Rehabilitation Service Settings	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (CI) To Siu-ming (CI) Cheung Mei-chun (CI)	Beat Drugs Fund Association	2018-2020	946,910**
Research on Development Model and Social Impact of Self Help Organizations in Hong Kong	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (CI)	Hong Kong Society for Rehabilitation	2018-2020	200,000**
Mutual Aid among Young People with Chronic Illness	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (CI) To Siu-ming (CI) Chow Yin-man, Amy (CI) Tsui Ming-sum (CI)	Research Grant Council	2017-2020	854,424*
An Integrated Humanistic and Cognitive-Behavioral Training Program to Promote Effective and	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (CI) To Siu-ming (CI)	Beat Drugs Fund Association	2016-2018	817,650*

Sustained Anti-Drug Work among Practitioners and Students of Social Work and Healthcare Professions	Cheung Mei-chun (CI)			
Evaluation Study of Student Counseling Service in Macao	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (CI) To Siu-ming (CI) Ngai Ngan-pun (CI) Leung Suk-man, Grace (CI) Liu Ying (CI)	Education and Youth Affairs Bureau, Macao SAR Government	2016-2017	871,130**
Research on Cyber Youth Outreach Project — Engaging Youth at Risk from Social Exclusion to Social Inclusion	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI) Chan Chi-tat (PI)	The Hong Kong Jockey Club Charities Trust	2015-2018	1,170,000**
Toward A Drug-Free Campus: An Integrated Humanistic and Cognitive-Behavioral Training on Anti-Drug Work for Practitioners and Students of the Teaching Profession	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI) To siu-ming (CI) Mak Wing Sze, Winnie (CI)	Beat Drugs Fund Association	2014-2016	583,500**
Building Competence for Sustained Anti-Drug Work: An Integrated Humanistic and Cognitive-Behavioral Training for Practitioners and Students of Social Work and Healthcare Professions	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI) To Siu-ming (CI)	Beat Drugs Fund Association	2013-2015	722,200**
“Life College” — A Research and Service Development Project for Young Drug Abusers Who Are Either Unemployed or Working in High Risk Industries	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI)	Beat Drugs Fund Association	2013-2016	4,050,789**
“Search’n Care” – A Research and Service Development Project on Cyber Outreaching Youth Social Work	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI)	Social Welfare Department, Hong Kong SAR Government	2011-2014	5,199,933**
Mobilizing Community Support for Young Drug Service Users’ Community Attachment	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI) Ngai Ngan-pun (CI)	Beat Drugs Fund Association	2010-2012	1,458,047**
“Project Muguet” – A Research and Service Development Project for Drug-abusing Mothers	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI) Ngai Ngan-pun (CI)	Beat Drugs Fund Association	2010-2012	1,347,785**
Effects of Service Participation and Social Capital on the	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (CI) Ngai Ngan-pun (CI)	Research Grant Council	2009-2011	499,520*

School-to-Work Transition of Economically Disadvantaged Young People				
Navigator to Community Service in Other Learning Experiences: From Experience to Learning	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI) Ngai Ngan-pun (CI) Chan Kwok-bong (CI)	Education Bureau, Hong Kong SAR Government	2009	483,000**
Effective Ways to Dispel Misunderstandings about Psychotropic Substances in Youth at Risk for Drug Abuse Problems	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI) Ngai Ngan-pun (CI) Kwok Nai-yung (CI) Szeto Ming-wong (CI) Chan Kin-yi (CI)	Beat Drugs Fund Association	2008- 2010	756,886**
Partnership Scheme of Other Learning Experiences on Community Service	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (PI) Ngai Ngan-pun (CI) & Chan Kwok-bong (CI)	Education Bureau, Hong Kong SAR Government	2008- 2010	1,200,180**
Mutual Aid among Youth with Emotional and Behavioral Problems	Ngai Sek-yum, Steven (PI) Cheung Chau-kiu (CI) Ngai Ngan-pun (CI)	Research Grant Council	2007- 2010	459,200*
Pilot Study on Policies for Strengthening Family Functioning in Hong Kong	Ngai Sek-yum, Steven (PI) Tang Kwong-leung (CI) Lam Ching-man (CI) Lam Mong-chow (CI) Cheung Chau-kiu (CI)	Central Policy Unit, Hong Kong SAR Government	2005	149,960**
Total amount of research grants/contracts in capacity of principal investigator since 2004: HK\$127,054,927				

* Research funded by external competitive grant

** Research commissioned by government bureau/ NGO in Hong Kong or Macao

Refereed Journal Publications (Since 2004):

Ngai, S.S.Y., Cheung, C.K., Wang, L., Li, Y.J., Ng, Y.H., Yu, E.N.H., & Leung, W.P.C. (2022). Development and validation of the Career and Life Development Hope (CLDH) Scale among non-engaged youth in Hong Kong. *International Journal of Environmental Research and Public Health*, 19(16), 10283. <https://doi.org/10.3390/ijerph191610283>

Ngai, S.S.Y., Cheung, C.K., Li, Y.J., Zhao, L.F., Jiang, S., Wang, L., & Tang, H.Y. (2022). Building program evaluation capacity of non-governmental organizations practitioners in Hong Kong. *Research on Social Work Practice*. Advance Online Publication. <https://doi.org/10.1177/10497315211067809>

Zhao, L.F., & **Ngai, S.S.Y.** (2022). Perceived discrimination at school and developmental outcomes among Bai adolescents: The mediating roles of self-esteem and ethnic identity. *International Journal of Environmental Research and Public Health*, 19, 657. <https://doi.org/10.3390/ijerph19020657>

Ngai, S.S.Y., Wang, L., Cheung, C.K., Mo, J.H., Ng, Y.H., & Wang, P.Q. (2021). Development and validation of the Youth Career Development Competency Scale: A study based on Hong Kong youth. *International Journal of Environmental Research and Public Health*, *18*, 12494. <https://doi.org/10.3390/ijerph182312494>

Ngai, S.S.Y., Cheung, C.K., Mo, J.H., Chau, S.Y.H., Yu, E.N.H., Wang, L., & Tang, H.Y. (2021). Mediating effects of emotional support reception and provision on the relationship between group interaction and psychological well-being: A study of young patients. *International Journal of Environmental Research and Public Health*, *18*, 12110. <https://doi.org/10.3390/ijerph182212110>

Ngai, S.S.Y., Jiang, S., Cheung, C.K., Wang, L., & Tang, H.Y. (2021). Trust in mutual aid group members, self-management of chronic illness, and well-being among young patients with chronic illness in Hong Kong. *Children and Youth Services Review*, *130*, 106240. <https://doi.org/10.1016/j.chilyouth.2021.106240>

Ngai, S.S.Y., Cheung, C.K., Ng, Y.H., Shang, L., Tang, H.Y., Ngai, H.L., & Wong, K.H.C. (2021). Time effects of supportive interaction and facilitator input variety on treatment adherence of young people with chronic health conditions: A dynamic mechanism in mutual aid groups. *International Journal of Environmental Research and Public Health*, *18*, 3061. <https://doi.org/10.3390/ijerph18063061>

Ngai, S.S.Y., Jiang S., Cheung, C.K., Tang, H.Y., Ngai, H.L., & Ng, Y.H. (2021). Measuring development of self-help organizations for patients with chronic health conditions in Hong Kong: Development and validation of the Self-Help Organization Development Scale (SHODS). *International Journal of Environmental Research and Public Health*, *18*, 1351. <https://doi.org/10.3390/ijerph18031351>

Jiang, S., & **Ngai, S.S.Y.** (2021). Effects of structural-economic and socio-relational exclusion on well-being of Chinese migrant children. *Health and Social Care in the Community*. Advance Online Publication. <https://doi.org/10.1111/hsc.13564>

Wang, L., & **Ngai, S.S.Y.** (2021). Cyberbullying perpetration among Chinese adolescents: The role of power imbalance, fun-seeking tendency, and attitude toward cyberbullying. *Journal of Interpersonal Violence*. Advance Online Publication. doi: 10.1177/08862605211062988

Wang, L., & **Ngai, S.S.Y.** (2021). Understanding the effects of personal factors and situational factors for adolescent cyberbullying perpetration: The roles of internal states and parental mediation. *Journal of Adolescence*, *89*, 28-40.

Guo, H., & **Ngai, S.S.Y.** (2021). Domestic generative acts and life satisfaction among supplementary grandparent caregivers in urban China: Mediated by social support and moderated by hukou status. *International Journal of Environmental Research and Public Health*, *18*, 11788. <https://doi.org/10.3390/ijerph182211788>

Guo, H., & **Ngai, S.S.Y.** (2021). Validation of the Generative Acts Scale-Chinese Version (GAS-C) among middle-aged and older adults as grandparents in mainland China. *International Journal of Environmental Research and Public Health*, *18*, 9950. <https://doi.org/10.3390/ijerph18199950>

Ngai, S.S.Y., Cheung, C.K., Ng, Y.H., Tang, H.Y., Ngai, H.L., & Wong, K.H.C. (2020). Development and validation of the chronic illness self-management (CISM) scale: Data from a young patient sample in Hong Kong. *Children and Youth Services Review*, *114*. <https://doi.org/10.1016/j.chidyouth.2020.105077>

Wang, L., & **Ngai, S.S.Y.** (2020). The effects of anonymity, invisibility, asynchrony, and moral disengagement on cyberbullying perpetration among school-aged children in China. *Children and Youth Services Review*, *119*. <https://doi.org/10.1016/j.chidyouth.2020.105613>

Jiang, S., & **Ngai, S.S.Y.** (2020). Social exclusion and multi-domain well-being in Chinese migrant children: Exploring the psychosocial mechanisms of need satisfaction and need frustration. *Children and Youth Services Review*, *116*. <https://doi.org/10.1016/j.chidyouth.2020.105182>

Ge, T., & **Ngai, S.S.Y.** (2020). Three pathways to promote poverty resilience: The effects of poverty on children's educational and behavioral performance under multisystems in China. *Children and Youth Services Review*, *113*. <https://doi.org/10.1016/j.chidyouth.2020.104962>

Liu, Y., & **Ngai, S.S.Y.** (2020). Social capital, self-efficacy, and healthy identity development among Chinese adolescents with and without economic disadvantages. *Journal of Child and Family Studies*, *29*, 3198–3210

Xie, H., & **Ngai, S.S.Y.** (2020). Participant roles of peer bystanders in school bullying situations: Evidence from Wuhan, China. *Children and Youth Services Review*, *110*. <https://doi.org/10.1016/j.chidyouth.2020.104762>

Huang, D., & **Ngai, S.S.Y.** (2020). Decision-making, abortion narratives and identity construction towards abortion among rural–urban single migrant women in mainland China: Insights for social work practice and education. *International Social Work*. <https://doi.org/10.1177/0020872820959375>

Liu, Y., & **Ngai, S.S.Y.** (2019). The Impact of social capital, self-efficacy, and resilience on the prosocial involvement of adolescents from families with and without economic disadvantages. *Child Indicators Research*, *12*, 1735–1757.

Chan, C.T., & **Ngai, S.S.Y.** (2019). Utilizing social media for social work: Insights from clients in online youth services. *Journal of Social Work Practice*, *33*(2), 157-172.

Yuan, R., & **Ngai, S.S.Y.** (2019). Generating identity capital from family capital and personal agency: A mediation analysis. *Journal of Adult Development*, *26*, 71-80.

Ngai, S.S.Y., Cheung, C.K., & Ng, Y.H. (2018). Drug use history as a moderator of the effects of virtuous orientation on the realization of drug harm in youth. *Children and Youth Services Review*, *95*, 1–11.

Ngai, S.S.Y., Cheung, C.K., Xie, L., Ng, Y.H., Ngai, H.L., Liu, Y., & Ho, J.C.M. (2018). Psychometric properties of the Parental Bonding Instrument: Data from a Chinese adolescent sample in Hong Kong. *Journal of Child and Family Studies*, *27*, 2112–2124.

Ngai, S.S.Y., Xie, L., Ng, Y.H., & Ngai, H.L. (2018). The effects of parenting behavior on

prosocial behavior of Chinese adolescents in Hong Kong. *Children and Youth Services Review*, 87, 154–162.

Ngai, S.S.Y., & Xie, L. (2018). Toward a Validation of the Prosocial Tendencies Measure among Chinese Adolescents in Hong Kong. *Child Indicators Research*, 11, 1281–1299.

Cheung, C.K., & **Ngai, S.S.Y.** (2017). Predicting drug-free days among at-risk youth. *Journal of Social Work*, 17, 599–615.

Ngai, S.S.Y., Cheung, C.K., Yuan, R., & Lin, S. (2016). Work motivation of unemployed youths: Moderating effects of financial dependence on parents. *Children and Youth Services Review*, 71, 157–165.

Ngai, S.S.Y., Cheung, C.K., & Yuan, R. (2016). Effects of vocational training on unemployed youths' work motivation and work engagement: Mediating roles of training adequacy and self-actualization. *Children and Youth Services Review*, 63, 93-110.

Cheung, C.K., & **Ngai, S.S.Y.** (2016). Encouraging the disuse of illicit drugs among at-risk youth. *International Journal of Offender Therapy and Comparative Criminology*, 60, 640-656.

Yuan, R., & **Ngai, S.S.Y.** (2016). Agentic personality as mediator of social capital on developmental outcomes in the transition to adulthood: Evidence from Shanghai, China. *Journal of Adolescence*, 46, 1-13.

Cheung, C.K., & **Ngai, S.S.Y.** (2016). Reducing deviance through youths' mutual aid group dynamics. *International Journal of Offender Therapy and Comparative Criminology*, 60, 82-98.

Ngai, S.S.Y. (2015). Parental bonding and character strengths among Chinese adolescents in Hong Kong. *International Journal of Adolescence and Youth*, 20(3), 317-333.

To, S.M., Iu Kan, S.M., & **Ngai, S.S.Y.** (2015). Interaction effects between exposure to sexually explicit online materials and individual, family, and extra-familial factors on Hong Kong high school students' beliefs about gender role equality and body-centered sexuality. *Youth & Society*, 47(6), 747-768.

Cheung, C.K., & **Ngai, S.S.Y.** (2015). Four- and ten-month lagged effects of individual counseling on the prosocial behavior of young people. *Children and Youth Services Review*, 52, 89-96.

Ngai, S.S.Y., Cheung, C.K., To, S.M., Luan, H., & Zhao, R. (2014). Economic disadvantage and transitional outcomes: A study of young people living in low-income families in Hong Kong. *International Journal of Adolescence and Youth*, 19, 318-335.

To, S.M., Tam, H.L., **Ngai, S.S.Y.**, & Sung, W.L. (2014). Sense of meaningfulness, sources of meaning, and self-evaluation of economically disadvantaged youth in Hong Kong: Implications for youth development programs. *Children and Youth Services Review*, 47, 352-361.

Ngai, S.S.Y., Cheung, C.K., To, S.M., Liu, Y., & Song, H.Y. (2013). Parent-child relationships, friendship networks, and developmental outcomes of economically disadvantaged youth in Hong Kong. *Children and Youth Services Review*, *35*, 91-101.

Cheung, C.K., & **Ngai, S.S.Y.** (2013). Reducing youth's drug abuse through training social workers for cognitive-behavioral integrated treatment. *Children and Youth Services Review*, *35*, 302-311.

Ngai, S.S.Y., Cheung, C.K., & Ngai, N.P. (2012). Effects of service use, family social capital, and school social capital on psychosocial development among economically disadvantaged secondary school students in Hong Kong. *International Journal of Adolescence and Youth*, *17*, 131-148.

To, S.M., **Ngai, S.S.Y.**, & Iu Kan, S.M. (2012). Direct and mediating effects of accessing sexually explicit online materials on Hong Kong adolescents' attitude, knowledge, and behavior relating to sex. *Children and Youth Services Review*, *34*, 2156-2163.

Cheung, C.K., Ngai, N.P., & **Ngai, S.S.Y.** (2012). Work commitment among unemployed youth in Hong Kong, Shanghai, and Tianjin. *International Journal of Adolescence and Youth*, *17*, 65-83.

Yuan, R., & **Ngai, S.S.Y.** (2012). Social exclusion and neighborhood support: A case study of empty-nest elderly in urban Shanghai. *Journal of Gerontological Social Work*, *55*, 587-608.

Ngai, N.P., **Ngai, S.S.Y.**, Cheung, C.K., & To, S.M. (2012). Youth leadership training in Hong Kong: Current developments and the way ahead. *International Journal of Adolescence and Youth*, *17*, 165-179.

Ngai, S.S.Y., Cheung, C.K., & Ngai, N.P. (2012). Youth policies and services in Chinese societies. *International Journal of Adolescence and Youth*, *17*, 63-64.

Wang, M., & **Ngai, S.S.Y.** (2011). The effects of single parenthood on educational aspiration: A comparative study of children in the United Kingdom and Hong Kong. *Child & Youth Services*, *32*(2), 135-154.

Ngai, N.P., **Ngai, S.S.Y.**, & Fang, W. (2011). Revisiting China's youth policy. *European Journal on Child and Youth Policy*, *17*, 54-65.

Ngai, S.S.Y., & Lu, D.P. (2010). Extracurricular involvement in community youth centers: A study of school-aged adolescents, parents and center staff in Mainland China. *International Journal of Adolescence & Youth*, *16*, 47-68.

Ngai, S.S.Y., Cheung, C.K., & Ngai, N.P. (2009). Building mutual aid among young people with emotional and behavioral problems: The experiences of Hong Kong social workers. *Adolescence*, *44*(174), 447-463.

Ngai, S.S.Y., Cheung, C.K., Ngai, N.P., & To, S.M. (2009). Public assistance reception, social service use, and developmental outcomes among economically disadvantaged young people. *International Journal of Adolescence & Youth*, *15*, 103-120.

Ngai, S.S.Y., Cheung, C.K., Ngai, N.P., & Chan, K.B. (2009). Building reciprocal partnerships for service-learning: The experiences of Hong Kong secondary school teachers. *Child & Youth Services, 31*, 170-187.

Ngai, S.S.Y., & Cheung, C.K. (2009). Idealism, altruism, career orientation and emotional exhaustion among social work undergraduates. *Journal of Social Work Education, 45*(1), 105-121.

Fang, W., & **Ngai, S.S.Y.** (2009). On the indigenization of social exclusion among young rural-urban migrant workers: The case of Hangzhou, a coastal city in China. *International Journal of Adolescence & Youth, 15*, 193-216.

Ngai, S.S.Y. (2009). The effects of program characteristics and psychological engagement on service-learning outcomes: A study of university students in Hong Kong. *Adolescence, 44*, 375-389.

Ngai, S.S.Y., & Cheung, C.K. (2009). The effects of parental care and parental control on the internal assets of adolescent children in Hong Kong. *International Journal of Adolescence & Youth, 15*, 235-255.

Cheung, C.K., & **Ngai, S.S.Y.** (2009). Surviving hegemony through resistance and identity articulation among outreaching social workers. *Child & Adolescent Social Work Journal, 26*(1), 15-37.

Wong-Kim, E., Sormanti, M., Tang, K.L., & **Ngai, S.S.Y.** (2009). Talking cancer, saving lives: Breast cancer awareness training for health professionals in Hong Kong. *International Quarterly of Community Health Education, 28*(4), 305-318.

Ngai, S.S.Y., Ngai, N.P., Cheung, C.K., & To S.M. (2008). Service participation, hardiness and developmental outcomes among low-income young people in Hong Kong. *International Journal of Adolescence & Youth, 14*(3), 185-203.

Ngai, S.S.Y., Ngai, N.P., Cheung, C.K., & To S.M. (2008). The effects of service participation, friendship networks and family support on developmental outcomes: A study of young people from low-income families in Hong Kong. *Adolescence, 43*, 399-416.

Cheung, C.K., Lam, C.M., & **Ngai, S.S.Y.** (2008). Help from the parent-teacher association to parenting efficacy: Beyond social status and informal social capital. *Journal of Socio-Economics, 37*, 1134-1152.

Ngai, S.S.Y. (2007). Exploring the validity of the Internet Addiction Test for grades 5-9 students in Hong Kong. *International Journal of Adolescence & Youth, 13*(3), 221-237.

Ngai, S.S.Y., & Ngai, N.P. (2007). Empowerment or disempowerment? A review of youth training schemes for non-engaged young people in Hong Kong. *Adolescence, 43*, 137-149.

Ngai, S.S.Y. (2007). Analyzing Hong Kong outreach worker identity: Associated discourses and power mechanisms. *International Journal of Adolescence & Youth, 13*(4), 311-326.

Cheung, C.K., & **Ngai, S.S.Y.** (2007). Effective group work with delinquents in Hong Kong. *Adolescence*, 42, 151-165.

To, S.M., **Ngai, S.S.Y.**, Ngai, N.P., Cheung, C.K. (2007). Young people's existential concerns and club drug abuse. *International Journal of Adolescence & Youth*, 13(4), 327-341.

Cheung, C.K., Ngai, N.P., & **Ngai, S.S.Y.** (2007). Family strain and adolescent delinquency in two Chinese cities, Guangzhou and Hong Kong. *Journal of Child & Family Studies*, 16(5), 626-641.

Ngai, N.P., Cheung, C.K., & **Ngai, S.S.Y.** (2007). Cognitive and social influences on gang involvement among delinquents in three Chinese cities. *Adolescence*, 42, 381-403.

Ngai, S.S.Y. (2006). Service-learning, personal development and social commitment: A case study of university students in Hong Kong. *Adolescence*, 41, 165-176.

Ngai, S.S.Y. (2006). Exploring emancipatory youth work: The case of Hong Kong outreach workers. *International Social Work*, 49(4), 471-481.

Ngai, S.S.Y., Ngai, N.P., & Cheung, C.K. (2006). Environmental influences on risk taking among Hong Kong young dance partygoers. *Adolescence*, 41, 739-752.

Ngai, S.S.Y., & Cheung, C.K. (2005). When does career strain reduce delinquency? Friendship concern in Hong Kong. *International Journal of Adolescence & Youth*, 12, 131-147.

Ngai, S.S.Y. (2005). Breaking through barriers: The political actions of Hong Kong outreach youth workers. *Hong Kong Journal of Social Work*, 39(1/2), 49-63.

Ngai, S.S.Y., & Ngai, N.P. (2005). Differential effects of service experience and classroom reflection on service-learning outcomes: A study of university students in Hong Kong. *International Journal of Adolescence & Youth*, 12, 231-250.

Ngai, S.S.Y. (2005). Social work: Theory and practice for a changing profession. *Hong Kong Journal of Social Work*, 39(1/2), 139-143.

Ngai, S.S.Y. (2004). Group work with disaffected students: A reality therapy approach. *Hong Kong Journal of Social Work*, 38, 15-34.

Tang, K.L., Lam, M.C., & **Ngai, S.S.Y.** (2004). Tackling discrimination among ethnic minorities: The case of post-colonial Hong Kong. *Indian Journal of Social Work*, 6, 352-272.

Refereed Conference Papers (Recent 5 Years):

Ngai, S.S.Y. (2022, September). Relationship between group interaction, emotional support reception and provision, and psychological well-being among young patients with chronic health conditions. *International Forum on Public Health and Health Care Management*. Budapest, Hungary.

Ngai, S.S.Y. (2022, July). The mediating effect of self-management on the relationship between trust in mutual aid group members and well-being among young patients with chronic illness. *17th International Conference on Interdisciplinary Social Sciences*. Athens,

Greece.

Ngai, S.S.Y. (2022, July). Model development for indigenizing best practices for sustainable self-help movement: A study of self-help organizations in Hong Kong. *2022 International Summer University in Social Work Program on Community Engagement and Social Justice*. Los Angeles, USA.

Ngai, S.S.Y. (2021, December). Closing remarks: Outcomes and social impact of the Urban Renewal Fund. *10th Anniversary Conference of the Urban Renewal Fund on Envisioning Good Practices for Socio-cultural Sustainability in Urban Renewal: Innovations and Inspirations*. Hong Kong, China.

Ngai, S.S.Y., Cheung, C.K., & Wang, L. (2021, October). Youth Career Development Competency (YCDC) Scale: Factor structure and scale validation among Hong Kong youth aged 15-18. *OECD Conference on Disrupted Futures: International Lessons on How Schools Can Best Equip Students for Their Working Lives*. Paris, France.

Ngai, S.S.Y. (2021, October). Promoting NGO capacity building in program evaluation and social impact assessment: The experience of the Jockey Club MEL Institute Project. *International Conference on Program Evaluation and Social Impact Assessment*. Hong Kong, China.

Ngai, S.S.Y. (2021, July). Capacity building for sustainable NGO development: Blended learning experience in the Jockey Club MEL Institute Project. *2021 International Summer University in Social Work Program on Online Social Work—Practice and Practitioners*. Jinan, China.

Ngai, S.S.Y. (2021, March). An exploration of best practices for promoting sustainable development of self-help organizations. *15th International Interdisciplinary Conference: Comparative Studies in Modern Societies; Balkans in European and Global Context*. Prizren, Kosovo.

Ngai, S.S.Y. (2021, March). Effects of supportive interaction and facilitator input variety on treatment adherence of young patients participating in mutual aid groups. *International Social Work Education and Development Online Conference 2021*.

Ngai, S.S.Y. (2021, March). Work motivation of unemployed youth: Effects of length of unemployment, job information acquisition, self-actualization, and financial dependence on parents. *Annual Postgraduate Research Symposium on Social Welfare and Social Work in a Volatile World: Policy, Research and Practice*. Hong Kong, China.

Ngai, S.S.Y. (2021, February). The influence of key training elements on work motivation and work engagement: A study of unemployed youth participating in vocational training schemes in Tianjin, China. *IV ISA Forum of Sociology*. Porto Alegre, Brazil.

Ngai, S.S.Y. (2020, December). Lesson learned from the Jockey Club MEL Institute Project. *Annual Conference of the International Association for Outcome-based Evaluation and Research on Family and Children's Services: The Challenges of Outcome Evaluation in Human Services*. Padova, Italy.

Ngai, S.S.Y. (2020, July). Development and validation of an illness management instrument among Chinese adolescents and young adults in Hong Kong. *15th International Conference on Interdisciplinary Social Sciences*. Athens, Greece.

Ngai, S.S.Y., & Cheung, C.K. (2020, July). Model development and best practice strategies for sustainable development of self-help organizations in Hong Kong: Key findings. *Symposium on Development of Mutual Aid among Chronic Patients in Hong Kong*. Hong

Kong, China.

Ngai, S.S.Y. (2019, November). The assessment of parenting behavior by using the Parental Bonding Instrument among Chinese adolescents in Hong Kong. *2019 International Conference of Korea Youth Research Association*. Seoul, South Korea.

Ngai, S.S.Y. (2019, November). How CUHK nurtures philanthropy leaders. *Annual Symposium of the Collaborative Networks for Social Work in Chinese Societies: Innovative Social Work Education and Future Social Service Ecosystem Development*. Macao, China.

Ngai, S.S.Y. (2019, November). Promoting competence in drug rehabilitation work through Cognitive-Behavioral Integrated Therapy (CBIT) training: A ten-year effort in Hong Kong. *East Asia Forum on Social Welfare and 11th Annual Conference of Chinese Academic Association of Social Welfare*. Guangzhou, China.

Ngai, S.S.Y. (2019, September). Nurturing of philanthropy leaders: The case of OSC/UBS NGO Leadership Program in Hong Kong. *2019 World Philanthropy Forum*. Shenzhen, China.

Ngai, S.S.Y. (2019, July). Factors hindering or facilitating the school-to-work transition of economically disadvantaged youth. *2019 International Summer University in Social Work Program on Social Care and Well Being of the Vulnerable Populations*. Kerala, India.

Ngai, S.S.Y. (2019, July) Strategies for engendering mutual aid among young people with chronic illness: A study of helping professionals in Hong Kong. *14th International Conference on Interdisciplinary Social Sciences*. Mexico City, Mexico.

Ngai, S.S.Y. (2019, June). Relationships between drug use history, virtuous orientation, and the realization of drug harm among at-risk youth. *9th International Conference on Addictive Disorders and Alcoholism*. Brisbane, Australia.

Ngai, S.S.Y. (2019, June). Factors conducive to mutual aid and rehabilitation of young people with chronic illness: A discussion on stigmatization. *The 2019 Conference of European Association of Schools of Social Work*. Madrid, Spain.

Ngai, S.S.Y. (2019, March). Model development and best practice guideline for advancing self-help organizations: Success stories. *The Hong Kong Society for Rehabilitation 60th Anniversary Symposium on New Perspectives on Holistic Rehabilitation and Social Inclusion towards 2030*. Hong Kong, China.

Ngai, S.S.Y. (2019, March). A validation study of the Chinese version of the Parental Bonding Instrument: Data from a Chinese adolescent sample in Hong Kong. *1st International Scientific Conference of Research on Family Services*. Toruń, Poland.

Ngai, S.S.Y. (2018, October). Enhancing helping professionals' competence in anti-drug work through cognitive-behavioral integrated therapy (CBIT) training. *CUHK SWK 55th Anniversary International Conference on Social Welfare Policy, Practice, Research and Education: Public Engagement and Social Impact*. Hong Kong, China.

Ngai, S.S.Y. (2018, September). Vocational education and youth development: A consolidation of success stories. *World Philanthropy Forum 2018*. Shanghai, China.

Ngai, S.S.Y. (2018, July). Participation, partnership and protection: Integrating community engagement into the Master of Social Work education in six Australasian and East-Asian countries. *International Conference on Social Work, Education and Social Development*. Dublin, Ireland.

Ngai, S.S.Y. (2018, July). Factors conducive to mutual aid among young people with chronic illness. *13th International Conference on Interdisciplinary Social Sciences*. Granada, Spain.

Ngai, S.S.Y. (2018, June). Differential effects of training adequacy and self-actualization on work motivation and work engagement of unemployed youth. *International Symposium on Education and Social Sciences*. Okinawa, Japan.

Yang, L., & **Ngai, S.S.Y.** (2018, May). Shidu elderly's aging dilemma under institutional risk. *Gerontological Society of America Conference on Aging across Time and Contexts*. Hong Kong, China.

Ngai, S.S.Y. (2018, May). Cyber youth work model in Hong Kong. *International Conference on Cyber Youth Work: Innovation and Inspiration*. Hong Kong, China.

Ngai, S.S.Y. (2018, March). Service experience, classroom reflection and student outcomes: A study of a service-learning program in Hong Kong. *International Conference on Business and Social Science*. Kyoto, Japan.

Ngai, S.S.Y. (2018, January). Ethical social work practice in a globalizing yet polarizing world. *International Conference for South East Asia on Two Decades Discourse about Globalizing Social Sciences—Concepts, Strategies, Achievements*. Hanoi, Vietnam.

Ngai, S.S.Y. (2017, December). Factors influencing social inclusion among older people in Hong Kong: A political economy perspective. *Social Welfare Research Summit 2017-18 on Social Inclusion and Sustainable Development in a Polarizing World*. Hong Kong, China.

Ngai, S.S.Y. (2017, November). Unemployed youths' financial dependence on family and work motivation. *World Philanthropy Forum 2017*. Beijing, China.

Ngai, S.S.Y. (2017, October). From social needs to innovation: An experience of promoting social enterprise in tertiary education. *Social Enterprise Symposium 2017*. Hong Kong, China.

Ngai, S.S.Y. (2017, August). Mutual aid among young people with chronic illness: A critical review of extant literature. *13th International Symposium and 2017 Annual Conference of Social Policy*. Nanchang, China.

Keynote/ Plenary/ Invited Conference & Symposium Presentations (Recent 5 Years):

10/2021 Keynote speech on “Promoting NGO Capacity Building in Program Evaluation and Social Impact Assessment: The Experience of the Jockey Club MEL Institute Project” in the International Conference on Program Evaluation and Social Impact Assessment. Hong Kong, China.

03/2021 Keynote speech on “Work Motivation of Unemployed Youth: Effects of Length of Unemployment, Job Information Acquisition, Self-actualization, and

- Financial Dependence on Parents” in the Annual Postgraduate Research Symposium on Social Welfare and Social Work in a Volatile World: Policy, Research and Practice. Hong Kong, China.
- 12/2020 Invited speech on “Lesson Learned from the Jockey Club MEL Institute Project” in the Annual Conference of the International Association for Outcome-based Evaluation and Research on Family and Children’s Services: The Challenges of Outcome Evaluation in Human Services. Padova, Italy.
- 07/2020 Keynote speech on “Model Development and Best Practice Strategies for Sustainable Development of Self-Help Organizations in Hong Kong: Key Findings” in the Symposium on Development of Mutual Aid among Chronic Patients in Hong Kong. Hong Kong, China.
- 11/2019 Keynote speech on “Promoting Competence in Drug Rehabilitation Work through Cognitive-Behavioral Integrated Therapy (CBIT) Training: A Ten-Year Effort in Hong Kong” in the East Asia Forum on Social Welfare and the 11th Annual Conference of Chinese Academic Association of Social Welfare. Guangzhou, China.
- 11/2019 Keynote speech on “How CUHK Nurtures Philanthropy Leaders” in the Annual Symposium of the Collaborative Networks for Social Work in Chinese Societies: Innovative Social Work Education and Future Social Service Ecosystem Development. Macao, China.
- 11/2019 Keynote speech on “The Assessment of Parenting Behavior by Using the Parental Bonding Instrument among Chinese Adolescents in Hong Kong” in the 2019 International Conference of Korea Youth Research Association. Seoul, South Korea.
- 09/2019 Plenary speech on “Nurturing of Philanthropy Leaders: The Case of OSC/UBS NGO Leadership Program in Hong Kong” in the 2019 World Philanthropy Forum. Shenzhen, China.
- 07/2019 Keynote speech on “Factors Hindering or Facilitating the School-to-Work Transition of Economically Disadvantaged Youth” in the 2019 International Summer University in Social Work Program on Social Care and Well Being of the Vulnerable Populations. Kerala, India.
- 06/2019 Keynote speech on “Relationships between Drug Use History, Virtuous Orientation, and the Realization of Drug Harm among At-risk Youth” in the 9th International Conference on Addictive Disorders and Alcoholism. Brisbane, Australia.
- 03/2019 Plenary speech on “Model Development and Best Practice Guideline for Advancing Self-Help Organizations: Success Stories” in The Hong Kong Society for Rehabilitation 60th Anniversary Symposium on New Perspectives on Holistic Rehabilitation and Social Inclusion towards 2030. Hong Kong, China.
- 03/2019 Keynote speech on “A Validation Study of the Chinese Version of the Parental

- Bonding Instrument: Data from a Chinese Adolescent Sample in Hong Kong” in the 1st International Scientific Conference of Research on Family Services. Torun, Poland.
- 12/2018 Plenary speech on “Working Hand in Hand with Young People to Create a Sustainable and Humane Community” in the 2018 Community Investment and Inclusion Fund Forum. Hong Kong, China.
- 12/2018 主題演講 “非牟利機構領袖培育計劃—透過三方合作的社會服務領域人才建設”，華人社會工作教育：創新與啟迪研討會。香港，中國。
- 10/2018 Keynote speech on “Enhancing Helping Professionals’ Competence in Anti-Drug Work through Cognitive-Behavioral Integrated Therapy (CBIT) Training” in CUHK SWK 55th Anniversary International Conference on Social Welfare Policy, Practice, Research and Education: Public Engagement and Social Impact. Hong Kong, China.
- 09/2018 Plenary speech on “Vocational Education and Youth Development: A Consolidation of Success Stories” in the 2018 World Philanthropy Forum. Shanghai, China.
- 07/2018 Invited speech on “Child Poverty and Its Related Policy Measures in Hong Kong” in the International Summer University Program in Social Work. Jerusalem, Israel.
- 05/2018 Keynote speech on “Cyber Youth Work Model in Hong Kong” in the International Conference on Cyber Youth Work: Innovation and Inspiration. Hong Kong, China.
- 12/2017 Keynote speech on “Factors Influencing Social Inclusion among Older People in Hong Kong: A Political Economy Perspective” in the Social Welfare Research Summit 2017-18 on Social Inclusion and Sustainable Development in a Polarizing World. Hong Kong, China.
- 11/2017 Keynote speech on “Unemployed Youths’ Financial Dependence on Family and Work Motivation” in the 2017 World Philanthropy Forum. Beijing, China.
- 07/2017 Keynote speech on “The School-to-Work Experiences of Young People Growing Up from Low-Income Families in Hong Kong” in the 8th International Summer University in Social Work cum 2017 International Conference on Social Welfare Policies in Chinese Societies. Hong Kong, China.
- 06/2017 Plenary speech on “What Do Students Learn from Service-Learning?” in the 2017 Institute on General Education cum Teacher and Student Conference. Hong Kong, China.
- 05/2017 Keynote speech on “How to Leverage Work Motivation and Work Commitment of Unemployed Youth: Effects of Vocational Training and Self-actualization” in the Annual Postgraduate Research Symposium 2017. Hong Kong, China.

Community/ Professional Involvement (2022-2023):

1. Chairperson, Board of Directors for Urban Renewal Fund, Hong Kong SAR Government
2. Vice-President (Asia, including China and Japan), Research Committee on Sociology of Youth (RC34), International Sociological Association
3. Adjunct Professor, School of Social Sciences and Psychology, Western Sydney University, Australia
4. Associate Editor, *Children and Youth Services Review*
5. Member, Editorial Board of *Journal of Adolescence*, *Youth and Globalization*, *Brill Research Perspectives in Global Youth*, and *International Journal of Adolescence & Youth*
6. Appointed Member, School Allocation Committee of Education Bureau and Advisory Committee on Social Work Training and Manpower Planning, Hong Kong SAR Government
7. Member, Assessment Panel for Qualification Recognition, Social Workers Registration Board
8. External Member, Assessment Panel for Qualification Recognition, Hong Kong Nursing Council
9. Subject Specialist, Hong Kong Council for Accreditation of Academic & Vocational Qualifications

Quotations & Photos:

"The prospect of living without certainty or necessity may cause us to respond with fear, anxiety, and insecurity, but equally it allows us to live with imagination and responsibility."

Smart, B., 1993, *Postmodernity*

Theatre Festival, Avignon, France



The Palace of the Popes, Avignon, France



「也許最沉重的負擔同時也是一種生活最為充實的象徵，
負擔越沉重，我們的生活也就越貼近大地，越趨近真切和實在。

相反，完全沒有負擔，人變得比大氣還輕，會高高地飛起，
離別大地亦即離別真實的生活。他將變得似真非真，運動和自由都毫無意義。

那麼我們將選擇什麼呢？沉重還是輕鬆？」

米蘭·昆德拉 (Milan Kundera) 1984, *生命中不能承受之輕*

Teotihuacan, Mexico City, Mexico



Cape Point, South Africa – Where the Indian Ocean Meets the Atlantic Ocean



Roman Aqueduct, Segovia, Spain

