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Assistant Professor
Department of Social Work
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EDUCATION

Ph.D. Doctor of Philosophy
Department of Social Work and Social Administration, The University of Hong Kong (HKU)

M.A. Master of Arts
Department of Social Work, The Chinese University of Hong Kong (CUHK)

B.Mgt. Bachelor of Management
School of Public Administration, South China Normal University (SCNU)

ACADEMIC POSITIONS

2023-Present Assistant Professor
Department of Social Work, The Chinese University of Hong Kong

2021-2023 Lecturer (Functional Title: Assistant Professor)
Institute of Advanced Studies in Humanities and Social Sciences, Beijing Normal University (BNU)

2020-2021 Postdoctoral Research Fellow
Department of Social Work and Social Administration, The University of Hong Kong

2019 Visiting Scholar
School of Social Service Administration, The University of Chicago

RESEARCH INTERESTS

Mental illness prevention and mental health promotion
Family caregiving for people with severe mental disorders
Mental health issues and long-term care of older adults
Problem behaviors and mental health in adolescents

ACADEMIC PUBLICATIONS (PEER-REVIEWED)

- Peng, M. M.**, Liang, Z., & Wang, P. (2024). Long-Term Effects of Depression Trajectories on Functional Disabilities: A Prospective Cohort Study in Middle-Aged and Older Chinese Adults. *Current Psychology*. (Accepted)
- Peng, M. M.**, Liang, Z., & Wang, P. (2024). Lifestyle factors, physical health, and life satisfaction under different changes in depressive symptoms among Chinese community-dwelling older adults: A longitudinal analysis. *International Journal of Social Psychiatry*, 70(6), 1062-1074. Doi: <https://doi.org/10.1177/00207640241255573>
- Peng, M. M.**, & Liang, Z. (2023). Longitudinal Associations Between Multiple Types of Adverse Childhood Experiences and Depression Trajectories in Middle-Aged and Older Chinese Adults: a Growth Mixture Model. *International Journal of Mental Health and Addiction*, 1-19. Doi: <https://doi.org/10.1007/s11469-023-01188-7>

4. Liu, T., **Peng, M. M.**, Wong, F. H., Leung, D. K., Zhang, W., Wong, G. H., & Lum, T. Y. (2023). Differential associations between depressive symptom-domains with anxiety, loneliness, and cognition in a sample of community older Chinese adults: A multiple indicators multiple causes approach. *Innovation in Aging*, igad075. Doi: <https://doi.org/10.1093/geroni/igad075>
5. Deng, S. Y., Wang, Y. Z., **Peng, M. M.**, Zhang, T. M., Li, M., Luo, W., & Ran, M. S. (2023). Quality of life among family caregivers of people with schizophrenia in rural China. *Quality of Life Research*, 1-11. Doi: <https://doi.org/10.1007/s11136-023-03349-6>
6. Xing, J., **Peng, M.**, Deng, Z., Chan, K. L., Chang, Q., & Ho, R. T. H. (2022). The prevalence of bullying victimization and perpetration among the school-aged population in Chinese communities: A systematic review and meta-analysis. *Trauma, Violence, & Abuse*. 1-16. Doi: <https://doi.org/10.1177/15248380221129595>
7. **Peng, M. M.**, Ma, Z., Chen, S. Y., Luo, W., Hu, S. H., Yang, X., Liu, B., Chan, C. L. W., & Ran, M. S. (2022). Predictors of family caregiving burden of persons with schizophrenia with and without the transition in primary caregivers from 1994 to 2015 in rural China. *BJPsych Open*. 8(3), e78, 1-7. Doi: <https://doi.org/10.1192/bjo.2022.45>
8. Liu, T., **Peng, M. M.**, Au, W. S. H., Wong, F. H. C., Kwok, W. W., Yin, J., Lum, T. Y. S., & Wong, G. H. Y. (2022). Depression risk among community-dwelling older people is associated with perceived COVID-19 infection risk: Effects of news report latency and focusing on number of infected cases. *Aging and Mental Health*. 1-8. Doi: <https://doi.org/10.1080/13607863.2022.2045562>
9. **Peng, M. M.**, Ma, Z., Ran, M. S. (2022). Family caregiving and chronic illness management in schizophrenia: Positive and negative aspects of caregiving. *BMC Psychology*, 10(1), 83, 1-12. Doi: <https://doi.org/10.1186/s40359-022-00794-9>
10. Yu, Y. H., & **Peng, M. M.*** (2022). Development and poverty dynamics in severe mental illness: a modified capability approach in the Chinese context. *International Journal of Environmental Research and Public Health*, 19(4), 2351. Doi: <https://doi.org/10.3390/ijerph19042351> (*Corresponding author)
11. **Peng, M. M.**, Xing, J., Tang, X., Wu, Q., Wei, D., & Ran, M. S. (2022). Disease-related risk factors for caregiver burden among family caregivers of persons with schizophrenia: A systematic review and meta-analysis. *International Journal of Environmental Research and Public Health*, 19(3), 1862. Doi: <https://doi.org/10.3390/ijerph19031862>
12. **Peng, M. M.**, Ma, Z., Luo, W., Hu, S. H., Yang, X., Liu, B., Chan, C. L. W., & Ran, M. S. (2021). Longitudinal impact of caregiver transition and family caregiving on psychiatric symptoms and psychosocial functioning among persons with schizophrenia in rural China. *Family Process*. 1–18. Doi: <https://doi.org/10.1111/famp.12743>
13. Ran, M. S., **Peng, M. M.**, Yau, Y. Y., Zhang, T. M., Li, X. H., Wong, I. Y. L., Ng, S. M., Thornicroft, G., Chan, C. L. W., & Lu, L. (2021). Knowledge, contact and stigma of mental illness: Comparing three stakeholder groups in Hong Kong. *International Journal of Social Psychiatry*, 68(2), 365–375. Doi: <https://doi.org/10.1177/0020764021997479>
14. Zhao, X. Y., Yu, Y. H., **Peng, M. M.**, Luo, W., Hu, S. H., Yang, X., Liu, B., Zhang, T., Gao, R., Chan, C. L. W., & Ran, M. S. (2021). Change of poverty and outcome of persons with severe mental illness in rural China, 1994-2015. *International Journal of Social Psychiatry*, 67(4), 315–323. Doi: <https://doi.org/10.1177/0020764020951234>
15. Yu, Y. H., **Peng, M. M.**, Bai, X., Luo, W., Yang, X., Li, J., Liu, B., Thornicroft, G., Chan, C. L. W., & Ran, M. S. (2020). Schizophrenia, social support, caregiving burden and household poverty in rural China. *Social Psychiatry and Psychiatric Epidemiology*, 55, 1571–1580. Doi: <https://doi.org/10.1007/s00127-020-01864-2>
16. **Peng, M. M.**, Chen, H. L., Zhang, T., Yao, Y. Y., Li, Z. H., Long, L., Duan, Q. Q., Lin, F. R., Zen, Y., Chen, J., Ng, S. M., Chan, C. L. W., & Ran, M. S. (2019). Disease-related stressors of caregiving burden amongst different types of family caregivers of persons with schizophrenia in rural China. *International Journal of Social Psychiatry*, 65(7-8), 603–614. Doi: <https://doi.org/10.1177/0020764019866224>

17. **Peng, M. M.**, Zhang, T.M., Liu, K.Z., Gong, K., Huang, C.H., Dai, G.Z., Hu, S.H., Lin, F.R., Chan, S.K.W., Ng, S.M., & Ran, M.S. (2019). Perception of social support and psychotic symptoms among persons with schizophrenia: a strategy to lessen caregiver burden. *International Journal of Social Psychiatry*, 65(7-8), 548–557. Doi: <https://doi.org/10.1177/0020764019866230>
18. Ran, M. S., **Peng, M. M.**, Yu, Y. H., Zhang, T. M., Luo, W., Hu, S. H., Yang, X., Liu, C. C., Liu, B., Liu, K. Z., & Gong, K. (2019). Changes of family structure and treatment status of people with severe mental illness in rural China: a comparative study from 1994 to 2015. *The Lancet (abstract booklet of The Lancet-CAMS Health Summit 2019)*, 394, S40. Doi: [https://doi.org/10.1016/S0140-6736\(19\)32376-1](https://doi.org/10.1016/S0140-6736(19)32376-1)
19. Ran, M. S., Weng, X., Liu, Y. J., Zhang, T. M., Yu, Y. H., **Peng, M. M.**, Luo, W., Hu, S. H., Yang, X., Liu, B., & Zhang, T. (2019). Changes in treatment status of patients with severe mental illness in rural China, 1994–2015. *BJPsych Open*, 5, e31, 1–7. Doi: <https://doi.org/10.1192/bjo.2019.13>
20. Ran, M. S., Yu, Y. H., **Peng, M. M.**, Liu, Y. J., Zhang, T. M., Hu, S. H., Zhou, D., Yang, H. J., Yang, X., Luo, W., & Liu, C. C. (2018). Poverty and outcomes of people with severe mental disorders in rural China: a 21-year survey. *The Lancet (abstract booklet of The Lancet-CAMS Health Summit 2018)*, 392, S7. Doi: [https://doi.org/10.1016/S0140-6736\(18\)32636-9](https://doi.org/10.1016/S0140-6736(18)32636-9)
21. Ran, M.S., Xiao, Y., Chui, C.H.K., Hu, X.Z., Yu, Y.H., **Peng, M. M.**, Mao, W. J., Liu, B., Chan, E. Y. H., & Chan, C. L. W. (2018). Duration of untreated psychosis (DUP) and outcome of people with schizophrenia in rural China: 14-year follow-up study. *Psychiatry Research*, 267, 340–345. Doi: <https://doi.org/10.1016/j.psychres.2018.06.043>

BOOK CHAPTERS OR OTHER REPORTS

1. Ran, M.S., & **Peng, M.M.** (2021). Depression in Disasters and Traumatic Events. In: Martin, C.R., Hunter, L.A., Pater, V.B., Preedy, V.R., & Rajendram, R. (eds.). *The Neuroscience of Depression: Features, Diagnosis and Treatment*. (pp. 69-78). Elsevier, London. Doi: <https://doi.org/10.1016/B978-0-12-817933-8.00039-6>
2. Ran, M. S., & **Peng, M. M.** (2019). *Mental Health Services and Care for Elderly from Health China Perspective*. Social Sciences in China Press. (in Chinese). http://sscp.cssn.cn/xkpd/tbch/tebiecehuaneirong/201908/t20190809_4954598.html

CONFERENCE PRESENTATIONS (PEER-REVIEWED)

1. **Peng, M.M.** & Liang, Z. (July 2024). Patterns of depression trajectories and their longitudinal effects on functional disabilities in middle-aged and older Chinese adults. British Society of Gerontology 53rd Annual Conference. Newcastle, United Kingdom.
2. **Peng, M.M.** & Liang, Z. (July 2024). Long-term impacts of adverse childhood experiences (ACEs) on changeable depression trajectories in middle-aged and older Chinese adults. British Society of Gerontology 53rd Annual Conference. Newcastle, United Kingdom.
3. **Peng, M.M.** & Ran, M.S. (January 2022). Experiences of family caregivers of persons with schizophrenia in the chronic course of illness management in rural China: A qualitative study. The 26th Annual Conference of the Society for Social Work and Research (SSWR). Washington, DC, United States (Virtual Conference).
4. **Peng, M.M.** Liu, T., Au, W. S. H., Lum, T. Y. S., Wong, G. H. Y. (November 2021). COVID-19 outbreaks and control measures are associated with depression risk among older adults. The Gerontological Society of America (GSA) 2021 Annual Scientific Meeting. Phoenix, Arizona, United States (Virtual Conference).
5. Liu, T., Lu, S., Lum, T. Y. S., Au, W. S. H., **Peng, M.M.**, Leung, D. Wong, G. H. Y. (November 2021). Mental health effects of COVID-19 in older adults are moderated by existing mental health needs and emotional support. The Gerontological Society of America (GSA) 2021 Annual Scientific Meeting. Phoenix, Arizona, United States (Virtual Conference).

6. **Peng, M.M.**, Ma, Z., Ran, M.S. (March 2021). Transition of primary caregivers and longitudinal predictors of burden of family care in persons with schizophrenia. International Social Work Education and Development Online Conference 2021. Rimini, Italy (Virtual Conference).
7. **Peng, M.M.**, Ma, Z., Ran, M.S. (March 2021). Predictive effects of changes in primary caregivers and quality of family caregiving on the clinical status of persons with schizophrenia. The 20th WPA World Congress of Psychiatry. Bangkok, Thailand (Virtual Conference).
8. **Peng, M.M.**, Ma, Z., Ran, M.S. (July 2020). Measuring perceived burden of informal caregivers of persons with schizophrenia in rural Chinese communities. International Federation of Social Workers 2020 Online Conference. Calgary, Canada (Virtual Conference).
9. **Peng, M.M.**, Ma, Z., Ran, M.S. (June 2020). Predictive effects of changes in sociodemographic and clinical correlates on the family caregiving burden in persons with schizophrenia in rural China. The 20th Annual Research Postgraduate Conference. University of Hong Kong, Hong Kong SAR, China (Virtual Conference).
10. **Peng, M.M.**, Ran, M.S. (November 2019). Associations between illness-related factors and caregiving burden in different types of family caregivers of persons with schizophrenia. The 3rd International Conference on Mental Health & Psychiatry. Chicago, Illinois, United States.
11. **Peng, M.M.**, Ran, M.S. (July 2019). Validation of Duke Social Support Index in persons with schizophrenia. The 20th International Mental Health Conference. Gold Coast, Queensland, Australia.
12. **Peng, M.M.**, Ran, M.S. (July 2019). Social support, psychotic symptoms and caregiving burden in schizophrenia. The 20th International Mental Health Conference. Gold Coast, Queensland, Australia.
13. **Peng, M.M.**, Ran, M.S. (June 2019). Validation of the Duke Social Support Index and its associations with illness status in persons with schizophrenia. The 19th Annual Research Postgraduate Conference. University of Hong Kong, Hong Kong SAR, China.
14. **Peng, M.M.** (July 2018). The impact of career stage on the relationship between organizational commitment and job burnout among social workers in community workstation. The Joint World Conference on Social Work, Education and Social Development, Dublin, Ireland.

RESEARCH GRANTS AND PROJECTS

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|--------------|--|
| 2024-present | <ul style="list-style-type: none"> • Principal Investigator
Project: Study on Effective Policies and Measures to Support Caregivers of Persons with Mental Illness, Equal Opportunities Commission Hong Kong. HKD497,280 |
| 2024-present | <ul style="list-style-type: none"> • Co-Investigator
Project: Cyber addiction and deviance, physical activity, weight-related stigma, and health among youth and adolescents in Chinese and Southeast Asian societies, International Research Collaboration Fund, Department of Social Work, CUHK. HKD 894,477 |
| 2024-present | <ul style="list-style-type: none"> • Principal Investigator
Project: Dyadic management mechanism of informal care for severe mental illness: a mixed-method study, Madam Tan Jen Chiu Fund for Research Grant, Department of Social Work, CUHK. HKD 30,000 |
| 2021-2023 | <ul style="list-style-type: none"> • Principal Investigator
Project: Mental Health Issues and Family Studies Across Different Age Groups Start-Up Fund (No. 310432102), BNU. |
| 2020-2021 | <ul style="list-style-type: none"> • Postdoctoral Research Fellow
Project: Jockey Club Holistic Support Project for Elderly Mental Wellness Impact Extension Programme (JC JoyAge)
The Hong Kong Jockey Club Charities Trust, HKU. |

TEACHING EXPERIENCE

Courses taught at the CUHK

- 2024-2025 **Instructor**, *SOWK6060 Social Policy Research I*, postgraduate level
2024-2025 **Tutor**, *SOWK5920B-BT04 Human Behaviour & the Social Environment*, MSW
2024-2025 **Tutor**, *SOWK5920A-AT02 Human Behaviour & the Social Environment*, MSW
2023-2024 **Instructor**, *SOWK5630A Mental Health and Mental Disorders*, MSW
2023-2024 **Instructor**, *SOWK6062A Aging Well in the 21st Century*, postgraduate level

Courses taught at the BNU

- 2022-2023 **Instructor**, *Social Work with Older Adults*, MSW
2022-2023 **Instructor**, *Understanding Human Behavior and the Social Environment*, undergraduate level
2021-2022 **Instructor**, *Social Work with Older Adults*, MSW
2021-2022 **Instructor**, *Research Methods in Social Sciences*, undergraduate level

Courses taught at the HKU

- 2019-2020 **Tutor**, *CCCH9023 Family and Development in Modern China*, undergraduate level
2018-2019 **Tutor**, *SOWK1004 Human Behavior & Social Environment I*, undergraduate level
2017-2018 **Tutor**, *SOWK6034 Human Behavior & Social Environment II*, MSW
2017-2018 **Tutor**, *SOWK1004 Human Behavior & Social Environment I*, undergraduate level

SCHOLARSHIPS & HONORS

- Funding Support for Research Postgraduate Students for International Learning Experiences, HKU
- Research/Conference Grants, University Research Committee, HKU
- Reaching Out Award for the 2017/18 Academic Year, The Hong Kong SAR Government
- Research/Conference Grants, University Research Committee, HKU
- Postgraduate Scholarship, HKU
- Distinguished Academic Scholarship, CUHK
- Excellent Graduate Award (Top 1), SCNU

CERTIFICATES

- Certificate of Teaching in Colleges and Universities, Beijing Education Committee
- Certificate of Teaching and Learning in Higher Education, HKU
- Certificate of Completion in Montreal Cognitive Assessment, MoCA Clinic and Institute, Canada
- Certificate of Completion in Mental Health Aid Standard Course, CUHK
- Certificate of Level 2 in National Computer Rank Examination (Access & Programming), Ministry of Education

JOURNAL AD-HOC REVIEWERS

- Social Science & Medicine (SSCI; SCI)
- Children and Youth Services Review (SSCI)
- Aging and Mental Health (SSCI; SCI)
- Asia-Pacific Journal of Social Work and Development (SSCI)
- BMC Public Health (SCI)
- BMC Psychiatry (SCI)
- BMC Health Services Research (SCI)
- Health & Social Care in the Community (SSCI)
- International Journal of Environmental Research and Public Health (SSCI; SCI)
- Frontiers in Psychiatry (SSCI; SCI)