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EDUCATION

Ph.D.	Doctor of Philosophy Department of Social Work and Social Administration, The University of Hong Kong (HKU)
M.A.	Master of Arts Department of Social Work, The Chinese University of Hong Kong (CUHK)
B.Mgt.	Bachelor of Management School of Public Administration, South China Normal University (SCNU)

ACADEMIC POSITIONS

2023-Present	Assistant Professor Department of Social Work, The Chinese University of Hong Kong
2021-2023	Lecturer (Functional Title: Assistant Professor) Institute of Advanced Studies in Humanities and Social Sciences, Beijing Normal University (BNU)
2020–2021	Postdoctoral Research Fellow Department of Social Work and Social Administration, The University of Hong Kong
2019	Visiting Scholar School of Social Service Administration, The University of Chicago

RESEARCH INTERESTS

Mental illness prevention and mental health promotion
Informal care / family caregiving for people with severe mental disorders
Mental health issues and long-term care of older adults
Problem behaviors and mental health issues of adolescents

ACADEMIC PUBLICATIONS (PEER-REVIEWED)

1. **Peng, M.**, Wang, P., & Zhang, Y. (2026). The Longitudinal Relationship Between Social Participation and Subjective Well-Being Among Chinese Older Adults: Do Informal Care Intensity Trajectories Matter?. *International Journal of Mental Health and Addiction*, 1-22. https://doi.org/10.1007/s11469-026-01697-1

2. **Peng, M.**, & Wang, P. (2026). Inequality in social security benefits: the relationship between functional disability and subjective well-being among older adults in China. *Journal of Aging & Social Policy, 1-17.* https://doi.org/10.1080/08959420.2026.2630887

3. **Peng, M.**, & Wang, P. (2025). Episodic memory, depressive symptoms, and functional disability in middle-aged and older Chinese adults: the moderating role of social participation trajectory. *Asia Pacific Journal of Social Work and Development*, 1-17. https://doi.org/10.1080/29949769.2025.2587652

4. **Peng, M.**, & Wang, P. (2025). How does social participation affect the associations between depression, life satisfaction, and IADL disability in middle-aged and older adults? A longitudinal mediation and moderation model. *Journal of Gerontological Social Work.* 1-20. https://doi.org/10.1080/01634372.2025.2525273

5. **Peng, M. M.**, Wang, P., Liang, Z., & Chen, Z. (2025). Moderating Effects of Age on the Longitudinal Associations Between IADL Disability, Self-Rated Health, and Depression Among Middle-Aged and Older Adults. *Health & Social Care in the Community, 2025*(1), 9079295. https://doi.org/10.1155/hsc/9079295

6. **Peng, M. M.**, Wang, P., & Liang, Z. (2024). Exploring Gender and Urban-Rural Disparities: Investigating the Association between Multimorbidity and Depressive Symptoms in Middle-Aged and Older Chinese Adults Using Cross-Lagged Panel Analysis. *Applied Research in Quality of Life*, 1-22. https://doi.org/10.1007/s11482-024-10411-z

7. **Peng, M. M.**, Liang, Z., & Wang, P. (2024). Long-term effects of depression trajectories on functional disabilities: a prospective cohort study in middle-aged and older Chinese adults. *Current Psychology, 43*(44), 33908-33919. https://doi.org/10.1007/s12144-024-06912-7

8. **Peng, M. M.**, Liang, Z., & Wang, P. (2024). Lifestyle factors, physical health, and life satisfaction under different changes in depressive symptoms among Chinese community-dwelling older adults: A longitudinal analysis. *International Journal of Social Psychiatry, 70*(6), 1062–1074. Doi: https://doi.org/10.1177/00207640241255573

9. **Peng, M. M.**, & Liang, Z. (2023). Longitudinal Associations Between Multiple Types of Adverse Childhood Experiences and Depression Trajectories in Middle-Aged and Older Chinese Adults: a Growth Mixture Model. *International Journal of Mental Health and Addiction*, 1-19. Doi: https://doi.org/10.1007/s11469-023-01188-7

10. Liu, T., **Peng, M. M.**, Wong, F. H., Leung, D. K., Zhang, W., Wong, G. H., & Lum, T. Y. (2023). Differential associations between depressive symptom-domains with anxiety, loneliness, and cognition in a sample of community older Chinese adults: A multiple indicators multiple causes approach. *Innovation in Aging*, igad075. Doi: https://doi.org/10.1093/geroni/igad075

11. Deng, S. Y., Wang, Y. Z., **Peng, M. M.**, Zhang, T. M., Li, M., Luo, W., & Ran, M. S. (2023). Quality of life among family caregivers of people with schizophrenia in rural China. *Quality of Life Research,* 1-11. Doi: https://doi.org/10.1007/s11136-023-03349-6

12. Xing, J., **Peng, M.**, Deng, Z., Chan, K. L., Chang, Q., & Ho, R. T. H. (2022). The prevalence of bullying victimization and perpetration among the school-aged population in Chinese communities: A systematic review and meta-analysis. *Trauma, Violence, & Abuse*. 1-16. Doi: https://doi.org/10.1177/15248380221129595

13. **Peng, M. M.**, Ma, Z., Chen, S. Y., Luo, W., Hu, S. H., Yang, X., Liu, B., Chan, C. L. W., & Ran, M. S. (2022). Predictors of family caregiving burden of persons with schizophrenia with and without the transition in primary caregivers from 1994 to 2015 in rural China. *BJPsych Open. 8*(3), e78, 1-7. Doi: https://doi.org/10.1192/bjo.2022.45

14. Liu, T., **Peng, M. M.**, Au, W. S. H., Wong, F. H. C., Kwok, W. W., Yin, J., Lum, T. Y. S., & Wong, G. H. Y. (2022). Depression risk among community-dwelling older people is associated with perceived COVID-19 infection risk: Effects of news report latency and focusing on number of infected cases. *Aging and Mental He*alth. 1-8. Doi: https://doi.org/10.1080/13607863.2022.2045562

15. **Peng, M. M.**, Ma, Z., Ran, M. S. (2022). Family caregiving and chronic illness management in schizophrenia: Positive and negative aspects of caregiving. *BMC Psychology, 10*(1), 83, 1-12. Doi: https://doi.org/10.1186/s40359-022-00794-9

16. Yu, Y. H., & **Peng, M. M.*** (2022). Development and poverty dynamics in severe mental illness: a modified capability approach in the Chinese context. *International Journal of Environmental Research and Public Health, 19*(4), 2351. Doi: https://doi.org/10.3390/ijerph19042351 (*Corresponding author)

17. **Peng, M. M.**, Xing, J., Tang, X., Wu, Q., Wei, D., & Ran, M. S. (2022). Disease-related risk factors for caregiver burden among family caregivers of persons with schizophrenia: A systematic review and meta-analysis. *International Journal of Environmental Research and Public Health, 19*(3), 1862. Doi: https://doi.org/10.3390/ijerph19031862

18. **Peng, M. M.**, Ma, Z., Luo, W., Hu, S. H., Yang, X., Liu, B., Chan, C. L. W., & Ran, M. S. (2021). Longitudinal impact of caregiver transition and family caregiving on psychiatric symptoms and psychosocial functioning among persons with schizophrenia in rural China. *Family Process.* 1–18. Doi: https://doi.org/10.1111/famp.12743

19. Ran, M. S., **Peng, M. M.**, Yau, Y. Y., Zhang, T. M., Li, X. H., Wong, I. Y. L., Ng, S. M., Thornicroft, G., Chan, C. L. W., & Lu, L. (2021). Knowledge, contact and stigma of mental illness: Comparing three stakeholder groups in Hong Kong. *International Journal of Social Psychiatry, 68*(2), 365–375. Doi: https://doi.org/10.1177/0020764021997479

20. Zhao, X. Y., Yu, Y. H., **Peng, M. M.**, Luo, W., Hu, S. H., Yang, X., Liu, B., Zhang, T., Gao, R., Chan, C. L. W., & Ran, M. S. (2021). Change of poverty and outcome of persons with severe mental illness in rural China, 1994-2015. *International Journal of Social Psychiatry, 67*(4), 315–323. Doi: https://doi.org/10.1177/0020764020951234

21. Yu, Y. H., **Peng, M. M.**, Bai, X., Luo, W., Yang, X., Li, J., Liu, B., Thornicroft, G., Chan, C. L. W., & Ran, M. S. (2020). Schizophrenia, social support, caregiving burden and household poverty in rural China. *Social Psychiatry and Psychiatric Epidemiology, 55*, 1571–1580. Doi: https://doi.org/10.1007/s00127-020-01864-2

22. **Peng, M. M.,** Chen, H. L., Zhang, T., Yao, Y. Y., Li, Z. H., Long, L., Duan. Q. Q., Lin, F. R., Zen, Y., Chen, J., Ng, S. M., Chan, C. L. W., & Ran, M. S. (2019). Disease-related stressors of caregiving burden amongst different types of family caregivers of persons with schizophrenia in rural China. *International Journal of Social Psychiatry, 65*(7-8), 603–614. Doi: https://doi.org/10.1177/0020764019866224

23. **Peng, M. M.,** Zhang, T.M., Liu, K.Z., Gong, K., Huang, C.H., Dai, G.Z., Hu, S.H., Lin, F.R., Chan, S.K.W., Ng, S.M., & Ran, M.S. (2019). Perception of social support and psychotic symptoms among persons with schizophrenia: a strategy to lessen caregiver burden. *International Journal of Social Psychiatry, 65*(7-8), 548–557. Doi: https://doi.org/10.1177/0020764019866230

24. Ran, M. S., Weng, X., Liu, Y. J., Zhang, T. M., Yu, Y. H., **Peng, M. M.,** Luo, W., Hu, S. H., Yang, X., Liu, B., & Zhang, T. (2019). Changes in treatment status of patients with severe mental illness in rural China, 1994–2015. *BJPsych Open, 5,* e31, 1–7. Doi: https://doi.org/10.1192/bjo.2019.13

25. Ran, M.S., Xiao, Y., Chui, C.H.K., Hu, X.Z., Yu, Y.H., **Peng, M. M.,** Mao, W. J., Liu, B., Chan, E. Y. H., & Chan, C. L. W. (2018). Duration of untreated psychosis (DUP) and outcome of people with schizophrenia in rural China: 14-year follow-up study. *Psychiatry Research, 267*, 340–345. Doi: https://doi.org/10.1016/j.psychres.2018.06.043

BOOK CHAPTERS OR OTHER REPORTS

1. Ran, M.S., & **Peng, M.M.** (2021). Depression in Disasters and Traumatic Events. In: Martin, C.R., Hunter, L.A., Pater, V.B., Preedy, V.R., & Rajendram, R. (eds.). The Neuroscience of Depression: Features, Diagnosis and Treatment. (pp. 69-78). Elsevier, London. Doi: https://doi.org/10.1016/B978-0-12-817933-8.00039-6

2. Ran, M. S., & **Peng, M. M**. (2019). Mental Health Services and Care for Elderly from Health China Perspective. Social Sciences in China Press. (in Chinese).

CONFERENCE PRESENTATIONS (PEER-REVIEWED)

1. **Peng, M. M.**, Liang, Z., & Wang, P. (June 2025). Bidirectional Longitudinal Relationship Between Multimorbidity and Depression in Middle-aged and Older Adults: A Cross-lagged Panel Analysis. 44th Annual Scientific Meeting of The Canadian Geriatrics Society. Toronto, Ontario, Canada.

2. **Peng, M.M.**, & Wang, P. (June 2025). IADL Disability, Life Satisfaction, and Depressive Symptoms Among Chinese Middle-aged and Older Adults: The Moderating Role of Social Participation Trajectory. 44th Annual Scientific Meeting of The Canadian Geriatrics Society. Toronto, Ontario, Canada.

3. **Peng, M.M.**, & Liang, Z. (July 2024). Patterns of depression trajectories and their longitudinal effects on functional disabilities in middle-aged and older Chinese adults. British Society of Gerontology 53rd Annual Conference. Newcastle, United Kingdom.

4. **Peng, M.M.**, & Liang, Z. (July 2024). Long-term impacts of adverse childhood experiences (ACEs) on changeable depression trajectories in middle-aged and older Chinese adults. British Society of Gerontology 53rd Annual Conference. Newcastle, United Kingdom.

5. **Peng, M.M.**, & Ran, M.S. (January 2022). Experiences of family caregivers of persons with schizophrenia in the chronic course of illness management in rural China: A qualitative study. The 26th Annual Conference of the Society for Social Work and Research (SSWR). Washington, DC, United States (Virtual Conference).

6. **Peng, M.M.** Liu, T., Au, W. S. H., Lum, T. Y. S., Wong, G. H. Y. (November 2021). COVID-19 outbreaks and control measures are associated with depression risk among older adults. The Gerontological Society of America (GSA) 2021 Annual Scientific Meeting. Phoenix, Arizona, United States (Virtual Conference).

7. Liu, T., Lu, S., Lum, T. Y. S., Au, W. S. H., **Peng, M.M.**, Leung, D. Wong, G. H. Y. (November 2021). Mental health effects of COVID-19 in older adults are moderated by existing mental health needs and emotional support. The Gerontological Society of America (GSA) 2021 Annual Scientific Meeting. Phoenix, Arizona, United States (Virtual Conference).

8. **Peng, M.M.**, Ma, Z., Ran, M.S. (March 2021). Transition of primary caregivers and longitudinal predictors of burden of family care in persons with schizophrenia. International Social Work Education and Development Online Conference 2021. Rimini, Italy (Virtual Conference).

9. **Peng, M.M.**, Ma, Z., Ran, M.S. (March 2021). Predictive effects of changes in primary caregivers and quality of family caregiving on the clinical status of persons with schizophrenia. The 20th WPA World Congress of Psychiatry. Bangkok, Thailand (Virtual Conference).

10. **Peng, M.M.**, Ma, Z., Ran, M.S. (July 2020). Measuring perceived burden of informal caregivers of persons with schizophrenia in rural Chinese communities. International Federation of Social Workers 2020 Online Conference. Calgary, Canada (Virtual Conference).

11. **Peng, M.M.**, Ma, Z., Ran, M.S. (June 2020). Predictive effects of changes in sociodemographic and clinical correlates on the family caregiving burden in persons with schizophrenia in rural China. The 20th Annual Research Postgraduate Conference. University of Hong Kong, Hong Kong SAR, China (Virtual Conference).

12. **Peng, M.M.**, Ran, M.S. (November 2019). Associations between illness-related factors and caregiving burden in different types of family caregivers of persons with schizophrenia. The 3rd International Conference on Mental Health & Psychiatry. Chicago, Illinois, United States.

13. **Peng, M.M.**, Ran, M.S. (July 2019). Validation of Duke Social Support Index in persons with schizophrenia. The 20th International Mental Health Conference. Gold Coast, Queensland, Australia.

14. **Peng, M.M.**, Ran, M.S. (July 2019). Social support, psychotic symptoms and caregiving burden in schizophrenia. The 20th International Mental Health Conference. Gold Coast, Queensland, Australia.

15. **Peng, M.M.**, Ran, M.S. (June 2019). Validation of the Duke Social Support Index and its associations with illness status in persons with schizophrenia. The 19th Annual Research Postgraduate Conference. University of Hong Kong, Hong Kong SAR, China.

16. Ran, M. S., **Peng, M. M.,** Yu, Y. H., Zhang, T. M., Luo, W., Hu, S. H., Yang, X., Liu, C. C., Liu, B., Liu, K. Z., & Gong, K. (2019). Changes of family structure and treatment status of people with severe mental illness in rural China: a comparative study from 1994 to 2015. *The Lancet (abstract booklet of The Lancet-CAMS Health Summit 2019), 394,* S40. Doi: https://doi.org/10.1016/S0140-6736(19)32376-1

17. Ran, M. S., Yu, Y. H., **Peng, M. M.,** Liu, Y. J., Zhang, T. M., Hu, S. H., Zhou, D., Yang, H. J., Yang, X., Luo, W., & Liu, C. C. (2018). Poverty and outcomes of people with severe mental disorders in rural China: a 21-year survey. *The Lancet (abstract booklet of The Lancet-CAMS Health Summit 2018), 392,* S7. Doi: https://doi.org/10.1016/S0140-6736(18)32636-9

18. **Peng, M.** (July 2018). The impact of career stage on the relationship between organizational commitment and job burnout among social workers in community workstations. The Joint World Conference on Social Work, Education and Social Development, Dublin, Ireland.

RESEARCH GRANTS AND PROJECTS

In Principal Investigator (PI) Capacity

2027-2029
- **PI**
  Project: Improving Quality of Informal Care for Persons with Schizophrenia: A Randomized Controlled Trial of Multicomponent Dyadic Intervention, Funded by General Research Fund, Research Grants Council.

2024-present
- **PI**
  Project: Study on Effective Policies and Measures to Support Caregivers of Persons with Mental Illness, Funded by the Equal Opportunities Commission Hong Kong.

2024-present
- **PI**
  Project: Dyadic Management Mechanism of Informal Care for Severe Mental Illness: A Mixed-Method Study, Funded by the Madam Tan Jen Chiu Fund for Research Grant, Department of Social Work, CUHK.

2021-2023
- **PI**
  Project: Mental Health Issues and Family Studies Across Different Age Groups
  Funded by the Start-Up Fund, BNU.

In Co-Investigator (Co-I) Capacity

2025-present • **Co-I**
Project: Unraveling the well-being of personal care workers in community care: A mixed methods inquiry (PI: Prof. Shixin Huang), APSS Research Fund, Department of Applied Social Sciences, The Hong Kong Polytechnic University.

2024-present • **Co-I**
Project: Cyber addiction and deviance, physical activity, weight-related stigma, and health among youth and adolescents in Chinese and Southeast Asian societies (PI: Prof. Ji-Kang Chen), International Research Collaboration Fund, Department of Social Work, CUHK.

2020-2021 • **Postdoctoral Research Fellow**
Project: Hong Kong Jockey Club Holistic Support Programme on Mental Health for Older People Extension (JC JoyAge) (PI: Prof. Terry Y. Lum), The Hong Kong Jockey Club Charities Trust. HKU.

JOURNAL AD-HOC REVIEWERS

- *Social Science & Medicine*
- *Social Psychiatry and Psychiatric Epidemiology*
- *Transcultural Psychiatry*
- *Depression & Anxiety*
- *Anxiety, Stress, and Coping*
- *Schizophrenia Research*
- *Journal of Psychiatric and Mental Health Nursing*
- *Journal of Clinical Nursing*
- *International Journal of Geriatric Psychiatry*
- *International Journal of Social Psychiatry*
- *Digital Health*
- *Psychology, Health & Medicine*
- *BMC Psychiatry*
- *BMC Geriatrics*
- *BMC Health Services Research*
- *BMC Public Health*
- *Frontiers in Psychiatry*
- *International Journal of Environmental Research and Public Health*
- *The British Journal of Social Work*
- *Family relation*
- *Aging and Mental Health*
- *Journal of Aging and Health*
- *Journal of Gerontological Social Work*
- *JMIR Aging*
- *Archives of Gerontology and Geriatrics*
- *Children and Youth Services Review*
- *Child & Family Social Work*
- *Quality of Life Research*
- *Applied Research in Quality of Life*
- *Asia-Pacific Journal of Social Work and Development*
- *Health & Social Care in the Community*